Parental leave and domestic work of mothers and fathers: A longitudinal study of two

reforms in West Germany

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This is a pre-copyedited, author-produced PDF of an article accepted for publication in

Journal of Social Policy following peer review. The version of record [Schober, P. S. (2014)

"Parental Leave, Maternal and Paternal Domestic Work: A Longitudinal Study of Two

Reforms in West Germany." Journal of Social Policy 43(2):351 - 72.] is available online at:

https://doi.org/10.1017/S0047279413000809

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**Abstract** 

This research explores how child care and housework time among couples who just had a child

changed after two parental leave reforms in West Germany. The reform in 1992 extended the

low paid or unpaid parental leave period, whereas the 2007 reform introduced an income-

dependent compensation and two 'daddy months'. This study contributes to the literature by

examining different mechanisms how these reforms were associated with domestic work time

in couples. Based on data from the German Socio-Economic Panel (1990-2010), the analysis

applies OLS regressions and difference-in-difference estimations. The findings point to a

significant reduction in paternal child care time 18 to 30 months after childbirth among couples

with children born after the 1992 reform. The 2007 reform was associated with increased child

care time of fathers in the first year and 18 to 30 months after the birth. Changes in maternal

child care and both partners' housework were not statistically significant. Alterations in

maternal and paternal labour market participation, wages and leave taking accounted for most

of the observed variations in paternal child care except for 18 to 30 months after the 2007

reform. This unexplained variance may point to a normative policy effect.

Keywords: child care; family policy; gender division of labour; housework

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### Introduction

Over the past decades, governments in many OECD countries have extended entitlements to childbirth-related leave for mothers and increasingly also for fathers. In 2011, postnatal federal statutory entitlements to job-protected leave varied from none in the United States to three years or more in Germany, Finland, Sweden, Norway, Croatia, Czech Republic, Hungary, Estonia, Poland, Portugal, Spain, and Greece (International Network of Leave Policies & Research, 2011). The proportion of leave which is paid and the level of pay differ widely.

A growing body of cross-national studies has provided evidence of significant variations in men's and women's contributions to housework and child care by socio-political context (Craig and Mullan, 2011; Hook, 2010). Hook (2006, 2010) has argued that parental leave policies, day-care provision, and working time regulations may have a more direct impact on time allocations to paid and unpaid work than most other contextual variations. She found significant associations of short parental leave and father entitlements to leave with greater involvement of men in child care and housework as well as negative associations with women's housework time. Fuwa and Cohen (2007), however, reported lower levels of housework inequality in couples in countries with longer parental leave. Gershuny and Sullivan (2003) found stronger associations of public policy regimes with paid work time than with unpaid work, pointing to the importance of indirect effects. As these studies were based on one or more cross-sections in a diverse set of countries, they give us an idea of broad associations of macro-level policies and micro-level domestic work behaviour but do not allow a more detailed study of how these policies may impact on domestic work time in couples.

Longitudinal studies generally suggest that extensions of paid parental leave delay mothers' labour market return during the period for which the leave is available, especially when combined with high compensation levels (e.g., Ondrich *et al.*, 2003; Pylkkaenen and Smith, 2004; Waldfogel, 1998; Waldfogel *et al.*, 1999). Paid leave entitlements up to approximately

one year after childbirth were positively associated with the probability of mothers' returning at the end of the leave (Pronzato, 2009; Ruhm, 1998; Waldfogel *et al.*, 1999). For leave extensions beyond the first year after childbirth, results have been mixed (Ondrich *et al.*, 2003; Schoenberg and Ludsteck, 2007). Most of these studies assumed hat longer periods out of the labour market will increase mothers' time with their children. This is reasonable given that employed mothers, in particular those in full-time employment, tend to spend less time on child care and housework (e.g., Craig and Mullan, 2011; Hook, 2010). One study showed that the introduction of paid family leave in California was associated with increased secondary child care time for mothers (Goodman, 2012).

A growing branch of research has investigated how different aspects of parental leave policies impact the take-up rate and the duration of leave taken by fathers. A cross-national comparison of 24 countries suggests that fathers' use of statutory leave is greatest when high income replacement is combined with extended duration of job-protected leave, in particular when a certain proportion of leave is reserved for fathers (O'Brien, 2009). Such policies, however, have been found to increase mainly the probability of paternal leave take-up but not the leave duration beyond the proportion reserved for fathers (Ekberg *et al.*, 2013; Trappe, 2013).

German fathers spend substantially more time with children when they are on leave (Wrohlich et al., 2012). Sullivan et al. (2009) also found that patterns of child care time among fathers with young children correspond to the respective leave entitlements in Britain, Norway, and Sweden. Existing evidence is contradictory as to whether take-up of leave by fathers results in greater continued involvement in child care beyond the period of leave. Having taken any leave was positively related to paternal child care involvement in the US and the UK (Pleck, 1993; Tanaka and Waldfogel, 2007), whereas associations with weekday child care proved weak in Australia and Germany (Hosking et al., 2010; Wrohlich et al., 2012). Fathers did not share leave days to care for sick children more equally with mothers after the introduction of the

'daddy month' in Sweden, despite significantly larger paternal leave take-up rates (Ekberg *et al.*, 2013). Studies from Sweden and the US (Haas and Hwang, 2008; Nepomnyaschy and Waldfogel, 2007) found that not fathers' take-up of leave but the length of leave taken was positively associated with greater participation in child care. This research extends the literature by exploring whether and through what mechanisms parental leave policy reforms may impact on fathers' sharing of child care and by also considering their contributions to housework. Specifically, I examine differences in maternal and paternal child care time among couples with young children born before and after two German parental leave reforms, which according to previous studies significantly impacted maternal labour market participation and paternal leave take-up.

## Parental leave and other family-friendly provisions in Germany

In West Germany, the traditional male breadwinner family with mothers being expected to be at most second earners has been encouraged by employment protection legislation for part-time workers, a right to reduce working hours and by joint income taxation for couples (for an overview of recent family policy trends, see Lewis *et al.*, 2008). Only since 1996, children have been entitled to a half-day place at a day-care centre from the age of three. The level of publicly subsidized childcare provision for children under the age of three has been low but growing as a result of two federal laws in 2005 and 2008 (Deutscher Bundestag, 2004, 2008b), which provided extra funding, granted prioritised access to children with employed parents and stipulated a legal right to a day-care place for children aged one year or over from August 2013, respectively. Between 1991 and 2009, the percentage of children under three years who attended state-subsidized day-care facilities increased from 2 to 12 per cent (Goldstein *et al.*, 2010).

Since 1968, employed mothers in Germany had the right to fully-paid maternity leave for eight weeks after childbirth and to four months of additional leave with income-related reimbursement up to €255 per month. In 1986, a job-protected parental leave of 10 months was introduced. The job-protection period was extended from 10 to 12 months in 1988, to 15 months in July 1989, to 18 months in July 1990 and to 36 months in 1992 (Ondrich et al., 2003). After 1986, mothers or fathers on leave were entitled to a child-rearing benefit of about €300 per month for the first six months. After six months benefits were reduced on a sliding scale based on household income. Families could receive the child-rearing benefit for the whole leave period before 1992 and for up to 24 months from 1992 to 2006. In 1987, 83 per cent of all families received the full benefit for the whole leave duration. The benefit was not linked to inflation; therefore the percentage of families that received the maximum amount for the whole leave period declined to 52 per cent by 1998 (Koch, 2000). Relative to net median earnings of a couple with one earner and two children the benefit's value was modest, never exceeding 20 per cent and declining over time. The main aim of the leave extensions between 1986 and 1992 was to enable parents to spend time with their children during the early years, while facilitating their labour market re-entry after the leave. Parental care during the early years was regarded as beneficial for children; how to divide up the leave period between fathers and mothers, however, should be up to the families (Deutscher Bundestag, 1994).

Two reforms in 1998 and 2001 introduced more flexibility in the take-up period and rate of reimbursement and permitted leave take-up simultaneously with the other parent or with longer part-time work, respectively. As a response to low fertility rates which were partly attributed to the lack of institutional support for mothers' employment, the German government introduced the Parental Allowance and Parental Leave Act in 2007. It represented a paradigm shift and explicitly aimed at speeding up maternal labour market return and increasing take-up of leave by fathers (Deutscher Bundestag, 2008a). A reimbursement at 67 per cent of net earnings up to

a maximum of €1,800 or a minimum of €300 was introduced which families could receive for a maximum of 12 months for one parent or for 14 months if both parents took at least two months of leave. Parents remained entitled to job-protected leave of until the child's third birthday.

The analysis focuses on changes in domestic work after the parental leave reforms in 1992 and 2007, as these two reforms pursued contrasting policy objectives and the latter reform may be regarded as a critical juncture in German family policy. Several previous studies have documented that these reforms affected leave take-up by mothers and fathers (Geisler and Kreyenfeld, 2012; Schoenberg and Ludsteck, 2007; Wrohlich *et al.*, 2012).

The analysis focuses on West Germany, as the 1992 parental leave extension was implemented just after the German re-unification, which gave rise to fundamental demographic and economic changes in East Germany which are difficult to separate from policy changes. Furthermore, sample size limitations do not allow a separate analysis for East German couples. Around the time of these reforms, few other changes in relevant family and labour market policies took place in West Germany which would have strongly affected domestic work time of parents with children under three years. An exception to this may be the expansion of formal day-care from 2005, the methodological implications of which will be discussed.

# Theoretical framework for parental leave policy effects on domestic work in couples

I draw on economic theory (e.g., Becker, 1981) and resource bargaining approaches (e.g., Lundberg and Pollak, 1996; Ott, 1992) to consider how altered economic resources after parental leave reforms may affect the division of housework and child care in couples after childbirth. I extend economic policy evaluation approaches by also considering sociological and social policy perspectives which suggest that policies simultaneously shape cultural images of gender and perceptions of moral appropriateness of work-care arrangements (Hochschild,

1995; Kremer, 2007; Lewis, 2001; Pfau-Effinger, 2005). These may impact the practised division of paid and unpaid work, for instance by influencing parents' identities regarding gender, work, and care (Risman, 2004; Stewart and McDermott, 2004).

According to the neo-classical economic theory (Becker, 1981), paid parental leave lowers parents' opportunity costs of temporarily interrupting employment to care for the child. To maximize household income, it would be efficient for the partner with lower relative potential earnings to interrupt paid work and specialize in unpaid work for longer until the receipt of parental leave benefit or the period of job-protected leave expires or until external child care provision is available at costs which are lower than the second earners' potential income.

Resource-bargaining approaches (e.g., Lundberg and Pollak, 1996) have argued that higher relative resources in the labour or marriage market or from transfers may be used to negotiate for a lower participation in household labour, which people perceive as onerous or exhausting. The lower the level of compensation during the leave period compared to previous earnings, the greater will be the reduction in bargaining power of the parent on leave.

Longer labour market time-outs of one partner may also have longer-term implications for the gender division of labour beyond the period of leave as a result of depreciating labour market skills, improved domestic work skills and lower bargaining power.

Following the doing gender approach (West and Zimmerman, 1987) and identity theories (for an overview of different strands, see Stewart and McDermott, 2004; Stryker and Burke, 2000), men and women continuously re-construct their gendered identities in interactions in paid and unpaid work. In addition to setting economic incentives, policies for reconciling paid and unpaid work also transport normative messages regarding appropriate work and care arrangements for families (Hochschild, 1995; Kremer, 2007; Lewis, 2001), which may impact parents' identities and practices. Hochschild (1995) distinguished between traditional, post-

modern, cold-modern, and warm-modern cultural images of care. Kremer (2007) categorised countries in terms of predominant culturally-shaped moral care ideals of full-time mother care, parental sharing, intergenerational care, surrogate mother care or professional care, respectively. Changes in policies may impact cultural ideals, individual identities and the practised division of domestic work through ideas formulated in the policy discourse (Pfau-Effinger, 2005) and through implicit assumptions regarding the moral appropriateness of specific work and care arrangements (Lewis, 2001). Cultural adaptations are less likely after individual policy reforms, as they usually are based on combinations of policies over longer periods (Neyer and Andersson, 2008). However, individual policy reforms are more likely to be followed by altered behaviour within a short time, if they are 'critical junctures' in the sense that they represent a radical change in the institutional setting (Neyer and Andersson, 2008; NíBhrolcháin and Dyson, 2007) and if they are consonant with existing identities at least among some population groups (Kremer, 2007; Lewis *et al.*, 2008).

The 1992 parental leave reform extended the total period of job-protected maternity and parental leave from 18 to 36 months and parents could receive the childrearing benefit for a maximum of 24 instead of 18 months. As the childrearing benefit was relatively low and dependent on household income, neo-classical economic theory predicts longer labour market interruptions after the reform for second earners with lower wages and those living in low-income households. By extending the job-protected leave further than the childrearing benefit entitlement, the reform may have reduced mothers' bargaining power while on leave and also beyond. Schoenberg and Ludsteck (2007) found that after the reform 8 per cent of mothers delayed their labour market return and subsequently earned lower wages partly as a result. Longer maternal time-outs were also associated with a more traditional division of housework and child care in West German couples during the first years after childbirth (Schober, 2012; Schulz and Rost, 2012).

Based on economic incentives, mothers' longer unpaid or low-paid leaves after the 1992 reform presumably resulted in longer time spent on child care and housework from 18 months after childbirth onwards, but should not have affected the division of domestic work in the first year. As for most mothers the extended leave period will have been paid at below their wage rates, fathers may have increased their work hours and reduced their participation in domestic work to compensate for the loss in household income.

Based on economic perspectives, maternal involvement in child care and housework at 18 to 30 months after birth therefore would be predicted to be greater and fathers' engagement smaller among couples with children born after the 1992 reform compared to before (Hypothesis 1).

Attitude data (Blohm, 2002; Braun *et al.*, 1994) suggest that traditional ideals of the full-time mother and the breadwinning father prevailed in Western Germany in the early 1990s. As the declared aims in the policy discourse were to improve children's wellbeing by giving parents in practice mothers - more time with them, the unpaid or low-paid leave extension in 1992 conformed with the implicit assumptions of preceding leave extensions and of the restricted access to day-care. They suggested that mother care was most appropriate for young children. The reform therefore was consonant with prevailing gender identities, which may have facilitated behavioural adaptations to altered economic incentives. However, it was hardly radical enough to alter cultural ideals within a short time frame.

The changes in maternal and paternal domestic work behaviour after the 1992 reform are therefore unlikely to go beyond those which can be accounted for by both parents' labour market participation and relative wages (*Hypothesis 2*).

The 2007 parental leave reform introduced a compensation of 67 per cent of previous net earnings up to a maximum of €1,800 or a minimum of €300 for 14 months with two months

being reserved for each parent. According to the neo-classical economic theory, a higher compensation rate reduces the opportunity costs of taking leave during the paid leave period. The compensation rate increased most strongly for mothers with high earnings or household income. At the same time, however, this increased their bargaining power as a result of larger relative economic resources when taking leave. The higher compensation rate in combination with a leave quota provided incentives for fathers to take leave. Evaluation studies found an increase in maternal and paternal leave take-up by 6 and 3 per cent, respectively, during the first year after childbirth (Kluve *et al.*, 2009; Wrohlich *et al.*, 2012).

Based on economic theory and bargaining models, I would expect that fathers performed more child care and housework in the first year after childbirth after the reform compared to before as a result of fathers' increased leave take-up and mothers' greater bargaining power (*Hypothesis 3*). The effects on maternal domestic work involvement during the first year after childbirth may be contradictory, as their reduced labour market participation may imply positive associations, whereas their greater bargaining power may limit such changes.

Compared to the previous income-tested childrearing benefit, the unpaid leave in the second year should increase the probability of labour market return mainly for mothers with low earnings or household income, which is also what evaluations found (Wrohlich *et al.*, 2012). Beyond 14 months after birth, economic theories predict only small general changes in maternal or paternal domestic work through increased maternal employment only among subgroups. As German fathers tend to take at most short leaves (Trappe, 2013), these are unlikely to have longer term effects through mechanisms captured in economic models, such as reduced labour market skills or bargaining power.

In the West German context, the 2007 parental leave reform in combination with the starting expansion of day-care facilities for young children may be considered a radical shift in the direction of family policy (Lewis *et al.*, 2008). As the reform objectives were formulated as

speeding up maternal labour market return and involving fathers in child care, it may have conveyed implicit assumptions of the 'adult worker model' and shared parenting responsibilities. Although cultural change may have been limited somewhat by contradictions with widespread traditional attitudes and practices (Blohm, 2002; Konietzka and Kreyenfeld, 2010; Lewis *et al.*, 2008), recent studies (Kreyenfeld and Krapf, 2010) also point to stark increases in day-care use for children under three among highly educated mothers. The reform may therefore have facilitated greater paternal involvement in child care among a subgroup of highly educated parents, whose attitudes conformed to the changing policy context. Changes in parenting identities and practices beyond the period of paid leave may be particularly likely among fathers who chose to take some leave and had time to establish closer bonds with the child but may also apply to other groups.

Fathers would therefore be expected to perform more child care during the first and following years after childbirth after the 2007 reform compared to before (*Hypothesis 4*). As the reform objectives focused on paternal child care involvement and not on gender equality in the home more generally, the reform may have impacted sharing of child care more strongly than housework.

Larger post-reform child care involvement of fathers even after accounting for factors relating to economic and bargaining mechanism may provide support for an effect through other mechanisms, such as cultural influences of normative policy assumptions. A lack of such supportive evidence, however, cannot be interpreted as a rejection of the latter, as these may impact the gender division of domestic work indirectly through or simultaneously with time allocations to paid work or may have longer term effects.

### **Method and Data**

The data for the analysis are drawn from couple responses in the German Socio-Economic Panel (SOEP). The SOEP started with a probability sample of households from West Germany in 1984. It was extended to East Germany in 1989 and includes some refresher probability samples from 1998, 2000 and 2006 (for a detailed description, see Wagner *et al.*, 2007). The East German sample and oversamples of foreigners and high income households are not used in this analysis. A great strength of this longitudinal survey is that all members of the household are interviewed annually. In addition to fertility and employment histories, the SOEP asked each respondent annually about time spent on housework and child care on a weekday.

As information on housework or child care time for a large enough sample of couples who had children just before and after the reforms are not available, I define wider time windows of 18 or 24 months before and after the two reforms. This allows for sufficiently large samples, while reducing the risk of other confounding policy reforms or cohort trends taking place during the observation window. The time window for the 1992 reform is restricted to couples with children born after June 1990, as before that a shorter parental leave entitlement applied, and before July 1993. The latter limit allows me to observe couples until their child is 30 months old but makes sure these children are not yet affected by the right to a day-care place from age three which came into effect in 1996. For the 2007 reform, I include couples with children born from January 2005 until December 2008 to observe more fathers taking leave.

I apply pooled OLS regressions to compare the differences in mean child care and housework time before and after the respective reform after accounting for cohort trends and other control variables (see Equation 1). Robust standard errors are calculated to account for clustering of repeated births within couples, as some couples have more than one child within the observation window. I also tested random effects models, which in many cases provided inconsistent estimates according to Hausman tests. I estimate  $\beta_2$ , the difference before and after the reform in terms of  $d_i$ , which represents the time mothers or fathers spend on housework or child care,

respectively, after controlling for a vector  $\mathbf{x_i}$ , which includes cohort trends and other control variables. In extensions of this model, measures of mothers' and fathers' labour market participation, relative wages and leave taking are then added to explore possible mechanisms. Unfortunately, sample size limitations restricted further explorations of subgroup differences, which would also have been informative.

(1) 
$$d_i = \beta_1 + \beta_2 post_i + \beta_3 x_i + \varepsilon_i$$

For the 1992 reform, I also apply difference-in-difference estimates comparing parents who just had a child with parents whose youngest child is seven years old before and after January 1992, when the reform was implemented (see Equation 2).  $\beta_2$  gives an estimate of the before-after reform difference averaged across both groups,  $\beta_3$  estimates the difference between couples who just had a baby and those with school-aged children across both periods, and  $\beta_4$  indicates whether the reform had a different effect on new parents compared to couples with older children.

(2) 
$$d_i = \beta_1 + \beta_2 post_i + \beta_3 new \ parents_i + \beta_4 post_i * new \ parents_i + \beta_5 x_i + \varepsilon_i$$

This method assumes that parents with school-aged children were generally subject to the same changes over time due to period, cohort and age trends but have not been affected by the specific parental leave reform. I chose age seven because parents with younger children may have been affected by changing school entry policies across time and regions. For the 2007 reform, a comparison with couples with children of pre-school or school age may be problematic, as the German government passed an agreement to invest in after-school education and care in 2003 (Deutscher Bundestag, 2005) and two laws to expand day-care provision for under three year olds in 2005 and 2008. Furthermore, full-day provision in day-care centres has risen for children over three. Therefore, child care time may have decreased over time among mothers with preschool and school-aged children as a result of institutional changes other than those which

affected the time parents spend with newborns and infants. To test whether the changes in domestic work after the 2007 reform are likely to be driven by other trends, such as the expansion of day-care for under three year olds from 2005, I also compare domestic work time for couples with children born between January 2003 and December 2004 and those born between January 2005 and December 2007. For housework, I also tested difference-in-difference regressions using childless couples as the control group. These gave qualitatively the same results as the difference in means estimates, therefore only the latter are subsequently shown.

It is important to note that there is a risk of selection bias. Although the German government passed both of these reforms only a few months before they came into effect and newspaper articles about the reforms also appeared only a couple of months before (Kluve *et al.*, 2009; Schoenberg and Ludsteck, 2007), couples whose babies were born several months after the respective reforms will have known about the reform and might have considered it in planning the pregnancy. This is less likely for the 1992 reform than for the 2007 reform, which also aimed at increasing fertility. An evaluation survey after the 2007 reform, however, suggested that in the short term it altered couples' decisions regarding leave taking and paid work but did not affect the decision whether or not to have children (RWI, 2008). A comparison of the demographic characteristics of the pre- and post-reform samples shows hardly any significant differences except for migration background (see Table 1).

### Sample selection and non-response

The analysis sample includes 208 births between July 1990 and December 1991 and 236 children born between January 1992 and June 1993. The comparison group comprises 390 couples whose youngest child was seven years old at some point during the 18-month observation window before and after January 1992. In the sample of new parents with children born between January 2005 and December 2008, I observe 276 births before and 199 births

after the 2007 reform. The sample to test for differences between children within two years born before and after 2005 consists of 623 births.

As several years of data are used, there is a risk of bias due to wave non-response. I examined correlations of wave non-response with the explanatory and control variables and found no significant differences. 66 of the new parent sample for the 1992 reform and 13 of the comparison group of parents with school-aged children had some item non-response in the dependent or independent variables. Among the 2007 reform sample, 95 couples had some missing items. The questions with the largest amount of missing information were housework and child care hours of men. Multiple imputations using chained equations gave substantively similar results. Subsequently, the models with complete responses are shown. The final analysis sample includes 154 and 186 births before and after the 1992 reform, respectively. The comparison group consists of 377 couples with children of school age observed within 18 months before or after 1992. I observe 226 and 154 births with complete responses before and after the 2007 parental leave reform, respectively. The sample to explore change before and after January 2005 includes 459 births.

## Measures

Domestic work time is conceptualised as time spent on traditionally female-typed housework tasks and on child care on a typical weekday. The dependent variables are mothers' and fathers' weekday hours spent on housework and child care, respectively. Weekend estimates were not asked every year in the SOEP and were therefore excluded. Although stylised estimates of domestic work time are generally more prone to overreporting than time diary questions, comparisons of both types of measures found the sign and statistical significance of parameters to be the same (Kan and Pudney, 2008). The SOEP measure of weekday housework hours may underestimate housework time for fathers who did less than half an hour of housework per day.

I compared a sample of fathers in the SOEP 2009 with the SOEP Pretest 2010, which included a minute option, but the differences were not statistically significant.

I use two binary indicator of whether the respective child was born after December 1991 and 2006, respectively, to measure the difference before and after the two reforms. To explore possible mechanisms of changes in post-reform domestic work time, I include mothers' labour market status distinguishing between i) full-time employed (over 30 hours per week), ii) part-time employed or in education, iii) on leave or not employed, fathers' weekly work hours, and mothers' hourly wages relative to fathers'. I also consider the number of years and months the mother has been on maternity or parental leave and whether the father has taken at least one month of leave since the birth of the child. Unfortunately, the small sample of father taking some leave prevented further differentiation by the length of leave.

To reduce the risk of bias due to selection into childbearing after a reform or wave non-response, I control for demographic factors which have been found to correlate with childbearing or non-response and with domestic work of men and women. I account for educational attainment and migration background of both partners. I differentiate between i) college or university degree, ii) vocational or secondary degree, and iii) less than a secondary or vocational degree. Migration background is measured as belonging to the first or second generation of immigrants to Germany. Fathers' earnings in the previous period are included as a proxy for the household's ability to afford mothers' labour market interruptions and outsourcing of domestic work. As domestic work time has been found to be positively associated with the number of children and marital status and seems to decrease as the youngest child gets older, these factors are also controlled.

Furthermore, I control for birth year of the mother to capture possible cohort trends towards a more egalitarian division of domestic work. I tested a linear measure of birth cohort as well as five-year categories. For the period from 1990 to 1993, I also consider the regional availability

of places in day-care centre for children aged under three years collected by German youth welfare offices. Due to a break in the measurements in 2006, day-care availability cannot be considered for children born between 2005 and 2008 but I tested a variable whether the youngest child attended day-care. To capture variations in the business cycle, I control for annual changes in the unemployment rate in West Germany in the early 1990s and in each federal state in the 2000s.

<Table 1 here>

#### **Results**

As expected based on economic and bargaining theories, domestic work time of mothers and fathers did not change significantly in the first year post-birth after the 1992 reform (see Table 2). In line with Hypothesis 1, fathers of children born after the reform spent about half an hour less on child care on a weekday between 18 and 30 months after childbirth than those with pre-reform births. Mothers also spent longer on child care but the estimate does not reach statistical significance. Neither the housework hours of mothers nor those of fathers have been affected by the reform. The difference-in-differences estimates comparing the change among new parents to that among parents of school-aged children tell largely the same story. The effects of the reform on new fathers are estimated to be larger because child care time of fathers with school-aged children increased slightly over the period.

Consonant with Hypothesis 3, fathers of children born from January 2007 onwards reported spending on average 36 minutes more on child care on weekdays in the first year after childbirth compared to those whose children were born before. At 18 to 30 months after the birth, this difference decreased slightly to 26 minutes (see Figure 1). No significant differences in paternal care were found comparing parents with children born before and after January 2005, which suggests that most of the changes after the 2007 reform are likely to be attributable to the reform

rather than general period trends or to the expansion in day-care coverage which started in 2005. Maternal child care seems to have increased in the first year after childbirth in line with previous results on small increases in mothers' leave take-up but the estimate does not reach statistical significance. I also found a marginally significant decrease in maternal housework time after the 2007 reform at 18 to 30 months after a birth. However, this is not significantly different from the change after the 2005 reform, suggesting it is probably related to other period trends. Paternal housework time does not differ significantly between couples having children before and after January 2007.

<Table 2 here>

<Figure 1 here>

In Table 3, regression analyses are shown to explore possible mechanisms for the significant changes in paternal child care time after the two reforms. The second model adds maternal labour market status, paternal work hours, relative wages, length of leave taken by the mother, and paternal leave take-up (only for the 2007 reform) to the difference-in-means models. The variables are added simultaneously as they are in part jointly determined and strongly interrelated. Accounting for these factors reduces the post-1992 reform estimate to close to zero. In line with previous studies, maternal full-time employment, shorter paternal work hours and larger relative wages are positively associated with paternal child care involvement. These results support Hypothesis 2 which assumed that the changes in maternal and paternal labour market participation and relative wages when the child is 18-30 months largely explain the reduction in paternal care involvement after the 1992 reform.

The difference in paternal child care between children born before and after the 2007 reform ceases to be statistically significant for the first year after accounting for fathers' work hours, mothers' relative wages, and fathers' leave take-up in Model 4. Fathers who have taken some

leave or are currently on leave contribute on average two and a half hours more to child care on a weekday during the first year after childbirth. This partially supports Hypothesis 3, which assumed that changes in paternal leave-taking and maternal bargaining power have been important mechanisms for paternal domestic work involvement during the first year after childbirth.

Interestingly, accounting for these factors reduces the significance of the post-2007 difference in paternal child care at 18 to 30 months after the birth only slightly. Fathers who have taken some parental leave do not spend significantly more time on child care at this point. Further explorations (available on request from the author) showed that fathers' hours in formal employment decreased after the 2007 reform in the first year after birth but remained unchanged at child age 18 to 30 months. Fathers therefore reported longer child care time after the reform, while continuing to spend the same amount of time on market work. The post-reform difference in paternal child care time also remained unchanged after controlling for whether the youngest child attended formal day-care in Model 6 (results available on request). Formal day-care attendance was negatively rather than positively associated with paternal child care time. The associations with the reform indicator are stronger for child care than for housework of mothers and fathers. In combination these results may provide tentative support for normative changes in terms of paternal child care involvement after the 2007 parental leave reform in line with Hypothesis 4.

#### Discussion

This research has investigated potential consequences of two specific parental leave policy reforms for the gender division of domestic work in West German couples with young children. The findings point to reduced paternal child care involvement after an extension of the job-protection period from 18 to 36 months after birth in 1992. The results also suggest that fathers performed more child care after the introduction of income-related compensation and of a use-

it or lose-it leave entitlement of two months in 2007. The strength of these associations is moderate amounting to approximately a quarter of a standard deviation.

This research confirms and extends previous evidence (e.g., O'Brien, 2009; Schoenberg and Ludsteck, 2007) that very long parental leave entitlements with low or no pay promote a traditional division of labour in couples not only in terms of paid work but also child care. This is of relevance for a number of European countries with such parental leave policies. I found that the reduction in full-time employment and relative wages of mothers 18 to 30 months after childbirth largely accounted for the change in paternal child care after the 1992 reform. Fathers' greater child care involvement in the first year after childbirth after the 2007 reform was also mostly explained by increased paternal leave take-up since the reform. The post-reform changes in maternal child care were consonant with previous results regarding effects on maternal leave duration (Schoenberg and Ludsteck, 2007; Wrohlich *et al.*, 2012) but did not reach statistical significance. The imprecise estimates may be due to modest effects on maternal labour market participation, to the small sample size which did not allow subgroup analyses, or to measurement error in the child care time questions.

My findings suggest that German fathers' medium-term child care involvement increased after the introduction of income-related leave compensation and two 'daddy months' in 2007; however, the mechanisms may be more complex than assumed. In line with previous results for Germany and other countries (Ekberg *et al.*, 2013; Haas and Hwang, 2008; Hosking *et al.*, 2010; Nepomnyaschy and Waldfogel, 2007; Wrohlich *et al.*, 2012), I did not find that fathers who had taken some leave - possibly simultaneously with mothers - performed significantly more child care beyond the period of leave take-up after the birth. One explanation may be that parental leave policies can influence child care time also more directly, for instance by altering normative care ideals within a relative short time, if a policy change constitutes a critical juncture in terms of the historical institutional context. As suitable longitudinal measures of

attitudes were not available and given the lack of a valid control group, these results need to be interpreted with caution.

Remarkably, I find little evidence of changes in housework contributions by mothers and fathers with newborns after the two parental leave reforms. At first sight, this may appear contradictory to evidence on macro-level associations of parental leave policies with housework time of men and women (Hook, 2006, 2010). As parental leave policies, however, impact the probability of maternal and paternal leave take-up, the length of labour market interruption and subsequent wages, these may have longer-term economic and normative consequences for the division of housework in couples.

An important limitation of this study is the measure of domestic work time through retrospective survey questions rather than time diaries. As respondents' estimates of child care time may be influenced by their gender and parenting identities, associations with policy reforms may be overestimated if these policies affected norms and attitudes more strongly than actual practice. Furthermore, the estimates cannot be interpreted as causal, as I could not observe a large sample of couples with a newborn child just before and after the respective reforms. To better understand the mechanisms, cross-national comparisons and longitudinal subgroup analyses of parental leave reforms and domestic work time within countries are needed, ideally including measures of attitudinal and behavioral changes.

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Table 1: Descriptive statistics for West German couples who had a child in the respective periods and comparison groups, at child age 18-30 months

	Q3/90-Q4/91		Q1/92-	- Q2/93	Q1/05-Q4/06		Q1/07-Q4/08		
	Mean/ Per cent	SD	Mean/ Per cent	SD	Mean/ Per cent	SD	Mean/ Per cent	SD	
Child care hours of mothers <sup>a</sup>	9.21	5.09	9.52	5.43	10.80	6.48	10.30	5.86	
Child care hours of fathers <sup>a</sup>	2.25	2.55	2.01	1.88	2.19	2.33	2.58	2.54	
Housework hours of mothers <sup>a</sup>	4.15	2.06	4.28	2.16	3.30	1.88	3.06	1.82	
Housework hours of fathers <sup>a</sup>	0.55	0.99	0.54	0.84	0.78	0.73	0.77	0.98	
Mother works full-time	11.06		6.36		6.52		10.05		
Mother works part-time	23.56		16.95		34.78		36.18		
Work hours of father	39.56	14.58	37.94	15.60	40.33	14.95	40.46	14.94	
Years of leave mother took	1.69	0.59	1.83	0.43	1.64	0.61	1.43	0.54	
Father took some leave	2.40		1.27		4.82		14.45		
Maternal year of birth	1963.14	5.00	1964.05	5.06	1975.09	5.47	1975.93	4.93	
Unemployment rate <sup>b</sup>	13.09	3.39	10.25	0.52	7.00	2.01	6.62	1.92	
Day-care places per 1000 children	18.86	41.93	28.36	59.32	n.a.	n.a.	n.a.	n.a.	
Age of youngest child in years	2.05	0.32	2.01	0.26	2.02	0.29	1.97	0.28	
Number of children in household	1.75	0.83	1.91	1.03	1.70	0.88	1.95	1.04	
Married Mother A-levels or vocational	95.67		95.34		88.41		86.43		
degree A-levels of vocational	51.71		53.68		57.78		55.15		
Mother college educated	18.05		16.88		26.67		31.96		
Father A-levels or vocational degree	54.74		55.36		55.65		53.61		
Father college educated	18.95		19.64		30.96		35.54		
Father monthly gross earnings previous year in Euros	2428.21	1222.84	2594.19	2729.18	2815.15	2138.68	2713.20	1915.6	
Mother migration background	29.81		34.75		25.02		37.19		
Father migration background	39.49		40.17		26.10		32.35		
Comparison groups	Parent	ts of schoo	ol-aged ch	ildren	New parents before/after 2005				
	Q3/90-Q4/91		Q1/92-Q2/93		Q1/03-Q4/04		Q1/05-Q4/06		
Child care hours of mothers <sup>a</sup>	4.30	3.21	4.85	3.35	5.78	4.20	6.38	4.43	
Child care hours of fathers <sup>a</sup>	1.31	1.50	1.24	1.21	1.74	2.07	1.47	1.49	
Housework hours of mothers <sup>a</sup>	3.93	2.01	3.89	1.79	3.40	1.74	3.43	1.66	
Housework hours of fathers <sup>a</sup>	0.68	1.43	0.48	0.70	0.67	0.84	0.48	0.56	

Note: <sup>a</sup> Housework and child care hours refer to a typical weekday. <sup>b</sup> The unemployment rate for the 1992 reform period refers to whole of Western Germany, while the rate for the 2007 reform period is measured at the federal state level. Full descriptive statistics for the comparison groups are available from the author on request.

Table 2: OLS difference in means and difference-in-difference estimates of changes in maternal and paternal housework and childcare hours on a weekday in West Germany after the 1992 and 2007 parental leave reforms

	Maternal	child care	Paternal	child care	Maternal	housework	Paternal housework		
	b	RSE	b	RSE	b	RSE	b	RSE	
1992 reform: change	;								
after Jan. 1992									
Diff in means 0-12M	-0.12	0.94	-0.29	0.21	-0.04	0.23	-0.07	0.08	
Diff in means 18-30M	0.75	0.57	-0.52*	0.26	0.1	0.23	0	0.1	
N	378		378		378		378		
Diff in diff 0-12M <sup>a</sup>	-0.23	0.67	0.16	0.26	-0.05	0.28	0.17	0.15	
Diff in diff 18-30M <sup>a</sup>	0.79	0.59	-0.99+	0.6	0.17	0.3	0.23	0.16	
N	717		717		717		717		
2007 reform: change	;								
after Jan. 2007									
Diff in means 0-12M	0.79	0.68	0.60*	0.3	-0.09	0.16	0.08	0.09	
Diff in means 18-30M	-0.51	0.66	0.44*	0.22	-0.36+	0.19	0.01	0.09	
N	380		380		380		380		
Change after Jan. 2005									
Diff in means 0-12M	0.2	0.57	0.08	0.2	-0.26+	0.15	0.06	0.09	
Diff in means 18-30M	-0.67	0.59	-0.31	0.23	-0.23	0.2	-0.03	0.09	
N	459		459		459		459		

Note: All models control for year of birth of the mother, number of children, educational level of mother and father, migration background of mother and father, natural log of previous earnings of father, marital status, regional unemployment rate, and for the 1990 to 1993 period also for regional day-care availability. The control group consists of parents with a youngest child aged 7 years.

+ p<.01, \* p<.05, \*\* p<.01, \*\*\* p<.001

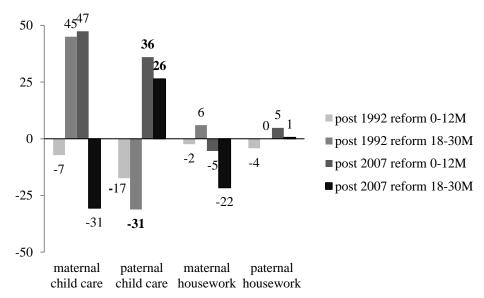
Table 3: OLS regression models of paternal child care hours on a weekday before and after the 1992 and 2007 reforms, respectively

	Pateri	d care 18	Paterr	Paternal child care 0-12M				Paternal child care 18-30M					
	- 1992 reform					- 2007 reform				- 2007 reform			
	M1		M2		M.	M3		M4		M5			
	b	RSE	b	RSE	b	RSE	b	RSE	b	RSE	b	RSE	
Post-reform	-0.52+	0.29	-0.02	0.26	0.60*	0.3	0.17	0.29	0.44*	0.22	0.43+	0.25	
Mother works part-time			-0.58	0.37			-2.4	1.04			-0.37	0.25	
Mother works full-time			1.78**	0.68			2.29	1.69			0.39	0.65	
Work hours of father			-0.04**	0.01			-0.06***	-0.02			-0.08***	0.02	
Relative wage of mother			0.02+	0.01			0.05**	0.02			0.01	0.01	
Years of maternal leave			-0.54	0.46			-0.61	1.19			-0.02	0.3	
Father took leave			s.s.				2.45*	1.09			0.23	0.71	
N	378		378		409		409		380	,	380		
Adj. R-square	0.13		0.37		0.16		0.38		0.16		0.33		

Note: All models control for age of the youngest child, number of children, year of birth of the mother, educational level of mother and father, migration background of mother and father, natural log of previous earnings of father, marital status, regional unemployment rate, and for the 1990 to 1993 period also for regional day-care availability. s.s. indicates that the sample in this cell was too small to be included.

<sup>+</sup> p<.01, \* p<.05, \*\* p<.01, \*\*\* p<.001

Figure 1: Estimated differences in child care and housework minutes on a typical weekday of mothers and fathers in couples with children born after the respective parental leave reform compared to those born before the reform



Note: All models control for age of the child in months, number of children, year of birth of the mother, educational level of mother and father, migration background of mother and father, natural log of previous earnings of father, marital status, regional unemployment rate, and for the 1990 to 1993 period also for regional day-care availability. Values in bold indicate statistical significance.