Examining Human Development Index and Quantification of Stress Level in South India
A Case Study from Telangana and Andhra Pradesh

Gastvortrag von Sai Kanagala,
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Sai Kanagala holds a Master of Science degree in clinical psychology and is an independent researcher belonging to the clinical psychology department at SWPS University. For his fieldwork study on the level of stress in South India in 2017-18, he conducted in-depth interviews of 1500 participants from different sections of society, for example, students, teachers, housewives, professionals, software engineers, government officials etc. One of the aims of his study was to explore the nature of the correlation between the rising levels of stress in the life of Indian middle classes and the rapidly changing human development index in Andhra Pradesh and Telangana. Some tentative conclusions drawn from the analysis of available data will be presented in the talk at our institute.

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