The LEAD Graduate School and the Hector Research Institute of Education Sciences and Psychology at the University of Tübingen invite you to attend the lecture by

Patrick L. Hill, Associate Professor  
Washington University in St. Louis

**Understanding the Benefits of Leading a Purposeful Life**

Thursday, July 12, 2018, 14:15 hrs  
Hector Research Institute of Education Sciences and Psychology, seminar room,  
Europastraße 6, 72072 Tübingen

**Abstract:** During adolescence and emerging adulthood, individuals begin to explore and commit to their broader life goals. Accordingly, this developmental period appears particularly valuable for understanding how individuals commit to a purpose in life. The current talk will consider (a) the role of educational and workplace environments on shaping a sense of purpose, (b) the long-term benefits of having a sense of purpose, and (c) why purposeful individuals appear to benefit across multiple domains of life. Implications for educational initiatives and higher education researchers will be discussed.

**Biography:** Patrick L. Hill is an associate professor in the Department of Psychological and Brain Sciences at Washington University in St. Louis. He is a faculty member in both the Social and Personality and the Aging and Development divisions within psychology, as well as a faculty scholar in the Institute for Public Health at that school. He received his B. A. in Psychology and Economics at Indiana University and his M. A. and Ph. D. in Cognitive Psychology at University of Notre Dame. He is the Director of the P.A.T.H. (Purpose, Aging, Transitions, and Health) Lab at Washington University, where his research investigates the role of individual differences, such as personality traits, sense of purpose, and life goals, on adaptive development and health outcomes across the lifespan.

**Important Publications:**