Simply saving energy

**Turn the heating down**
It’s a good idea to think about the heating: before you leave work for the day, turn it down.

**Air quickly and thoroughly, then close windows & doors**
Air your room for 5 minutes, if necessary. Turn the heating down first and open doors as well to let the air move around quickly. Then shut doors and windows to save a lot of energy.

**Switch lights off**
If you are the last person to leave an office or public space, please turn the light off. Leaving all the lights on uses energy unnecessarily.

**Don’t leave equipment on standby**
Standby setting for electrical equipment can be convenient, but it uses a lot of energy. So just turn equipment off properly, or unplug it. It can save a lot of energy, particularly when you leave work, overnight and in the lunch break.

For more ideas and information: uni-tuebingen.de/saving-energy