## A Proof of Proposition 1

The proof of Proposition 1 follows from results in [2].
Definition A.1. Let $\mathcal{C} \subseteq \mathbb{R}^{d}$ be a convex cone. The statistical dimension of $\mathcal{C}$ is defined as $\delta(\mathcal{C})=$ $\mathbf{E}\left[\left\|\Pi_{\mathcal{C}} g\right\|_{2}^{2}\right]$, where $\Pi_{\mathcal{C}}$ denotes the Euclidean projection onto $\mathcal{C}$ and the entries of $g$ are i.i.d. $N(0,1)$.
Theorem A.1. [2] Let $f: \mathbb{R}^{d} \rightarrow \mathbb{R} \cup\{-\infty,+\infty\}$ be a proper convex function. Suppose that $A \in \mathbb{R}^{n \times d}$ has i.i.d. $N(0,1)$ entries, and let $z_{0}=A x_{0}$ for a fixed $x_{0} \in \mathbb{R}^{d}$. Consider the convex optimization problem

$$
\begin{equation*}
\text { minimize } f(x) \quad \text { subject to } A x=z_{0} . \tag{19}
\end{equation*}
$$

and let $\mathcal{D}\left(f, x_{0}\right)=\bigcup_{t>0}\left\{v \in \mathbb{R}^{d}: f\left(x_{0}+t v\right) \leq f\left(x_{0}\right)\right\}$ denote the descent cone of $f$ at $x_{0}$. Then, for any $\varepsilon>0$, if $n \leq(1-\varepsilon) \delta\left(\mathcal{D}\left(f, x_{0}\right)\right)$, with probability at least $1-32 \exp \left(-\varepsilon^{2} \delta_{m}\right)$, $x_{0}$ fails to be the unique solution of (19).

Proof. (Proposition 1). Define the symmetric vectorization map svec : $\mathbb{S}^{m} \rightarrow \mathbb{R}^{\delta_{m}}$ by

$$
\begin{equation*}
\Sigma=\left(\sigma_{j k}\right) \mapsto\left(\sigma_{11}, \sqrt{2} \sigma_{12}, \ldots, \sqrt{2} \sigma_{1 m}, \sigma_{22}, \sqrt{2} \sigma_{23}, \ldots, \sqrt{2} \sigma_{(m-1) m}, \sigma_{m m}\right)^{\top} \tag{20}
\end{equation*}
$$

which is an isometry with respect to the Euclidean inner product on $\mathbb{S}^{m}$ and $\mathbb{R}^{\delta_{m}}$, and by svec ${ }^{-1}$ : $\mathbb{R}^{\delta_{m}} \rightarrow \mathbb{S}^{m}$ its inverse. We can then apply Theorem A. 1 to the setting of Proposition 1 by using

$$
d=\delta_{m}, \quad x=\operatorname{svec}(\Sigma), \quad x_{0}=0, \quad f(x)=\iota_{\mathbb{S}_{+}^{m}}\left(\operatorname{svec}^{-1}(x)\right), \quad A=\left[\begin{array}{c}
\operatorname{svec}\left(X_{1}\right) \\
\vdots \\
\operatorname{svec}\left(X_{n}\right)
\end{array}\right]
$$

where $\iota_{\mathbb{S}_{+}^{m}}$ is the convex indicator function of $\mathbb{S}_{+}^{m}$ which takes the value 0 if its argument is contained in $\mathbb{S}_{+}^{m}$ and $+\infty$ otherwise. Observe that $\mathcal{D}(f, 0)=\mathbb{S}_{+}^{m}$. It is shown in [2], Proposition 3.2, that the statistical dimension $\delta\left(\mathbb{S}_{+}^{m}\right)=\delta_{m} / 2$. This concludes the proof.

## B Proof of Proposition 2

Proposition 2 follows from the dual problem of the convex optimization problem associated with $\tau^{2}(\mathcal{X}, R)$. Below, it will be shown that the Lagrangian dual of the optimization problem

$$
\begin{align*}
& \min _{A, B} \frac{1}{n^{1 / 2}}\|\mathcal{X}(A)-\mathcal{X}(B)\|_{2}  \tag{21}\\
& \text { subject to } A \succeq 0, B \succeq 0, \operatorname{tr}(A)=R, \operatorname{tr}(B)=1
\end{align*}
$$

is given by

$$
\begin{align*}
& \max _{\theta, \delta, a} \theta \cdot R-\delta \\
& \text { subject to } \frac{\mathcal{X}^{*}(a)}{\sqrt{n}} \succeq \theta I, \quad \frac{\mathcal{X}^{*}(a)}{\sqrt{n}} \preceq \delta I, \quad\|a\|_{2} \leq 1 . \tag{22}
\end{align*}
$$

The assertion of Proposition 2 follows immediately from (22) by identifying $\theta=$ $\lambda_{\min }\left(n^{-1 / 2} \mathcal{X}^{*}(a)\right)$ and $\delta=\lambda_{\max }\left(n^{-1 / 2} \mathcal{X}^{*}(a)\right)$. In the remainder of the proof, duality of (21) and (22) is established. Using the shortcut $\widetilde{\mathcal{X}}=\mathcal{X} / \sqrt{n}$, the Lagrangian of the dual problem (22) is given by

$$
L(\theta, \delta, a ; A, B, \kappa)=\theta \cdot R-\delta+\left\langle\widetilde{\mathcal{X}}^{*}(a)-\theta I, A\right\rangle-\left\langle\widetilde{\mathcal{X}}^{*}(a)-\delta I, B\right\rangle-\kappa\left(\|a\|_{2}^{2}-1\right)
$$

Taking derivatives w.r.t. $\theta, \delta, r$ and the setting the result equal to zero, we obtain from the KKT conditions that a primal-dual optimal pair $(\widehat{\theta}, \widehat{\delta}, \widehat{a}, \widehat{A}, \widehat{B}, \widehat{\kappa})$ obeys

$$
\begin{equation*}
\operatorname{tr}(\widehat{A})=R, \quad \operatorname{tr}(\widehat{B})=1, \quad \widetilde{\mathcal{X}}(\widehat{A})-\widetilde{\mathcal{X}}(\widehat{B})-\widehat{\kappa} 2 \widehat{a}=0 . \tag{23}
\end{equation*}
$$

Taking the inner product of the rightmost equation with $\widehat{a}$, we obtain

$$
\begin{aligned}
& \langle\widehat{a}, \widetilde{\mathcal{X}}(\widehat{A})-\widetilde{\mathcal{X}}(\widehat{B})\rangle-\widehat{\kappa} 2\|\widehat{a}\|_{2}^{2}=0 \\
\Leftrightarrow & \left\langle\widetilde{\mathcal{X}}^{*}(\widehat{a}), \widehat{A}-\widehat{B}\right\rangle-\widehat{\kappa} 2\|\widehat{a}\|_{2}^{2}=0 \\
\Leftrightarrow & \widehat{\theta} \operatorname{tr}(\widehat{A})-\widehat{\delta} \operatorname{tr}(\widehat{B})-\widehat{\kappa} 2\|\widehat{a}\|_{2}^{2}=0 \\
\Leftrightarrow & \widehat{\theta} R-\widehat{\delta}=\widehat{\kappa} 2\|\widehat{a}\|_{2}^{2}
\end{aligned}
$$

where the second equivalence is by complementary slackness. Consider first the case $\widehat{\theta} R-\widehat{\delta}>0$. This entails $\widehat{\kappa}>0$ and thus $\|\widehat{a}\|_{2}^{2}=1$, so that $2 \widehat{\kappa}=\widehat{\theta} R-\widehat{\delta}$. Substituting this result into the rightmost equation in (23) and taking norms, we obtain

$$
\begin{equation*}
\widehat{\theta} R-\widehat{\delta}=\|\widetilde{\mathcal{X}}(\widehat{A})-\tilde{\mathcal{X}}(\widehat{B})\|_{2}=\frac{1}{\sqrt{n}}\|\mathcal{X}(\widehat{A})-\mathcal{X}(\widehat{B})\|_{2} \tag{24}
\end{equation*}
$$

For the second case, note that $\widehat{\theta} R-\widehat{\delta}$ cannot be negative as $a=0$ is feasible for (22). Thus, $\widehat{\theta} R-\widehat{\delta}=0$ implies that $\widehat{a}=0$ and in turn also (24).

## C Proof of Corollary 1

The corollary follows from Proposition 2 by choosing $a=1 / \sqrt{n}$ so that $n^{-1 / 2} \mathcal{X}^{*}(a)=$ $\frac{1}{n} \sum_{i=1}^{n} X_{i}$, and using that $\left\|\Gamma-\widehat{\Gamma}_{n}\right\|_{\infty} \leq \epsilon_{n}$ implies that $\left|\lambda_{j}(\Gamma)-\lambda_{j}\left(\widehat{\Gamma}_{n}\right)\right| \leq \epsilon_{n}, j=1, \ldots, m$ ([12], §4.3). The specific values of $R_{*}$ and $\tau_{*}^{2}$ are obtained by choosing $\zeta=2$ in Proposition 2.

## D Proof of Theorem 1

The following lemma is a crucial ingredient in the proof. In the sequel, let $\widehat{\Delta}=\widehat{\Sigma}-\Sigma^{*}$. Let the eigendecomposition of $\widehat{\Delta}$ be given by

$$
\begin{equation*}
\widehat{\Delta}=\sum_{j=1}^{m} \lambda_{j}(\widehat{\Delta}) u_{j} u_{j}^{\top}=\underbrace{\sum_{j=1}^{m} \max \left\{0, \lambda_{j}(\widehat{\Delta})\right\} u_{j} u_{j}^{\top}}_{=: \widehat{\Delta}^{+}}+\underbrace{\sum_{j=1}^{m} \min \left\{0, \lambda_{j}(\widehat{\Delta})\right\} u_{j} u_{j}^{\top}}_{=: \widehat{\Delta}^{-}}=\widehat{\Delta}^{+}+\widehat{\Delta}^{-} \tag{25}
\end{equation*}
$$

Lemma D.1. Consider the decomposition (25). We have $\left\|\widehat{\Delta}^{-}\right\|_{1} \leq\left\|\Sigma^{*}\right\|_{1}$.

Proof. Write $\widehat{\Delta}^{+}=U_{+} \Lambda_{+} U_{+}^{\top}$ and $\widehat{\Delta}^{-}=U_{-} \Lambda_{-} U_{-}^{\top}$ for the eigendecompositions of $\widehat{\Delta}^{+}$and $\widehat{\Delta}^{-}$, respectively. Since $\widehat{\Sigma} \succeq 0$, we must have $\operatorname{tr}\left(\widehat{\Sigma} U_{-} U_{-}^{\top}\right) \geq 0$ and thus

$$
\begin{aligned}
0 \leq \operatorname{tr}\left(\widehat{\Sigma} U_{-} U_{-}^{\top}\right) & =\operatorname{tr}\left(U_{-}^{\top} \widehat{\Sigma} U_{-}\right) \\
& =\operatorname{tr}\left(U_{-}^{\top}\left(\Sigma^{*}+\widehat{\Delta}\right) U_{-}\right) \\
& =\operatorname{tr}\left(U_{-}^{\top}\left(\Sigma^{*}+U_{+} \Lambda_{+} U_{+}^{\top}+U_{-} \Lambda_{-} U_{-}^{\top}\right) U_{-}\right) \\
& =\operatorname{tr}\left(\Sigma^{*} U_{-} U_{-}^{\top}\right)+\operatorname{tr}\left(\Lambda_{-}\right),
\end{aligned}
$$

where for the last identity, we have used that $U_{+}^{\top} U_{-}=0$. It follows that

$$
\left\|\widehat{\Delta}^{-}\right\|_{1}=\left\|\Lambda_{-}\right\|_{1}=-\operatorname{tr}\left(\Lambda_{-}\right) \leq \operatorname{tr}\left(\Sigma^{*} U_{-} U_{-}^{\top}\right) \leq\left\|\Sigma^{*}\right\|_{1}\left\|U_{-} U_{-}^{\top}\right\|_{\infty}=\left\|\Sigma^{*}\right\|_{1}
$$

Equipped with Lemma D.1, we turn to the proof of Theorem 1.

Proof. (Theorem 1) By definition of $\widehat{\Sigma}$, we have $\|y-\mathcal{X}(\widehat{\Sigma})\|_{2}^{2} \leq\left\|y-\mathcal{X}\left(\Sigma^{*}\right)\right\|_{2}^{2}$. Using (6) and the definition of $\widehat{\Delta}$, we obtain after re-arranging terms that

$$
\begin{align*}
& \frac{1}{n}\|\mathcal{X}(\widehat{\Delta})\|_{2}^{2} \leq \frac{2}{n}\langle\varepsilon, \mathcal{X}(\widehat{\Delta})\rangle=\frac{2}{n}\left\langle\mathcal{X}^{*}(\varepsilon), \widehat{\Delta}\right\rangle \\
\Rightarrow \quad & \frac{1}{n}\|\mathcal{X}(\widehat{\Delta})\|_{2}^{2} \leq 2\left\|\mathcal{X}^{*}(\varepsilon) / n\right\|_{\infty}\|\widehat{\Delta}\|_{1}=2 \lambda_{0}\left(\left\|\widehat{\Delta}^{+}\right\|_{1}+\left\|\widehat{\Delta}^{-}\right\|_{1}\right), \tag{26}
\end{align*}
$$

where we have used Hölder's inequality, the decomposition of $\widehat{\Delta}$ as in Lemma D. 1 and $\lambda_{0}=$ $\left\|\mathcal{X}^{*}(\varepsilon) / n\right\|_{\infty}$. We now upper bound the l.h.s. of (26) by invoking Condition 1 and Lemma D.1, which yields $\left\|\widehat{\Delta}^{-}\right\|_{1} \leq\left\|\Sigma^{*}\right\|_{1}$. If $\left\|\widehat{\Delta}^{+}\right\|_{1} \leq R_{*}\left\|\widehat{\Delta}^{-}\right\|_{1}$, we have

$$
\frac{1}{n}\left\|\mathcal{X}(\widehat{\Sigma})-\mathcal{X}\left(\Sigma^{*}\right)\right\|_{2}^{2}=\frac{1}{n}\|\mathcal{X}(\widehat{\Delta})\|_{2}^{2} \leq 2\left(R_{*}+1\right) \lambda_{0}\left\|\Sigma^{*}\right\|_{1}
$$

which is the first part in the maximum of the bound to be established. In the opposite case, suppose first that $\left\|\widehat{\Delta}^{-}\right\|_{1}>0$ (the case $\left\|\widehat{\Delta}^{-}\right\|_{1}=0$ is discussed at the end of this proof) and we have $\left\|\widehat{\Delta}^{+}\right\|_{1} /\left\|\widehat{\Delta}^{-}\right\|_{1}=\widehat{R}>R_{*}>1$. Consequently,

$$
\begin{aligned}
\frac{1}{n}\|\mathcal{X}(\widehat{\Delta})\|_{2}^{2} & =\frac{1}{n}\left\|\mathcal{X}\left(\widehat{\Delta}^{+}\right)-\mathcal{X}\left(-\widehat{\Delta}^{-}\right)\right\|_{2}^{2} \\
& =\left\|\widehat{\Delta}^{-}\right\|_{1}^{2} \frac{1}{n}\left\|\mathcal{X}\left(\frac{\widehat{\Delta}^{+}}{\left\|\widehat{\Delta}^{-}\right\|_{1}}\right)-\mathcal{X}\left(\frac{-\widehat{\Delta}^{-}}{\left\|\widehat{\Delta}^{-}\right\|_{1}}\right)\right\|_{2}^{2} \\
& \geq\left\|\widehat{\Delta}^{-}\right\|_{1}^{2} \min _{\substack{A \in \widehat{R} \mathcal{S}_{1}^{+}(m) \\
B \in \mathcal{S}_{1}^{+}(m)}} \frac{1}{n}\|\mathcal{X}(A)-\mathcal{X}(B)\|_{2}^{2} \\
& =\tau^{2}(\mathcal{X}, \widehat{R})\left\|\widehat{\Delta}^{-}\right\|_{1}^{2}=\tau^{2}(\mathcal{X}, \widehat{R}) \frac{\left\|\widehat{\Delta}^{+}\right\|_{1}^{2}}{\widehat{R}^{2}}
\end{aligned}
$$

Inserting this into (26), we obtain the following upper bound on $\left\|\widehat{\Delta}^{+}\right\|_{1}$.

$$
\begin{aligned}
& \frac{\tau^{2}(\mathcal{X}, \widehat{R})}{\widehat{R}^{2}}\left\|\Delta^{+}\right\|_{1}^{2} \leq 2 \lambda_{0} \frac{\widehat{R}+1}{\widehat{R}}\left\|\widehat{\Delta}^{+}\right\|_{1} \\
\Rightarrow & \left\|\widehat{\Delta}^{+}\right\|_{1} \leq 2 \lambda_{0} \frac{\widehat{R}(\widehat{R}+1)}{\tau^{2}(\mathcal{X}, \widehat{R})} \leq 4 \lambda_{0} \frac{\widehat{R}^{2}}{\tau^{2}(\mathcal{X}, \widehat{R})} \leq 4 \lambda_{0} \frac{R_{*}^{2}}{\tau_{*}^{2}},
\end{aligned}
$$

where the last inequality follows from the observation that for any $R \geq R_{*}$

$$
\tau^{2}(\mathcal{X}, R) \geq\left(R / R_{*}\right)^{2} \tau^{2}\left(\mathcal{X}, R_{*}\right)
$$

which can be easily seen from the dual problem (22) associated with $\tau^{2}(\mathcal{X}, R)$. Substituting the above bound on $\left\|\widehat{\Delta}^{+}\right\|_{1}$ into (26) and using the bound $\left\|\widehat{\Delta}^{-}\right\|_{1} \leq\left\|\Sigma^{*}\right\|_{1}$ yields the second part in the maximum of the desired bound. To finish the proof, we still need to address the case $\left\|\widehat{\Delta}^{-}\right\|_{1}=0$. Recalling the definition of the quantity $\tau_{0}^{2}(\mathcal{X})$ in (13), we bound

$$
\frac{1}{n}\|\widehat{X}(\widehat{\Delta})\|_{2}^{2}=\frac{1}{n}\left\|\widehat{X}\left(\widehat{\Delta}^{+}\right)\right\|_{2}^{2} \geq \tau_{0}^{2}(\mathcal{X})\left\|\widehat{\Delta}^{+}\right\|_{1}^{2}
$$

Inserting this into (26), we obtain from

$$
\begin{equation*}
\left\|\widehat{\Delta}^{+}\right\|_{1} \leq \frac{2 \lambda_{0}}{\tau_{0}^{2}(\mathcal{X})} \leq \frac{2 \lambda_{0}\left(R_{*}-1\right)^{2}}{\tau_{*}^{2}} \tag{27}
\end{equation*}
$$

where the second inequality follows from

$$
\begin{align*}
\tau^{2}\left(\mathcal{X}, R_{*}\right) & =\min _{A \in R_{*} \mathcal{S}_{1}^{+}(m) B \in \mathcal{S}_{1}^{+}(m)} \frac{1}{n}\|\mathcal{X}(A)-\mathcal{X}(B)\|_{2}^{2} \\
& \leq \min _{A \in \mathcal{S}_{1}^{+}(m)} \frac{1}{n}\left\|\mathcal{X}\left(R_{*} \cdot A\right)-\mathcal{X}(A)\right\|_{2}^{2}  \tag{28}\\
& =\left(R_{*}-1\right)^{2} \min _{A \in \mathcal{S}_{1}^{+}(m)} \frac{1}{n}\|\mathcal{X}(A)\|_{2}^{2}=\left(R_{*}-1\right)^{2} \tau_{0}^{2}(\mathcal{X})
\end{align*}
$$

Back-substitution of (27) into (26) yields a bound that is implied by that of Theorem 1. This concludes the proof.

Bound on $\lambda_{0}$. The bound on $\lambda_{0}$ is an application of Theorem 4.6.1 in [25].
Theorem D.1. [25] Consider a sequence $\left\{X_{i}\right\}_{i=1}^{n}$ of fixed matrices in $\mathbb{S}^{m}$ and let $\left\{\varepsilon_{i}\right\}_{i=1}^{n} \stackrel{\text { i.i.d. }}{\sim}$ $N\left(0, \sigma^{2}\right)$. Then for all $t \geq 0$

$$
\mathbf{P}\left(\left\|\sum_{i=1}^{n} \varepsilon_{i} X_{i}\right\|_{\infty} \geq t\right) \leq 2 m \exp \left(-t^{2} /\left(2 \sigma^{2} V^{2}\right)\right), \quad V^{2}:=\left\|\sum_{i=1}^{n} X_{i}^{2}\right\|_{\infty} .
$$

Choosing $t=\sigma V \sqrt{(1+\mu) 2 \log (2 m)}$ yields the desired bound.

## E Proof of Theorem 1, Remark 3

The bound hinges on the following concentration result for the extreme eigenvalues of the sample covariance of a Gaussian sample.
Theorem E.1. [9] Let $z_{1}, \ldots, z_{N}$ be an i.i.d. sample from $N\left(0, I_{m}\right)$ and let $\Gamma_{N}=\frac{1}{N} \sum_{i=1}^{N} z_{i} z_{i}^{\top}$. We then have for any $\delta>0$

$$
\mathbf{P}\left(\lambda_{\max }\left(\frac{1}{N} \Gamma_{N}\right)>\left(1+\delta+\sqrt{\frac{m}{N}}\right)^{2}\right) \leq \exp \left(-N \delta^{2} / 2\right) .
$$

In the proof, we also make use of the following fact.
Lemma E.1. Let $\left\{X_{i}\right\}_{i=1}^{n} \subset \mathbb{S}_{+}^{m}$. Then

$$
\left\|\sum_{i=1}^{n} X_{i}^{2}\right\|_{\infty} \leq \max _{1 \leq i \leq n}\left\|X_{i}\right\|_{\infty}\left\|\sum_{i=1}^{n} X_{i}\right\|_{\infty}
$$

Proof. First note that for any $v \in \mathbb{R}^{m}$ and any $M \in \mathbb{S}_{+}^{m}$, we have that

$$
v^{\top} M^{2} v=\sum_{j=1}^{m} \lambda_{j}^{2}(M)\left(u_{j}^{\top} v\right)^{2} \leq \lambda_{\max }(M) \sum_{j=1}^{m} \lambda_{j}(M)\left(u_{j}^{\top} v\right)^{2}=\|M\|_{\infty} v^{\top} X v
$$

where $\left\{u_{j}\right\}_{j=1}^{m}$ are the eigenvectors of $X$. Accordingly, we have

$$
\begin{aligned}
\left\|\sum_{i=1}^{n} X_{i}^{2}\right\|_{\infty}=\max _{\|v\|_{2}=1} v^{\top} \sum_{i=1}^{n} X_{i}^{2} v & \leq \max _{1 \leq i \leq n}\left\|X_{i}\right\|_{\infty} \max _{\|v\|_{2}=1} v^{\top} \sum_{i=1}^{n} X_{i} v \\
& =\max _{1 \leq i \leq n}\left\|X_{i}\right\|_{\infty}\left\|\sum_{i=1}^{n} X_{i}\right\|_{\infty} .
\end{aligned}
$$

We now establish the bound to be shown. Each measurement matrix can be expanded as

$$
X_{i}=\frac{1}{q} \sum_{k=1}^{q} z_{i k} z_{i k}^{\top}, \quad\left\{z_{i k}\right\}_{k=1}^{q} \stackrel{\text { i.i.d. }}{\sim} N\left(0, I_{m}\right), i=1, \ldots, n .
$$

Accordingly, we have

$$
\begin{aligned}
\left\|\frac{1}{n} \sum_{i=1}^{n} X_{i}^{2}\right\|_{\infty} & =\left\|\frac{1}{n} \sum_{i=1}^{n}\left\{\frac{1}{q} \sum_{k=1}^{q} z_{i k} z_{i k}^{\top}\right\}^{2}\right\|_{\infty} \\
& \leq \max _{1 \leq i \leq n}\left\{\left\|\left\{\frac{1}{q} \sum_{k=1}^{q} z_{i k} z_{i k}^{\top}\right\}\right\|_{\infty}\right\}\left\|\frac{1}{n q} \sum_{i=1}^{n} \sum_{k=1}^{q} z_{i k} z_{i k}^{\top}\right\|_{\infty} \\
& \leq \max _{1 \leq i \leq n}\left\{\lambda_{\max }\left(\frac{1}{q} \sum_{k=1}^{q} z_{i k} z_{i k}^{\top}\right)\right\} \lambda_{\max }\left(\Gamma_{n q}\right)
\end{aligned}
$$

where $\Gamma_{n q}$ follows the distribution of $\Gamma_{N}$ in Theorem E. 1 with $N=n q$. For the first term, applying Theorem E. 1 with $N=q$ and $\delta=\sqrt{4 m \log (n) / q}$ and using the union bound, we obtain that

$$
\mathbf{P}\left(\lambda_{\max }\left(\frac{1}{q} \sum_{k=1}^{q} z_{i k} z_{i k}^{\top}\right)>\left(\frac{\sqrt{q}+\sqrt{m}+\sqrt{4 m \log n}}{\sqrt{q}}\right)^{2}\right) \leq \exp (-(2 m-1) \log n)
$$

Applying Theorem E. 1 to $\Gamma_{N}$ with $\delta=1 / \sqrt{q}$, we obtain that

$$
\mathbf{P}\left(\lambda_{\max }\left(\Gamma_{n q}\right)>\left(1+\frac{1}{\sqrt{q}}+\sqrt{\frac{m}{n q}}\right)^{2}\right) \leq \exp (-n / 2)
$$

Combining the two previous bounds yields the assertion.

## F Proof of Proposition 3

In the sequel, we write $\Pi_{\mathbb{T}}$ and $\Pi_{\mathbb{T}} \perp$ for the orthogonal projections on $\mathbb{T}$ and $\mathbb{T}^{\perp}$, respectively. Note first that since the $\left\{\varepsilon_{i}\right\}_{i=1}^{n}$ are zero, any minimizer $\widehat{\Sigma}$ satisfies

$$
\begin{equation*}
\mathcal{X}(\widehat{\Sigma})=\mathcal{X}\left(\Sigma^{*}\right) \Longleftrightarrow \mathcal{X}(\widehat{\Delta})=0 \Longleftrightarrow \mathcal{X}\left(\widehat{\Delta}_{\mathbb{T}}\right)+\mathcal{X}\left(\widehat{\Delta}_{\mathbb{T}^{\perp}}\right)=0 \tag{29}
\end{equation*}
$$

where $\widehat{\Delta}_{\mathbb{T}}=\Pi_{\mathbb{T}} \widehat{\Delta}$ and $\widehat{\Delta}_{\mathbb{T}^{\perp}}=\Pi_{\mathbb{T}^{\perp}} \widehat{\Delta}$, where we recall that $\widehat{\Delta}=\widehat{\Sigma}-\Sigma^{*}$. Note that since $\Sigma^{*}=\Pi_{\mathbb{T}} \Sigma^{*}$, for $\widehat{\Sigma}$ to be feasible, it is necessary that $\widehat{\Delta}_{\mathbb{T}^{\perp}} \succeq 0$.
Suppose first that $\tau^{2}(\mathbb{T})=0$. Then there exist $\Theta \in \mathbb{T}$ and $\Lambda \in \mathcal{S}_{1}^{+}(m) \cap \mathbb{T}^{\perp}$ such that $\mathcal{X}(\Theta)+$ $\mathcal{X}(\Lambda)=0$. Hence, for any $\Sigma^{*} \in \mathbb{T}$ with $\Sigma^{*}+\Theta \succeq 0$, the choices $\widehat{\Delta}_{\mathbb{T}}=\Theta$ and $\widehat{\Delta}_{\mathbb{T}^{\perp}}=\Lambda$ ensure that $\widehat{\Sigma}$ is feasible and that (29) is satisfied. Since $\Lambda$ is contained in the Schatten 1-norm sphere of radius 1 , it is necessarily non-zero and thus $\widehat{\Sigma} \neq \Sigma^{*}$.
If $\phi^{2}(\mathbb{T})=0$, there exists $0 \neq \Theta \in \mathbb{T}$ such that $\mathcal{X}(\Theta)=0$. Consequently, for any $\Sigma^{*} \in \mathbb{T} \cap \mathbb{S}_{+}^{m}$ with $\widehat{\Sigma}=\Sigma^{*}+\Theta \succeq 0,(29)$ is satisfied with $\widehat{\Sigma} \neq \Sigma^{*}$.
Conversely, if $\tau^{2}(\mathbb{T})>0$, (29) cannot be satisfied for $\widehat{\Delta}_{\mathbb{T}^{\perp}} \succeq 0, \widehat{\Delta}_{\mathbb{T}^{\perp}} \neq 0$. Otherwise, we could divide by $\operatorname{tr}\left(\widehat{\Delta}_{\mathbb{T}^{\perp}}\right)$, which would yield

$$
\mathcal{X}(\underbrace{\widehat{\Delta}_{\mathbb{T}} / \operatorname{tr}\left(\widehat{\Delta}_{\mathbb{T}^{\perp}}\right)}_{\in \mathbb{T}})+\mathcal{X}(\underbrace{\widehat{\Delta}_{\mathbb{T}^{\perp}} / \operatorname{tr}\left(\widehat{\Delta}_{\mathbb{T}^{\perp}}\right)}_{\in \mathcal{S}_{1}^{+}(m) \cap \mathbb{T}^{\perp}})=0
$$

which would imply $\tau^{2}(\mathbb{T})=0$. Therefore, we must have $\widehat{\Delta}_{\mathbb{T}^{\perp}}=0$ and $\mathcal{X}\left(\widehat{\Delta}_{\mathbb{T}}\right)=0$, which implies $\widehat{\Delta}_{\mathbb{T}}=0$ as long as $\phi^{2}(\mathbb{T})>0$.

## G Proof of Theorem 2

Let $\widehat{\Delta}=\widehat{\Sigma}-\Sigma^{*}, \widehat{\Delta}_{\mathbb{T}}=\Pi_{\mathbb{T}} \widehat{\Delta}$ and $\widehat{\Delta}_{\mathbb{T}^{\perp}}=\Pi_{\mathbb{T}^{\perp}} \widehat{\Delta} \succeq 0$ as in the preceding proof. We start with the following analog to (26)

$$
\begin{equation*}
\frac{1}{n}\|\mathcal{X}(\widehat{\Delta})\|_{2}^{2}=\frac{1}{n}\left\|\mathcal{X}\left(\widehat{\Delta}_{\mathbb{T}}+\widehat{\Delta}_{\mathbb{T}^{\perp}}\right)\right\|_{2}^{2} \leq 2 \lambda_{0}\left(\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}+\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}\right) \tag{30}
\end{equation*}
$$

Suppose that $\widehat{\Delta}_{\mathbb{T}^{\perp}} \neq 0$. We then have

$$
\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}^{2}\left\{\frac{1}{n}\left\|\mathcal{X}\left(\frac{\widehat{\Delta}_{\mathbb{T}}}{\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}}\right)+\mathcal{X}\left(\frac{\widehat{\Delta}_{\mathbb{T}^{\perp}}}{\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}}\right)\right\|_{2}^{2}\right\} \leq 2 \lambda_{0}\left(\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}+\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}\right)
$$

Since $\widehat{\Delta}_{\mathbb{T}} /\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1} \in \mathbb{T}$ and $\widehat{\Delta}_{\mathbb{T}^{\perp}} /\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}=\widehat{\Delta}_{\mathbb{T}^{\perp}} / \operatorname{tr}\left(\widehat{\Delta}_{\mathbb{T}^{\perp}}\right) \in \mathcal{S}_{1}^{+}(m)$, we obtain that the term inside the curly brackets is lower bounded by $\tau^{2}(\mathbb{T})$ and thus

$$
\begin{equation*}
\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1} \leq \frac{2 \lambda_{0}}{\tau^{2}(\mathbb{T})}\left(1+\frac{\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}}{\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}}\right) \tag{31}
\end{equation*}
$$

On the other hand, expanding the quadratic term in (30), we obtain that

$$
\begin{align*}
& \frac{1}{n}\left\|\mathcal{X}\left(\widehat{\Delta}_{\mathbb{T}}\right)\right\|_{2}^{2}-\frac{2}{n}\left\langle\mathcal{X}\left(\widehat{\Delta}_{\mathbb{T}}\right), \mathcal{X}\left(\widehat{\Delta}_{\mathbb{T}^{\perp}}\right)\right\rangle \leq \frac{1}{n}\|\mathcal{X}(\widehat{\Delta})\|_{2}^{2} \leq 2 \lambda_{0}\left(\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}+\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}\right) \\
\Rightarrow & \frac{1}{n}\left\|\mathcal{X}\left(\widehat{\Delta}_{\mathbb{T}}\right)\right\|_{2}^{2} \leq 2 \lambda_{0}\left(\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}+\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}\right)+2 \mu(\mathbb{T})\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1} \\
\Rightarrow & \phi^{2}(\mathbb{T})\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}^{2} \leq 2 \lambda_{0}\left(\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}+\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}\right)+2 \mu(\mathbb{T})\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1} \\
\Rightarrow & \left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1} \leq \frac{2 \lambda_{0}\left(1+\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1} /\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}\right)+2 \mu(\mathbb{T})\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}}{\phi^{2}(\mathbb{T})} \tag{32}
\end{align*}
$$

We now distinguish several cases.
Case 1: $\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1} \leq\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}$. It then immediately follows from (31) that

$$
\begin{equation*}
\|\widehat{\Delta}\|_{1} \leq \frac{8 \lambda_{0}}{\tau^{2}(\mathbb{T})}=: T_{3} \tag{33}
\end{equation*}
$$

Case 2a: $\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}>\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}$ and $\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1} \leq 4 \lambda_{0} / \phi^{2}(\mathbb{T})$. From (32), we first get

$$
\begin{equation*}
\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1} \leq \frac{4 \lambda_{0}+2 \mu(\mathbb{T})\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}}{\phi^{2}(\mathbb{T})} \tag{34}
\end{equation*}
$$

and thus

$$
\begin{equation*}
\|\widehat{\Delta}\|_{1} \leq \frac{8 \lambda_{0}}{\phi^{2}(\mathbb{T})}\left(1+\frac{\mu(\mathbb{T})}{\phi^{2}(\mathbb{T})}\right)=: T_{2} \tag{35}
\end{equation*}
$$

Case 2b: $\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1}>\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}$ and $\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1}>4 \lambda_{0} / \phi^{2}(\mathbb{T})$. Plugging (34) into (31), we obtain that

$$
\left\|\widehat{\Delta}_{\mathbb{T}^{\perp}}\right\|_{1} \leq \frac{4 \lambda_{0}}{\tau^{2}(\mathbb{T})}+\frac{4 \lambda_{0} \mu(\mathbb{T})}{\tau^{2}(\mathbb{T}) \phi^{2}(\mathbb{T})}
$$

Substituting this bound back into (34) yields

$$
\left\|\widehat{\Delta}_{\mathbb{T}}\right\|_{1} \leq \frac{4 \lambda_{0}}{\phi^{2}(\mathbb{T})}+\frac{8 \lambda_{0} \mu(\mathbb{T})}{\tau^{2}(\mathbb{T}) \phi^{2}(\mathbb{T})}+\frac{8 \lambda_{0} \mu^{2}(\mathbb{T})}{\phi^{4}(\mathbb{T}) \tau^{2}(\mathbb{T})}
$$

Collecting terms, we obtain altogether

$$
\begin{equation*}
\|\widehat{\Delta}\|_{1} \leq 8 \lambda_{0} \frac{\mu(\mathbb{T})}{\tau^{2}(\mathbb{T}) \phi^{2}(\mathbb{T})}\left(\frac{3}{2}+\frac{\mu(\mathbb{T})}{\phi^{2}(\mathbb{T})}\right)+4 \lambda_{0}\left(\frac{1}{\phi^{2}(\mathbb{T})}+\frac{1}{\tau^{2}(\mathbb{T})}\right)=: T_{1} \tag{36}
\end{equation*}
$$

Combining (33), (35) and (36) yields the assertion.

## H Additional Experiments: Scaling of the Constant $\tau^{2}(\mathbb{T})$

For $\mathcal{X}$ and $\mathbb{T}$ given, it is possible to evaluate $\tau^{2}(\mathbb{T})$ by solving a convex optimization problem. This is different from other conditions employed in the literature such as restricted strong convexity [17], 1-RIP [8] or restricted uniform boundedness [3] that involve a non-convex optimization problem even for fixed $\mathbb{T}$.
We here consider sampling operators with random i.i.d. measurements $X_{i}=z_{i} z_{i}^{\top}$, where $z_{i} \sim$ $N(0, I)$ is a standard Gaussian random vector in $\mathbb{R}^{m}$ (equivalently, $X_{i}$ follows a Wishart distribution), $i=1, \ldots, n$. We expect $\tau^{2}(\mathbb{T})$ to behave similarly for random rank-one measurements of the same form as long as the underlying probability distribution has finite fourth moments, and thus for (a broad subclass of) the ensemble $\mathcal{M}\left(\pi_{m}, q\right)$ (14).
In order to explore the scaling of $\tau^{2}(\mathbb{T})$ with $n, m$ and $r$, we fix $m \in\{30,50,70,100\}$. For each choice of $m$, we vary $n=\alpha \delta_{m}$, where a grid of 20 values ranging from 0.16 to 1.1 is considered $\alpha$. For $r$, we consider the grid $\{1,2, \ldots, m / 5\}$. For each combination of $m, n$, and $r$, we use 50 replications. Within each replication, the subspace $\mathbb{T}$ is generated randomly from the eigenspace associated with the non-zero eigenvalues of a random matrix $G^{\top} G$, where the entries of the $m \times r$ matrix $G$ are i.i.d. $N(0,1)$.


Figure 3: Scaling of $\log \tau^{2}(\mathbb{T})$ in dependence of $r$ (horizontal axis) and $\alpha=n / \delta_{m}$ (colors/symbols). The solid lines represent the fit of model (37). Note that the curves are only fitted to those points for which $\tau^{2}(\mathbb{T})$ exceeds $10^{-6}$. Best seen in color.

The results point to the existence of a phase transition as it is typical for problems related to that under study [2]. Specifically, it turns out that the scaling of $\tau^{2}(\mathbb{T})$ can be well described by the relation

$$
\begin{equation*}
\tau^{2}(\mathbb{T}) \approx \phi_{m, n} \max \left\{1 / r-\theta_{m, n}, 0\right\} \tag{37}
\end{equation*}
$$

where $\phi_{m, n}, \theta_{m, n}>0$ depend on $m$ and $n$. In order to arrive at model (37), we first obtain the $5 \%$-quantile as summary statistic of the 50 replications associated with each triple $(n, m, r)$. At this point, note that the use of the mean as a summary statistic is not appropriate as it may mask the fact that the majority of the observations are zero. For each pair of $(n, m)$, we then identify all values of $r$ for which the corresponding $5 \%$-quantile drops below $10^{-6}$, which serves as effective zero here. For the remaining values, we fit model (37) using nonlinear least squares (working on a log scale). Figure 3 shows that model (37) provides a rather accurate description of the given data. Concerning $\phi_{m, n}$ and $\theta_{m, n}$, the scalings $\phi_{m, n}=\phi_{0} n / m$ and $\theta_{m, n}=\theta_{0} m / n$ for constants $\phi_{0}, \theta_{0}>0$ appear to be reasonable. This gives rise to the requirement $n>\theta_{0}(m r)$ for exact recovery to be possible in the noiseless case (cf. Proposition 3) and yields that $\tau^{2}(\mathbb{T})=\Omega(1 / r)$ as long as $n=\Omega(m r)$,

## I Enlarged Figures and Additional Tables

## I. 1 Enlarged version of Figure 1



Figure 4: Average estimation error (over 50 replications) in nuclear norm for fixed $m=50$ and certain choices of $n$ and $r$. In the legend, "LS" is used as a shortcut for "least squares". Chen et al. refers to (16). "\#"indicates an oracular choice of the tuning parameter. "oracle" refers to the ideal error $\sigma r \sqrt{m / n}$. Best seen in color.

## Enlarged version of Figure 2




Figure 5: Average reconstruction errors $\log _{10}\left\|\widehat{\Sigma}-\Sigma^{*}\right\|_{F}$ in dependence of $n /(m r)$ and the parameter $\beta$. "oracle" refers to the best rank $r$-approximation $\Sigma_{r}$.

## Additional Tables

The tables below contain orders of the errors $\left\|\widehat{\Sigma}-\Sigma^{*}\right\|_{F}$ relative to the error of the best rank $r$ approximation $\left\|\Sigma_{r}-\Sigma^{*}\right\|_{F}$ for selected values of $C=n / m r$.

## CBCL

| $\beta$ | 1 | 1 | .4 | .4 | .08 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $C$ | 2 | 6 | 4 | 6 | 10 |
| $\frac{\left\\|\widehat{\Sigma}-\Sigma^{*}\right\\|_{F}}{\left\\|\Sigma_{r}-\Sigma^{*}\right\\|_{F}}$ | $<3$ | $<2$ | 4 | 3 | 5 |

NASDAQ

| $\beta$ | 1 | 1 | 1 | 1 |
| :---: | :---: | :---: | :---: | :---: |
| $C$ | 1 | 2 | 3 | 6 |
| $\frac{\left\\|\widehat{\Sigma}-\Sigma^{*}\right\\|_{F}}{\left\\|\Sigma_{r}-\Sigma^{*}\right\\|_{F}}$ | $<3.5$ | $<2$ | $<1.3$ | $<1.1$ |

Table 1: Average reconstruction errors relative to $\Sigma_{r}$ for some selected values of $\beta$ and $C=n /(m r)$.

