International Interdisciplinary Symposium of

Dōshisha University, Kyoto, the Doshisha EU Campus at Tübingen University, and Eberhard Karls Universität Tübingen

Challenges for Aging Societies: Interdisciplinary Approaches in Comparative Japanese, German and European Perspectives

27-28 February 2019 in Tübingen

<u>Place of venue</u>: **Schloss Hohentübingen** (Tübingen Castle), "Fürstenzimmer", 1st floor at the southern wing of the Castle

Three Panels:

- 1. Aging Research in the Life and Medical Sciences
- 2. Assisted Living and Social Impacts of Elderly Care
- 3. Challenges of Demographic Change: Discrimination of the Elderly and the Impacts of Migration

Time Table and Program

Arrival of Dōshisha delegation on Monday, 25 February 2019

Pick-up of Dōshisha delegation at **Stuttgart Airport** at **17:50** with minibus of the University and transfer to Hotel Ibis Styles in Tübingen; *optionally*: joint dinner after arrival and check-in

Tuesday, 26 February 2019: **Individual meetings / Lab visits** of Dōshisha researchers at UT (*see separate program*)

19:00 Welcome Dinner at Restaurant Bootshaus am Neckar, Wöhrdstr. 25

VP Prof. Dr. Gregory Poole will be picked up at **Stuttgart Airport** at **17:50** by VP Prof. Dr. Monique Scheer; they will join the Welcome Dinner a little later

Wednesday, 27 February 2019

9:15 Welcome addresses:

President and Vice-Chancellor Prof. Dr. h.c. Bernd **Engler**, University of Tübingen Vice-President (International Affairs) Prof. Dr. Gregory **Poole**, Dōshisha University

Prof. Dr. Jürgen Leonhardt, Dean, of the Faculty of Humanities, University of Tübingen

Prof. Dr. Yoshihiko Wada, Director of Doshisha EU Campus Office, Dōshisha University

Prof. Dr. Viktoria **Eschbach-Szabo**, Director of the Department of Japanese Studies, Institute of Asian and Oriental Studies (AOI), University of Tübingen

9:50-12:30 Panel 1 Aging Research in the Life and Medical Sciences (first part)

Chair: Prof. Dr. Mathias **Jucker** (Hertie Institute for Clinical Brain Research, Cellular Neurology)

9:50-10:00 Impulse statement of Prof. Jucker

10:00-11:00 two presentations

10:00-10:20 Prof. Dr. Takeshi **Sakaba**: *Biophysics of synapses in the central nervous system*

10:20-10:40 Prof. Dr. Thomas **Gasser**: Genetic and molecular basis of Parkinson's disease

10:40-11:00 Coffee/tea break

11:00-12:30 two presentations and discussion

11:00-11:20 Prof. Dr. Katja **Schenke-Layland**: *Marker-free monitoring of development & disease states*

11:20-11:40 Prof. Dr. Hiroaki **Misono**: Neurobiology of the tau protein: Implications to Alzheimer's disease

11:40-12:30 Discussion of the presentations of Profs. Sakaba, Gasser, Schenke-Layland, and Misono

Lunchtime (catering buffet at the Castle)

14:00-16:00 Panel 1 Aging Research in the Life and Medical Sciences (second part)

Chair: Prof. Dr. Martin Hautzinger (Clinical Psychology)

14:00-14:10 Impulse statement of Prof. Hautzinger

14:10-14:30 one presentation

14:10-14:30 Prof. Dr. Alfred **Nordheim**: *Biological descriptions of the terms life span, longevity, and healthy aging*

Panel 2 Assisted Living and Social Impacts of Elderly Care (first part)

Chair: Prof. Dr. Martin Hautzinger (Clinical Psychology)

14:30-16:00 two presentations and discussion

14:30-14:50 Prof. Dr. Takashi **Muto**: Dancing with dementia in super-aging society: Mindfulness and acceptance approach for people with dementia and their family caregivers

14:50-15:10 Prof. Dr. Udo Weimar: Ageing and Independent Living, a Home for a Lifetime

15:10-16:00 Discussion of the presentations of Professors Nordheim, Muto, and Weimar

16:30-18:00 Visit of the **LebensPhasenHaus** – a **Home for a Lifetime** (http://www.lebensphasenhaus.de/das-haus/)

The LebensPhasenHaus in Tübingen won The German Senior Citizens' Award of the Robert Bosch Foundation out of 146 submissions in 2016. It is the competence center in Baden-Württemberg concerning the future of care.

19:00 Dinner at Restaurant Neckarmüller, Gartenstr. 4

Thursday, 28 February 2019

9:50-12:30 Panel 2 Assisted Living and Social Impacts of Elderly Care (second part)

Chair: Vice-President (International Affairs) Prof. Dr. Monique **Scheer** (Historical and Cultural Anthropology)

9:50-10:00 Impulse statement by Prof. Scheer

10:00-11:00 two presentations

10:00-10:20 Prof. Dr. Hiroko **Yamada**: The effects of Parallel Intervention through Orange Café on the relationship between people with dementia and their family members: Improving already formed BPSD and Preventing BPSD formation

10:20-10:40 Prof. Dr. Gerhard **Eschweiler**: *Digital support and coaching of elder subjects and care givers at home*

10:40-11:00 Coffee/tea break

11:00-12:30 two presentations and discussion

11:00-11:20 Prof. Dr. Daniel **Buhr**: Demographic Change and Digitalisation - On the Path to Welfare 4.0?

11:20-11:50 Prof. Dr. Ansgar Thiel: Physical activity - a prerequisite for healthy ageing

11:50-12:30 Discussion of the presentations of Profs. Yamada, Eschweiler, Buhr, and Thiel

Lunchtime (catering buffet at the Schloss)

14:00-16:00 Panel 3 Challenges of Demographic Change: Discrimination of the Elderly and the Impacts of Migration

Chair: Prof. Dr. Boris **Nieswand** (Sociology)

14:00-14:10 Impulse statement by Prof. Nieswand

Three presentations and discussion

14:10-14:30 Prof. Dr. Hiroko **Yamada**: *Discrimination against seniors in Japanese society related housing*

14:30-14:50 Prof. Dr. Klaus **Antoni**: Aging Society and Migration in Japan – Historical Notes on a Current Debate

14:50-15:10 Prof. Dr. Viktoria **Eschbach-Szabo**: The New Policy of Health Prevention for Aging Society in Germany – Reshaping Social Attitudes Towards Older Age

15:10-16:00 Discussion of the presentations of Profs. Yamada, Antoni, and Eschbach-Szabo

16:30-17:30 Visit of **University Museum MUT** (incl. the UNESCO World Cultural Heritage) https://www.unimuseum.uni-tuebingen.de/de/museum-im-schloss/museum-ancient-cultures.html

19:00 Dinner at Restaurant Weinstube Forelle, Kronenstr. 8

Departure of Doshisha delegation on 1 or 2 March 2019

Contact in Tübingen:

Dr. Karin **Moser v. Filseck**Division II Research
1.2 International Research Cooperation
University of Tübingen
karin.moser@uni-tuebingen.de
phone: +49/(0)7071/29-77353