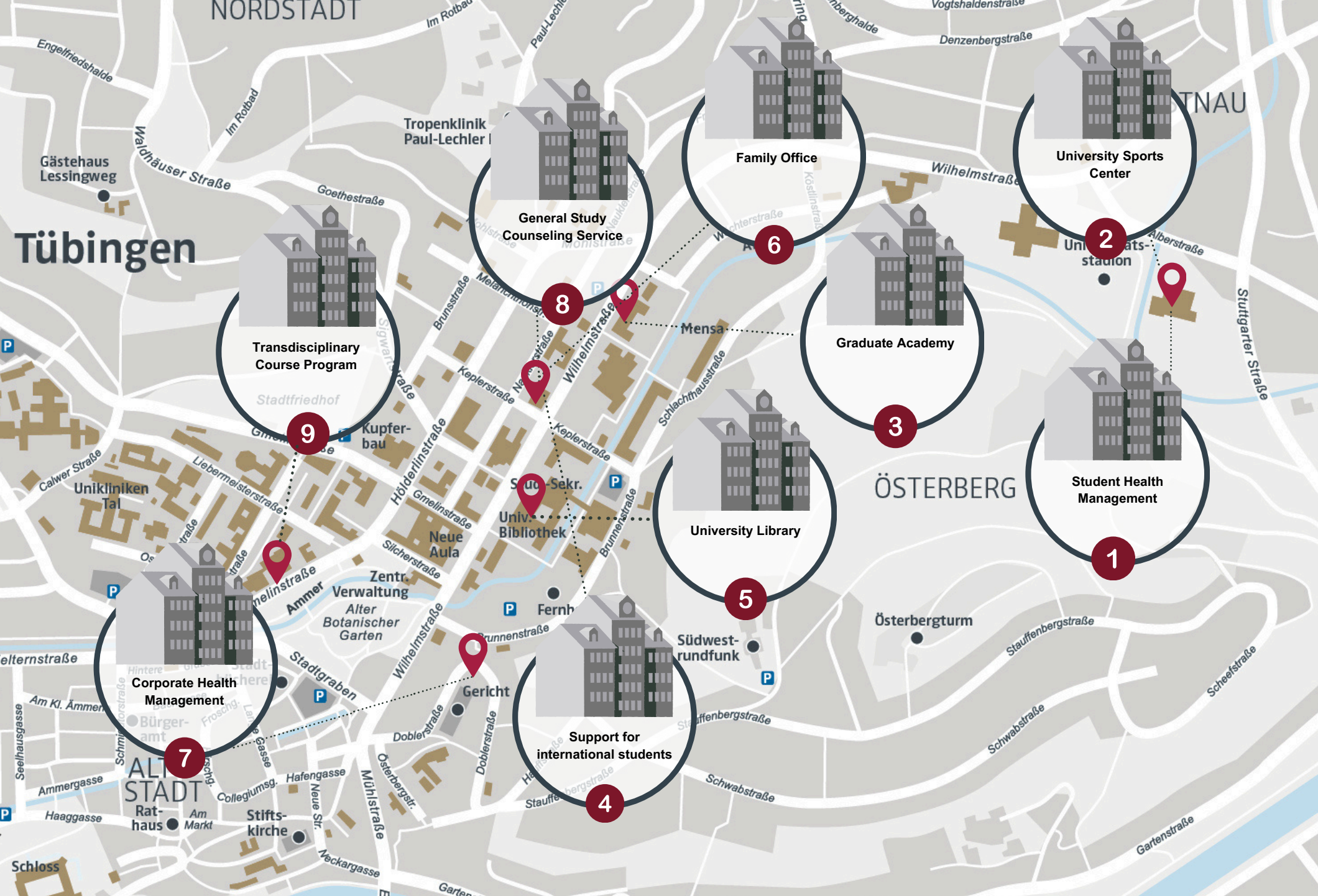


Health Services for students at the University of Tübingen



Quality seal of the SHM BeTaBalance:

With friendly support of:



Scan the QR code for more information about the offers!

We are there for you!

**Student Health Management
SHM BeTaBalance**
Alberstraße 27, Raum 111
Tel: 07071-29 76066

✉ Email: betabalance@ifs.uni-tuebingen.de
🌐 www.uni-tuebingen.de/de/183172
@ [betabalance_unituebingen](https://www.instagram.com/betabalance_unituebingen)



Together, we are promoting

for a Study-Life-Balance

Physical Health: We promote physical well-being with offerings for everyday study as well as leisure time!

Mental Health: We promote mental well-being. Our offers range from self-help assistance to professional support!

Social Health: We promote social well-being through various forms of offerings and provide opportunities to meet each other.

Variety of offers...

Student Health Management SHM BeTaBalance Alberstrasse 27, 72074 Tübingen,

We are dedicated to the holistic health promotion of students. This map will help you to get an overview of the various offers and facilities.

Support for international students Wilhelmstraße 19, 72074 Tübingen

We are developing a unified support concept for international students pursuing a degree at the University of Tübingen.

Corporate Health Management Doblerstrasse 21 72074 Tübingen

We are the central institution for health-promoting offers for employees. Some of our offers are also open to students.

University Sports Center Alberstraße 27, 72074 Tübingen

We are the central sports facility of the University of Tübingen with over 350 course offerings per semester.

University Library Wilhelmstraße 32, 72074 Tübingen

We are a central learning and working place for students of the University of Tübingen and promote social interaction.

General Study Counseling Service Wilhelmstraße 19, 72074 Tübingen

We are there for you throughout your studies and advise you on any problems you may have in your everyday study life.

Graduate Academy Wilhelmstraße 56, 72072 Tübingen

We are the central institution for strategic personnel development for young academics from doctoral studies to junior professorships.

Family Office Wilhelmstraße 19, 72074 Tübingen

We provide advice and mediation on issues concerning the compatibility of family responsibilities and studies, science and career at the University of Tübingen.

Transdisciplinary Course Program Rümelinstrasse 19-23, 72074 Tübingen

We are the central institution for the acquisition of transdisciplinary competencies (key competencies).



Offers/
Workshops



Buddy
Program



Information
Offers



Digital
Offers



Seminars



Events



Certificate
Programs



Consultation



Study
Conditions



Note: Scan the QR code on the back to learn more about the offers!