

# Stress and Daily Life of the Middle Classes in China, Germany, India and Japan

Seminar in Summer Term 2024

Divyaraj Amiya, Ulrich Theobald, and Felix Spremberg

23 Apr  
Introduction

30 Apr, *Divyaraj Amiya*  
“Emergence and Development of the Modern  
Urban Indian Middle Class: An Introduction”

7 May, *Divyaraj Amiya and Jennifer Clemens*  
“*Time Nahin Hai* / *Delhi After 20 Years 2.0*  
(2013): A Documentary Film on Imposed Time  
Poverty and Time Prosperity and **Stress Report**  
on India”

14 May at 6 pm in Germany (!), *John Zerzan*/  
“Origin(s) of Stress, Time and Domestication  
in World History: An Overview”/ Only online

28 May, *Divyaraj Amiya*  
“Anti-Work and Anti-Career Stories from  
Indian Literature”

4 Jun, *Lukas Eggert*  
“Chinese Gaming Culture: The Fine Line  
between ‘Spiritual Opium’ and Stressing  
about the Chinese Dream”

11 Jun, Ulrich Theobald  
“Max Weber’s Confucian Work Ethic, the  
‘Moderately Prosperous Society’ and a  
Generation ‘Lying Flat’”

18 Jun, *Felix Spremberg*  
“‘Lost in Exhaustion’: Stress and Daily Lives  
in Japan”

25 Jun, *Elke Grosser* (Deutsche Gesellschaft für  
Zeitpolitik, Berlin)  
“Time Stress in Different Areas of Life in  
Germany” (in German)

2 Jul, *Elke Grosser*  
“Crises and Stress and a Time-Political  
Discussion of Stress” (in German)

9 Jul, *International Workshop*  
Stress Among Young Students of +2 and  
Equivalent Exams to Prestigious Institutions  
in China, Germany, India, Japan and Other  
Countries

16 Jul  
Conclusion and Outlook

**N.B.: Registration still open.  
Extra classes planned for recapitulation.**

<https://zoom.us/j/94593487878?pwd=eDdnQTV3aHMwTkxBazZ0N3I2R0MzUT09>

Meeting ID: 945 9348 7878

Passcode: 202511



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