



# Mental Health in East and West: Europe since 1970

18<sup>th</sup> – 19<sup>th</sup> March 2021

Workshop organized by Jan Arend & Jens Elberfeld

## Thursday, 18<sup>th</sup> March

10.00 – 10.30 | **Introduction**

Jens Elberfeld (MLU Halle-Wittenberg), Jan Arend (University of Tübingen)

10.30 – 11.30 | **Mental Health, Leadership and Productivity I**

**Psychological Leadership Training in East Germany 1960s-90s. A socialist technology of the self?**

– Verena Lehmbrock (University of Erfurt)

**Disillusionment in the World of Workers' Self Management: When Psychiatrists Diagnosed Yugoslavia Itself**

– Mat Savelli (McMaster University, Ontario)

Discussion

11.30 – 13.00 | **Lunch**

13.00 – 14.00 | **Mental Health, Leadership and Productivity II**

**Labour Conscription, Occupational Therapy and Inmates' Subjectivities in the West and East German Penal System, 1970s - 1990s**

– Marcel Streng (HHU Düsseldorf)

**Psychotherapy and Labour Productivity across East and West: The Case of Cognitive Behaviour Therapy (1970s-2000s)**

– Sarah Marks (Birkbeck University of London)

Discussion

14.00 – 14.30 | **Coffee Break**

14.30 – 15.30 | **Therapy, Counselling and Their Place in Society**

**Psychological Well-Being or Critical Autonomy? Psychoanalytic Debates in West Germany, 1968-1990**

– Anthony D. Kauders (Keele University)

**Sustaining marriage to strengthen socialism. The rise and decline of marital counseling in late socialist Czechoslovakia**

– Kateřina Lišková (Masaryk University Brno)

Discussion

## Friday, 19<sup>th</sup> March

10.00 – 11.00 | **Therapy, Counselling and Their Place in Society II**

**Renegotiating mental health. Prevention and psychotherapy in 1970s popular media in the GDR**

– Henriette Voelker (Charité Berlin)

**Psychotherapy between institutional practice and popular culture: The case of Czechoslovakia**

– Adéla Gjuríčová (Institute of Contemporary History of the Czech Academy of Sciences)

Discussion

11.00 – 11.30 | **Coffee break**

11.30 – 13.00 | **Requirements for the future, burdens of the past. Mental Health in socialist and postsocialist societies**

**The Democratic Self and the Socialist Collective: Polyvalent Therapeutizations in the GDR**

– Lisa Malich (Universität zu Lübeck)

**Trauma after socialism: Coming to terms with the memories of the 1990s war in Yugoslav psychiatry**

– Ana Antic (University of Copenhagen)

12.30 – 13.00 | **Discussion and concluding remarks**

