



Self-Care for one's Studies and Vocation

Chair of Islamic Doctrine (Prof. Dr. Dr. h.c. Lejla Demiri)

Workshop for B.A. and M.A. students
with Dr. Courtney Dorroll
(Assoc. Professor of Religion, Wofford College)

Tuesday, 11 June 2024, 14–16 c.t.
Zentrum für Islamische Theologie (ZITh)
Liebermeisterstraße 18

Room 310

(In cooperation with Dr. Mahmoud Abdallah's
course on Islamic Sermons)

How can self-care practices be put into place during one's studies and translated to the workforce, especially with emotionally laborious vocations like chaplaincy? In this workshop, we will go through a series of self-care activities and discuss.