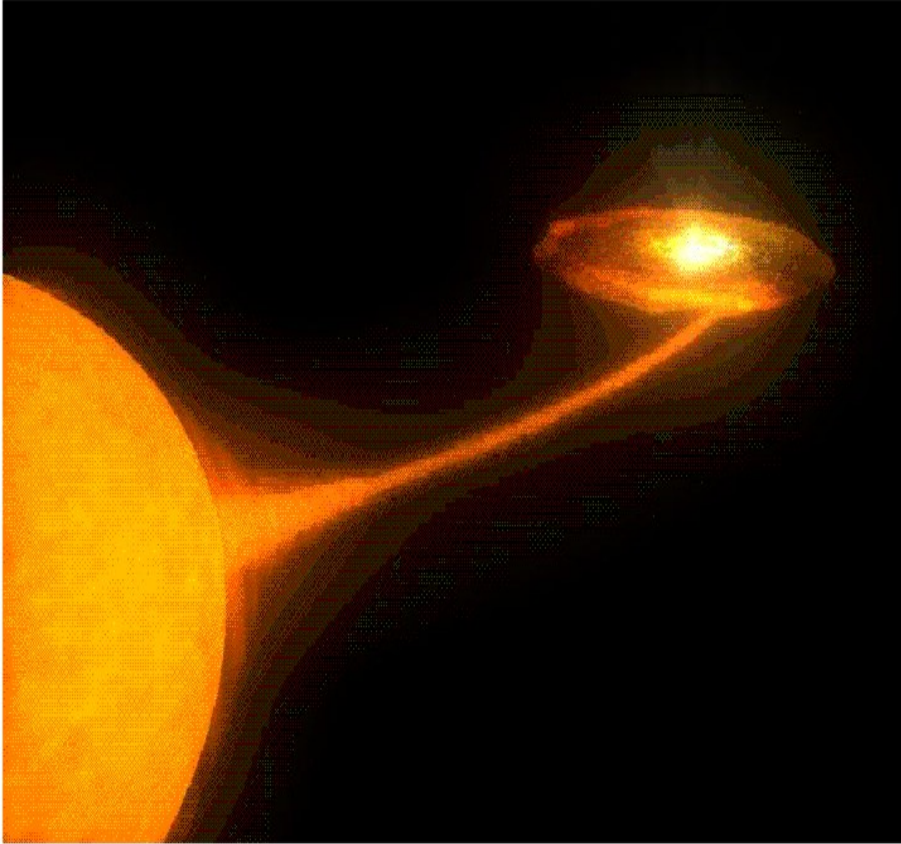


On the nature of 35-day cycle in Her X-1

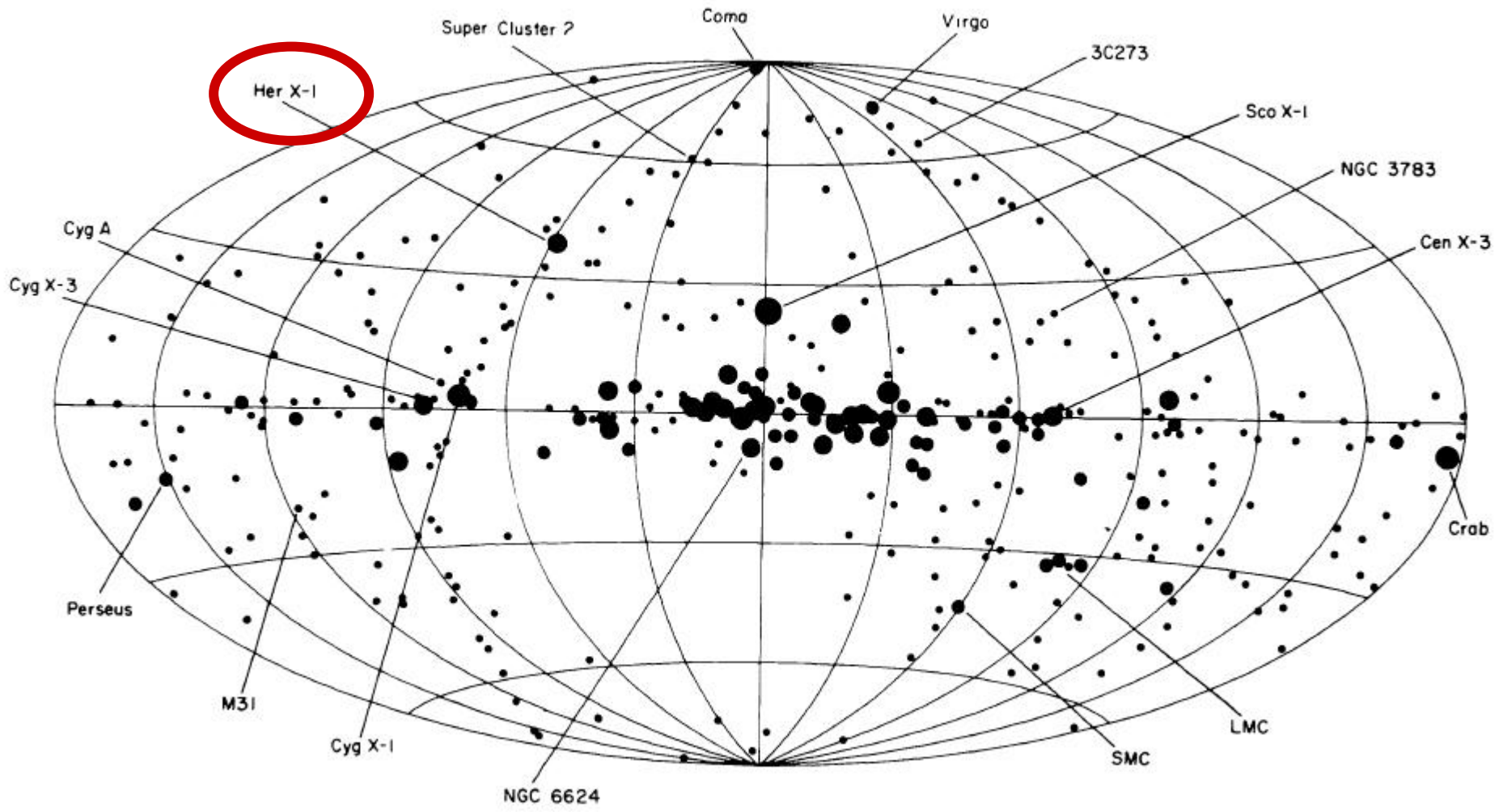
Konstantin Postnov
Sternberg Astronomical Institute, Moscow

In collaboration with:
Ruediger Staubert (IAAT),
Nikolai Shakura, Ivan Panchenko (SAI)
Joern Wilms (U. of Warwick/IAAT), Markus Kuster
(MPE)

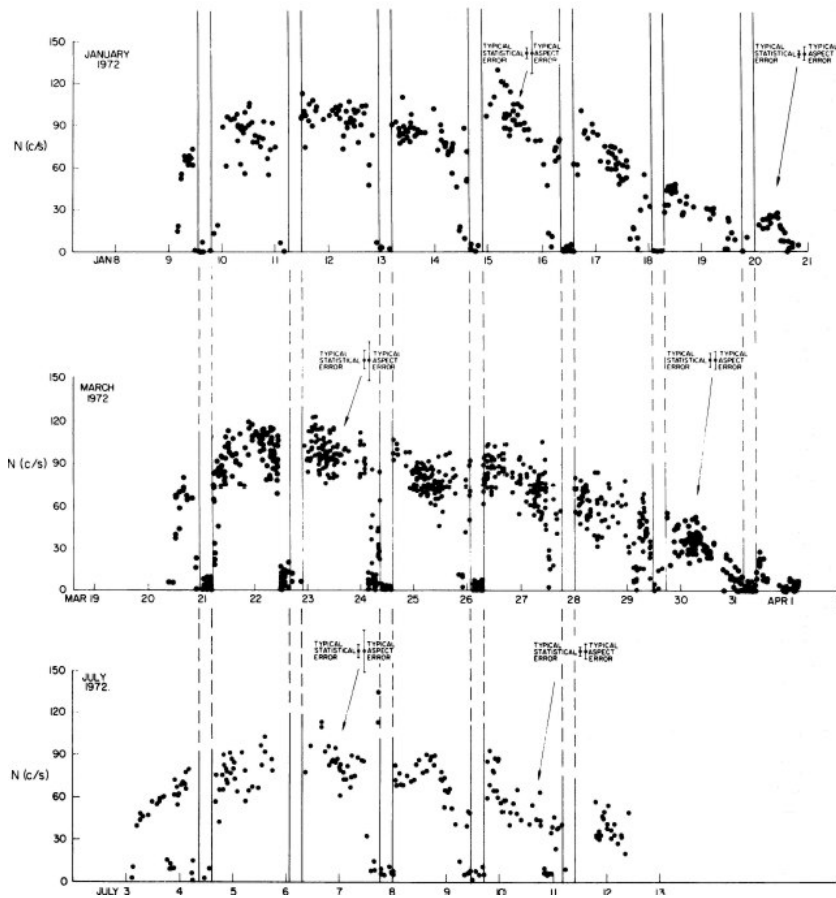
Outlook



- Introduction
- 35-day periodicity in Her X-1
- Neutron star free precession
- Clues from X-ray pulse profiles
- Locking with disk precession



UHURU discovery



- One of the first accreting X-ray binaries ($P=1.24$ s)
- Complex shape of light curve:
- Eclipses (orbital period 1.7 d)
- Dips (post-eclipse recoveries, anomalous dips)
- Long-term variability (35-day cycle)
- Turn-ons at ~ 0.25 and ~ 0.75 orbital phases

From Giacconi et al. 1973

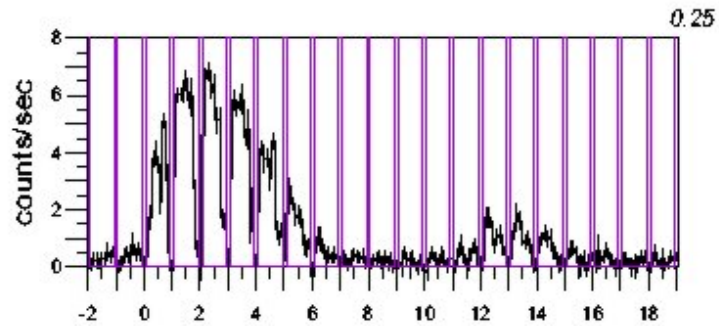
Later observations

Tabelle 1.1: Die wichtigsten Röntgenmissionen

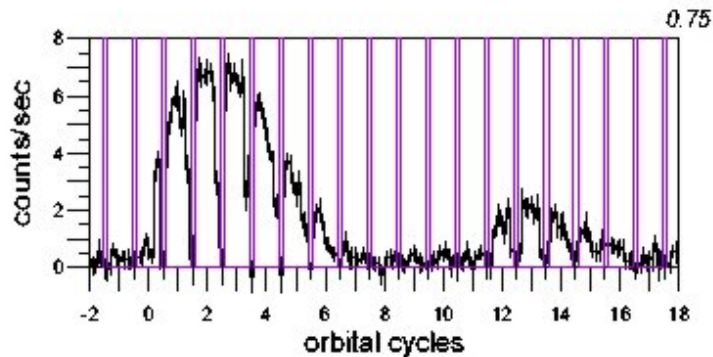
Mission	Zeitraum	Mission	Zeitraum
UHURU	1970 – 1973	Astron	1983 – 1988
OSO-7	1971 – 1973	Tenma	1983 – 1984
Copernicus	1972 – 1981	EXOSAT	1983 – 1986
ANS	1974 – 1976	Ginga	1987 – 1991
Salyut-4	1974 – 1975	Kvant/Mir	1987 – 2001
Ariel-5	1974 – 1980	Granat	1989 – 1998
Apollo-Soyuz	1975 – 1975	ROSAT	1990 – 1999
SAS-3	1975 – 1979	ASCA	1993 – 2001
OSO-8	1975 – 1978	SAX	1996 – 2002
HEAO-1	1977 – 1979	XTE	1996 –
Einstein	1978 – 1981	Chandra	1999 –
Ariel-6	1979 – 1981	XMM	1999 –
Hakucho	1979 – 1984	Integral	2002-

Her X-1 has been observed by both balloons (Truemper et al., first evidence for cyclotron line) and most X-ray missions

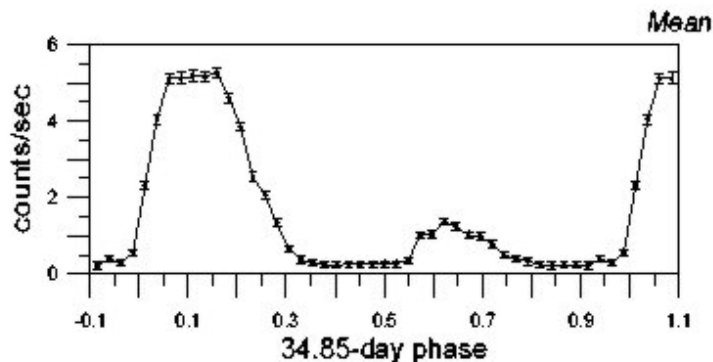
RXTE ASM average light curve



For 0.25 TO



For 0.75 TO



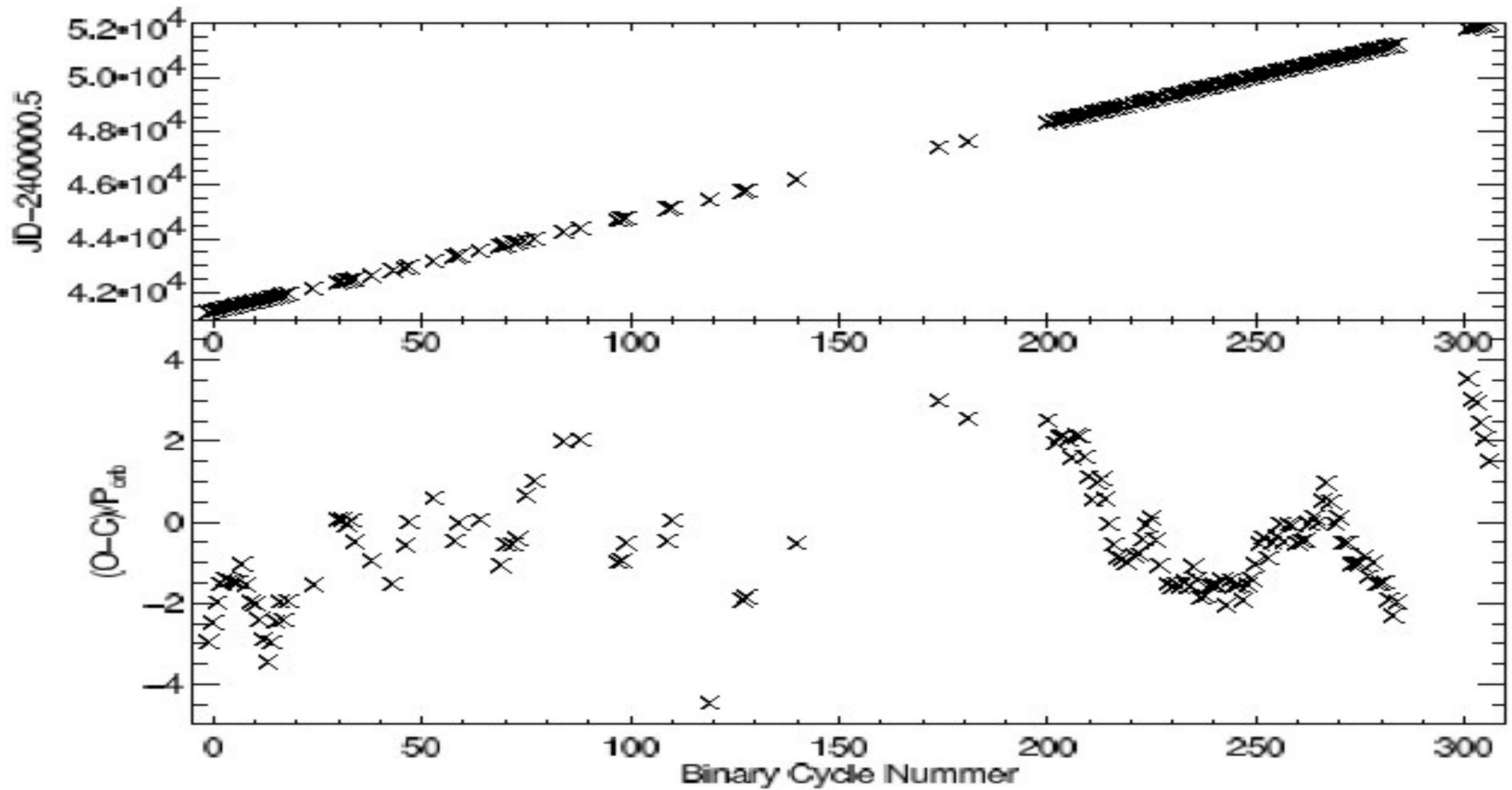
Mean

Main-on

Short-on

From Shakura et al. 1999

35-day cycle stability



(From P.Risse PhD Thesis, IAAT)

Turn-On ephemeris:

$$T_{\text{main-on}} \text{ (JD)} = 2441501.649 + 20.5 P_{\text{orb}} \text{ (#-5)}$$

Average precession period:

$$P_{\text{prec}} = 34.858 \text{ d} = 20.503 P_{\text{orb}}$$

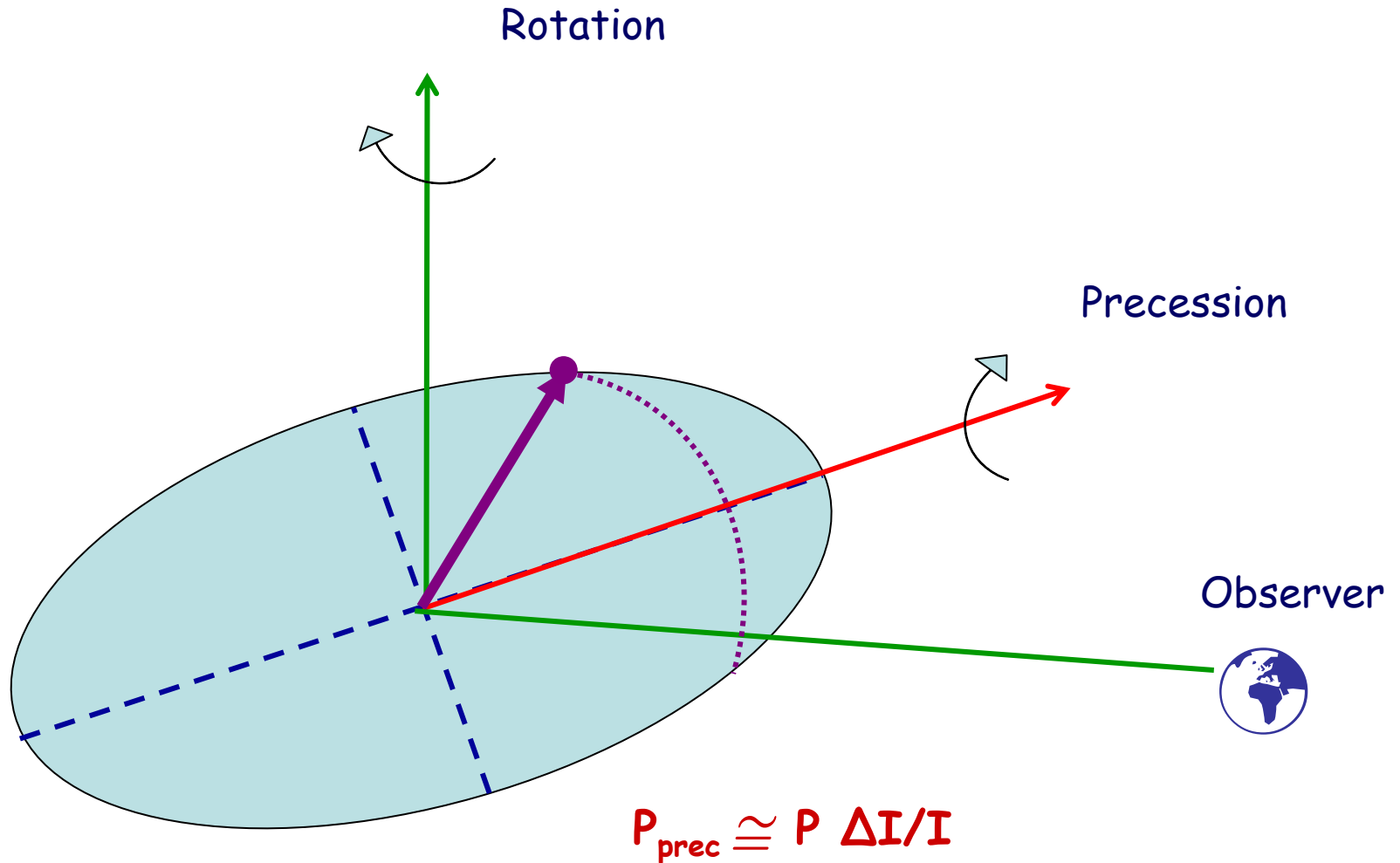
Orbital period:

$$P_{\text{orb}} = 1.70017 \text{ d}$$

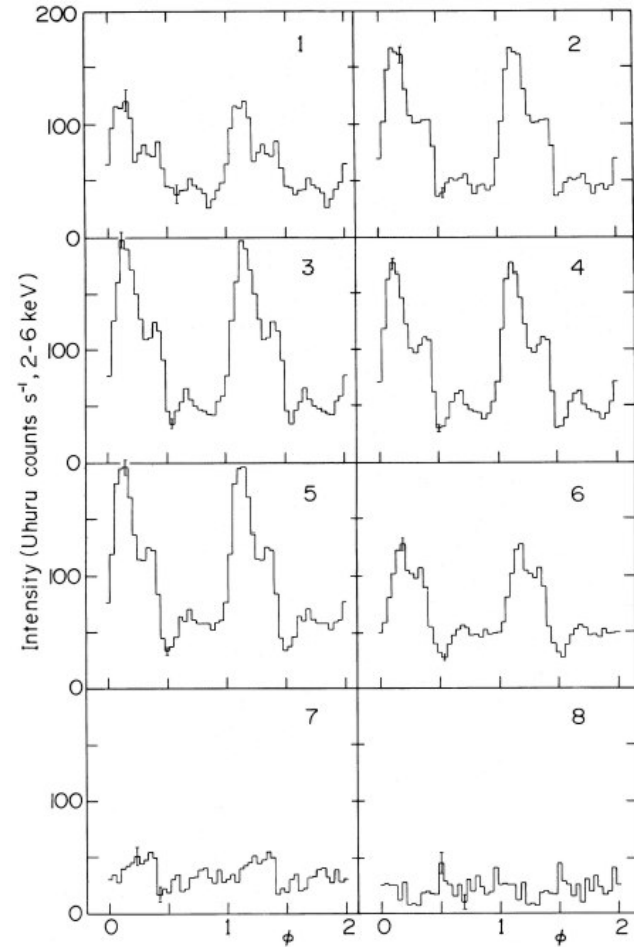
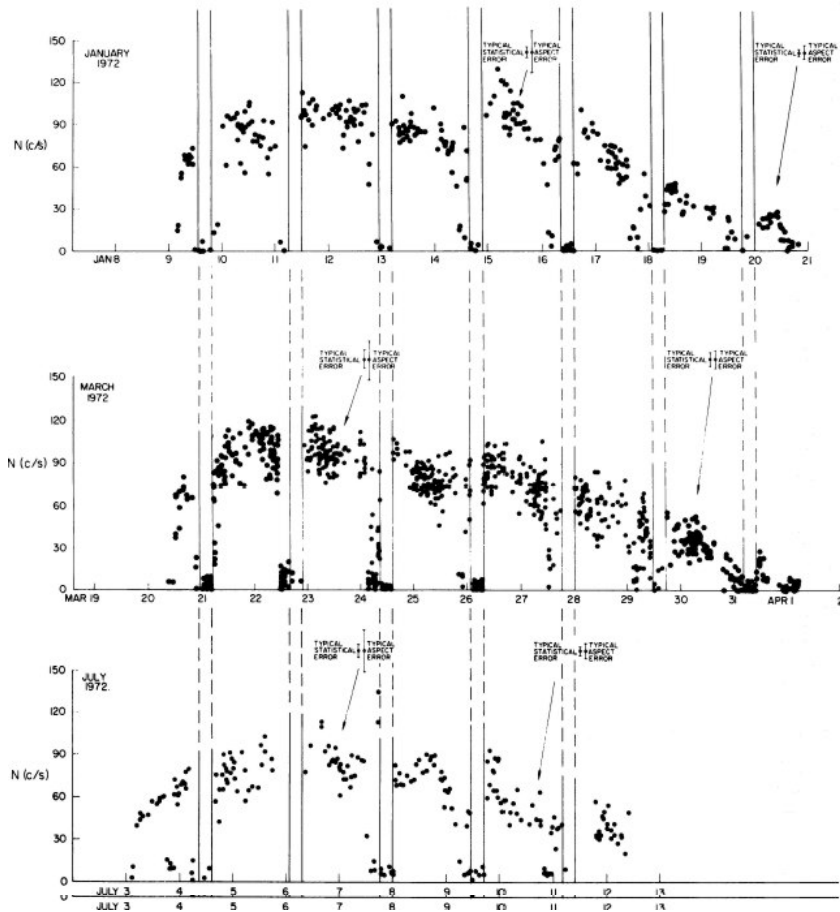
Causes of the 35-day cycle variability

- X-ray turn-ons due to screening by **precessing accretion disc** (Boynton 1978)
- Long-term stability of 35-day period seems astonishing for precessing accretion disc → some clock mechanism should operate
- **Neutron star free precession** as the clock mechanism (Brecher 1972). Evidence for NS free precession was suggested by Truemper et al (1986) from analysis of EXOSAT pulse profiles
- This work: **describe X-ray pulse profile evolution using GINGA and RXTE detailed profiles in the NS free precession model**

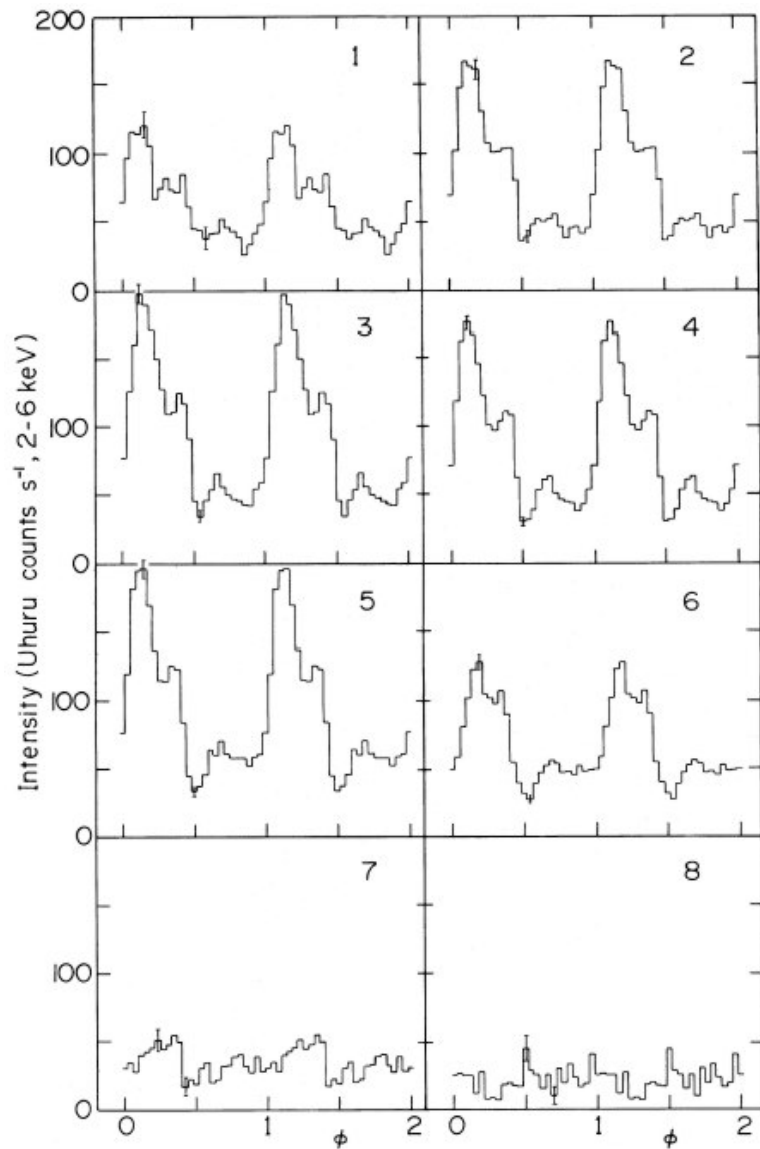
Schematic view of freely precessing NS (two-axial ellipsoid)



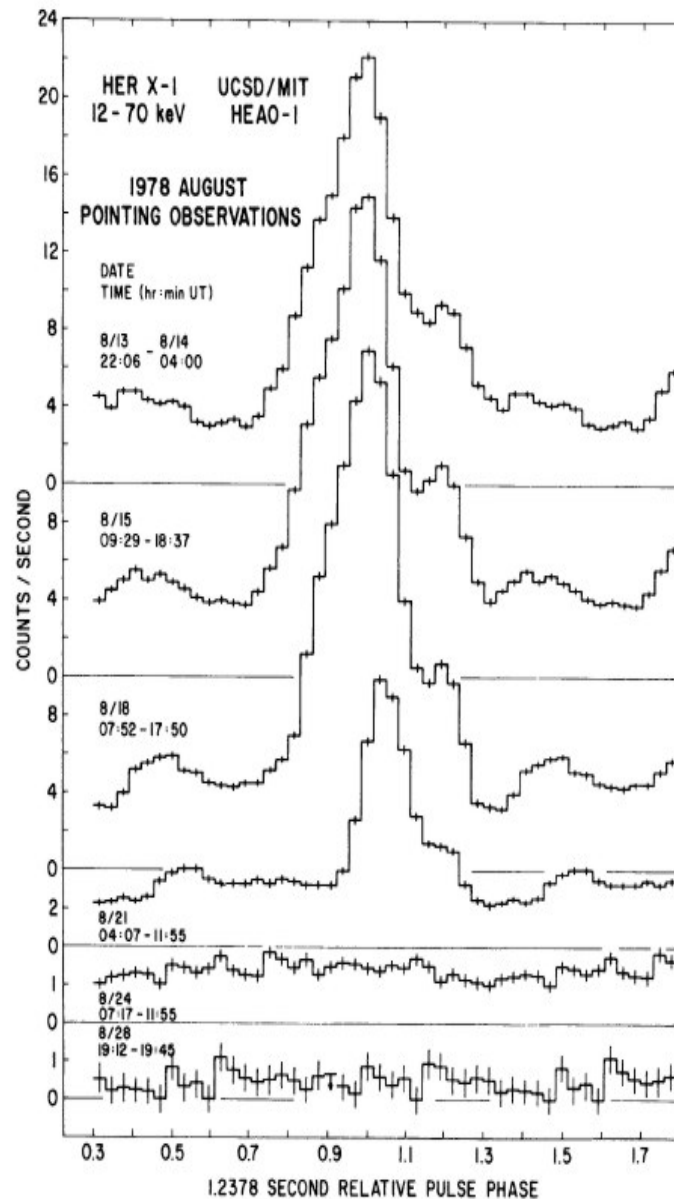
X-ray pulse profile evolution



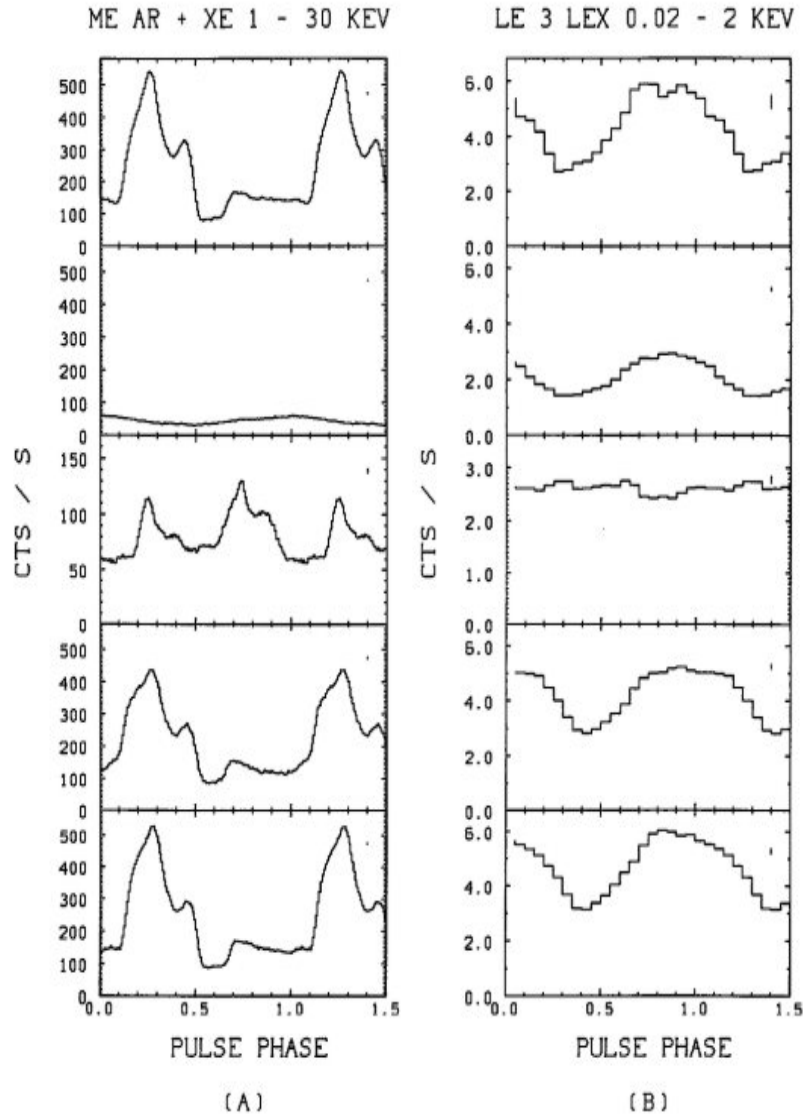
UHURU profiles (Joss et al. 1978)



UHURU Jan 72



HEAO-1 Sep 78 (Soong et al)



EXOSAT 1976 (Truemper et al)

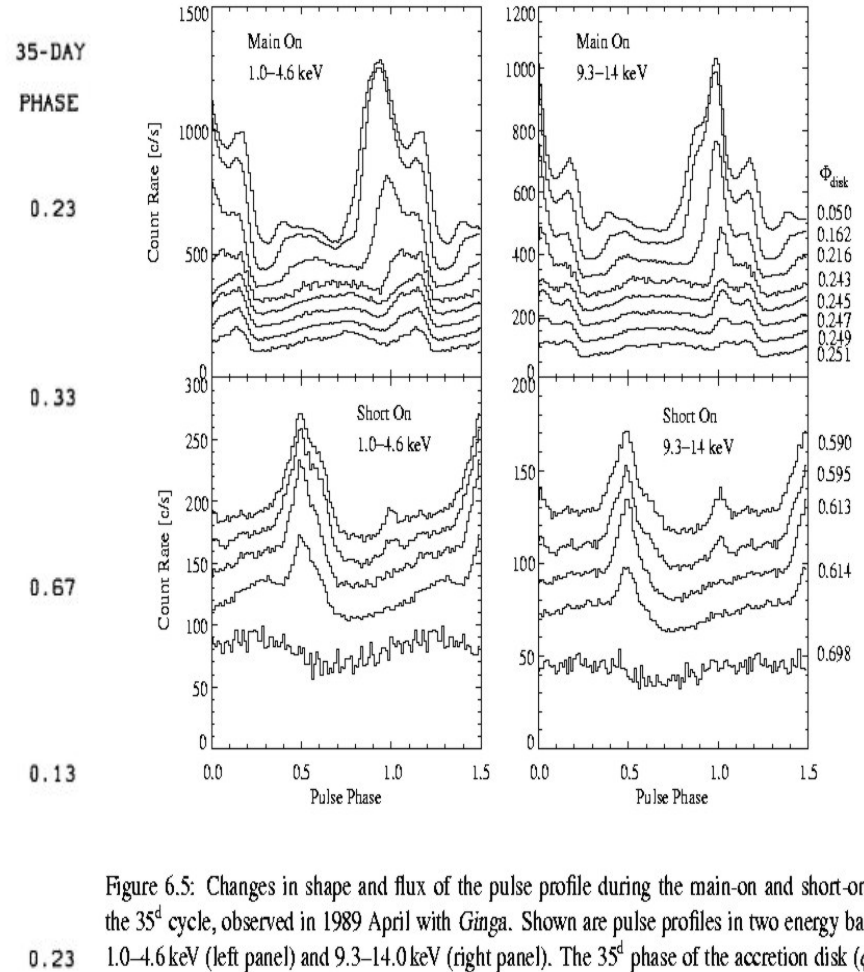
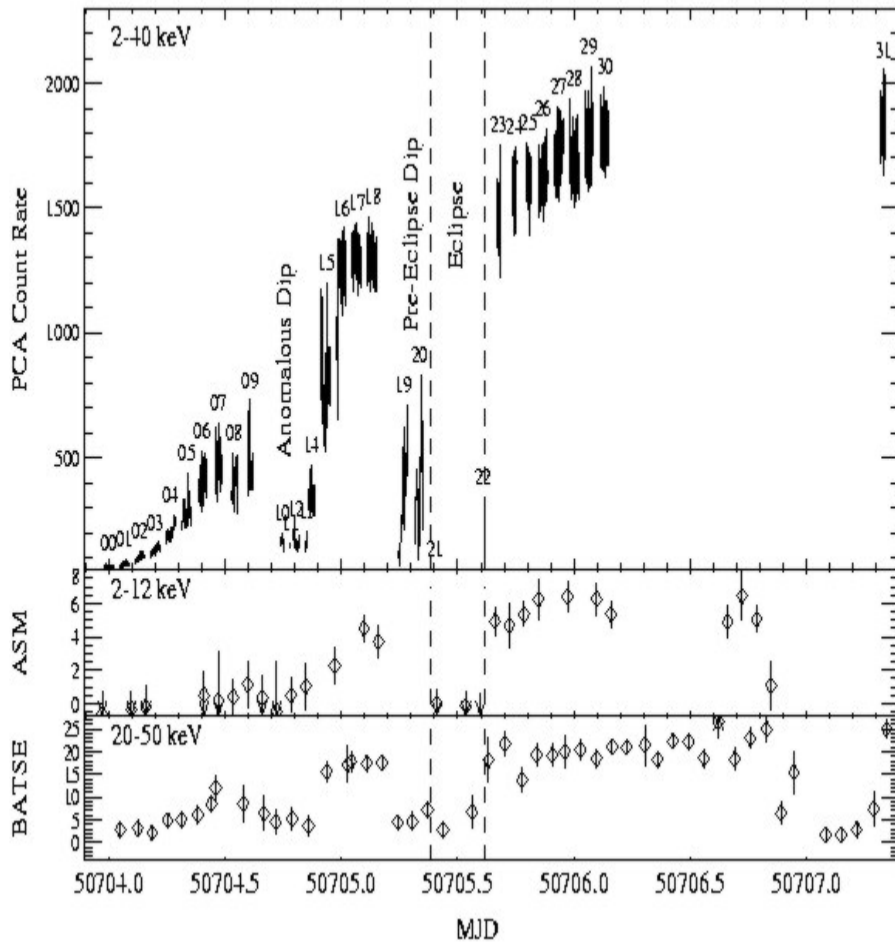


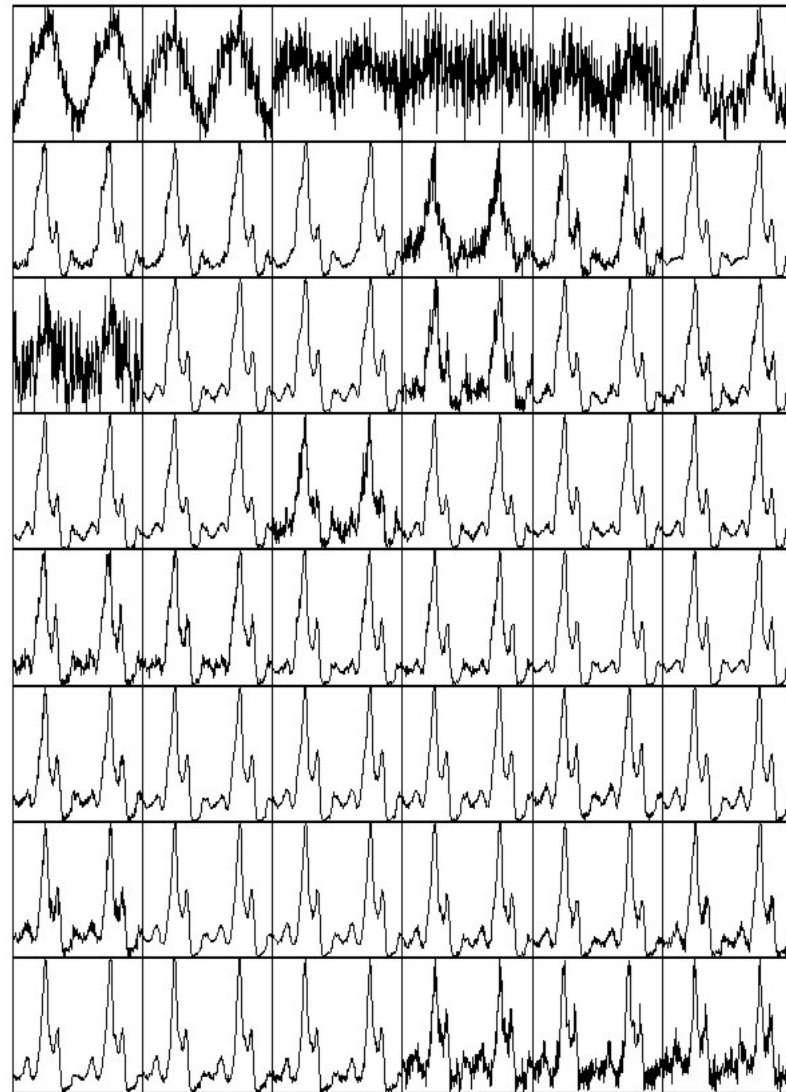
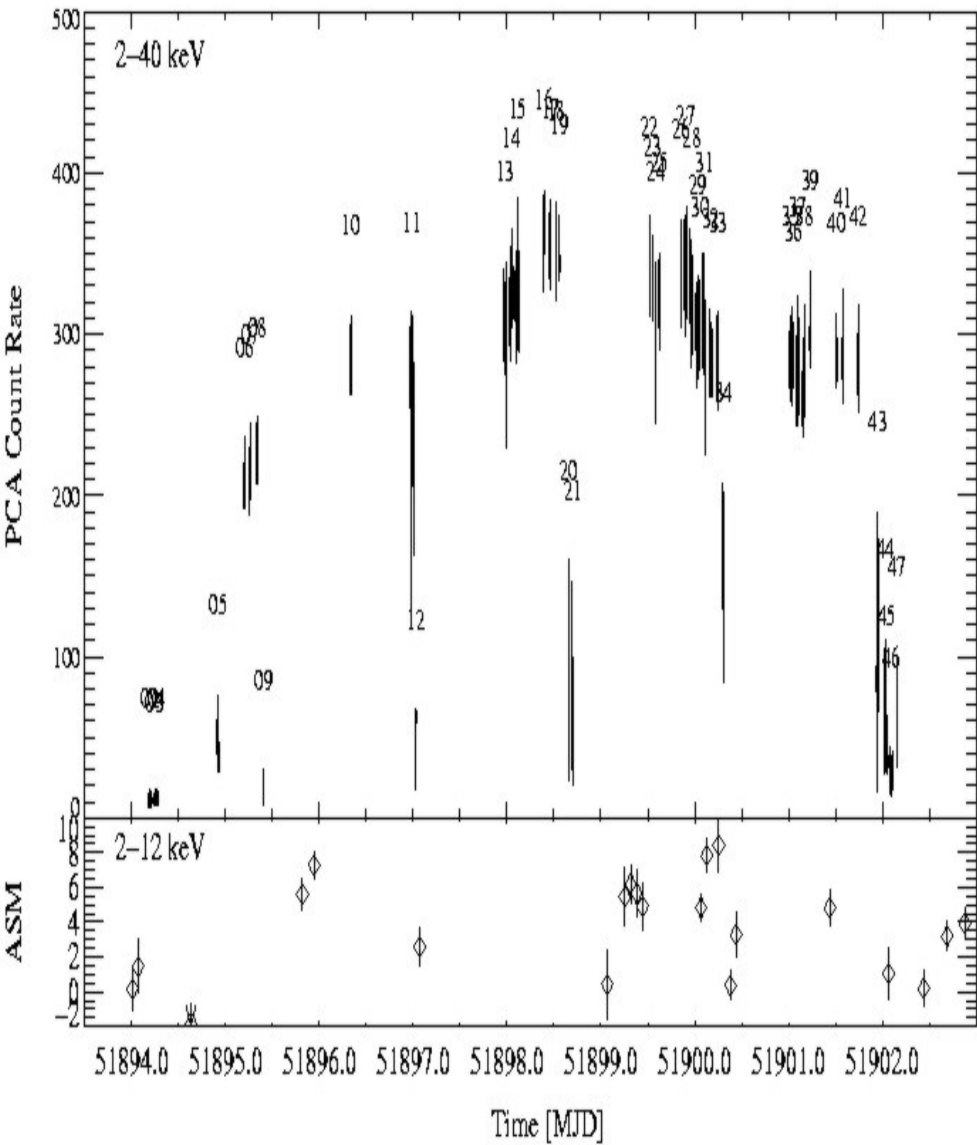
Figure 6.5: Changes in shape and flux of the pulse profile during the main-on and short-on of the 35^d cycle, observed in 1989 April with *Ginga*. Shown are pulse profiles in two energy bands 1.0–4.6 keV (left panel) and 9.3–14.0 keV (right panel). The 35^d phase of the accretion disk (ϕ_{35}) is indicated for each pulse profile on the right side for both, the right and left panel (after Fig. 6 of Scott et al., 2000).

GINGA 1989 (Scott & Leahy)



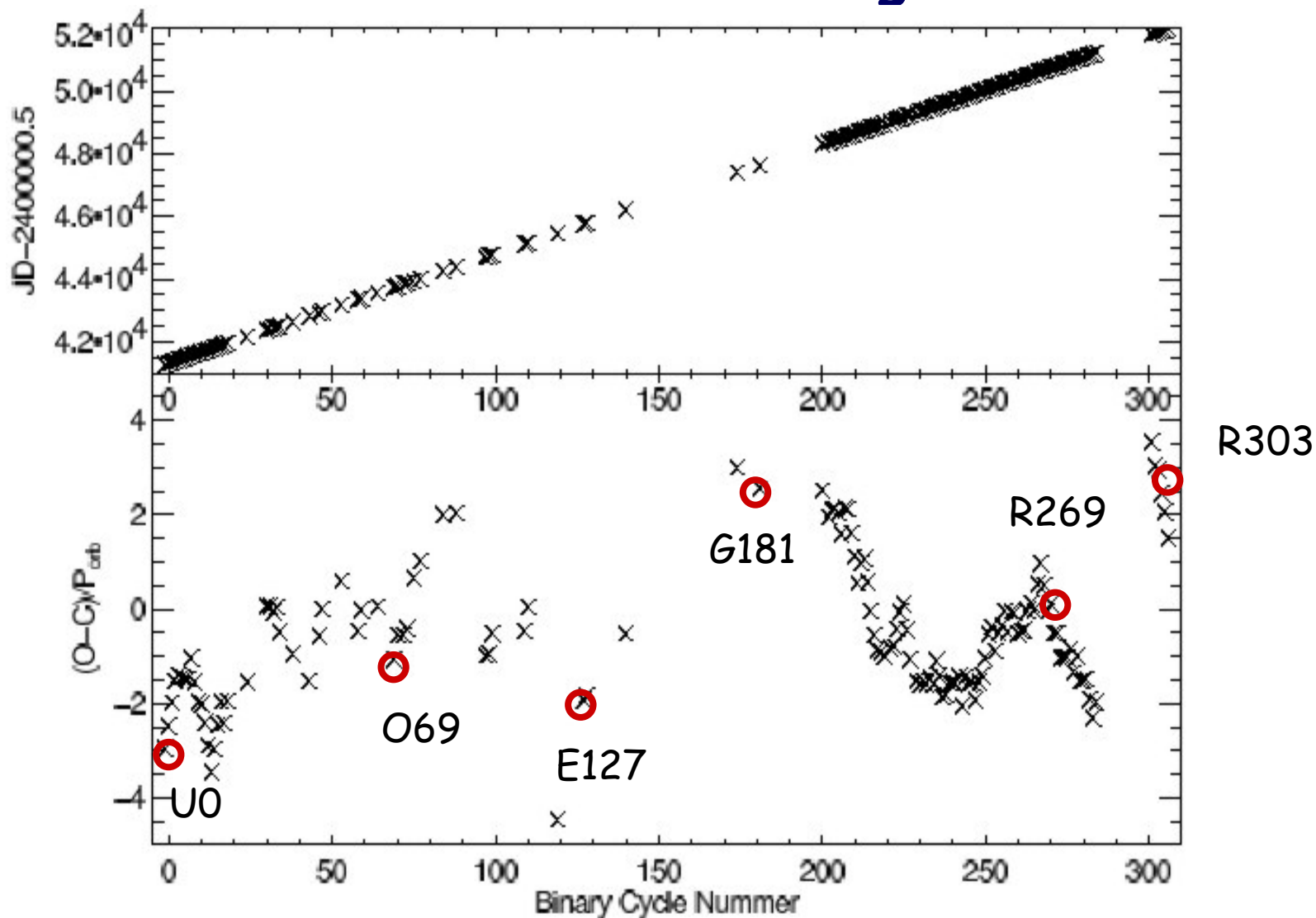
RXTE 1997 (turn-on of #269) Kuster et al.

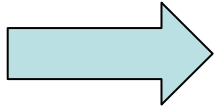
9-14 keV



RXTE #303 10.59-15.42 keV (Staubert et al.)

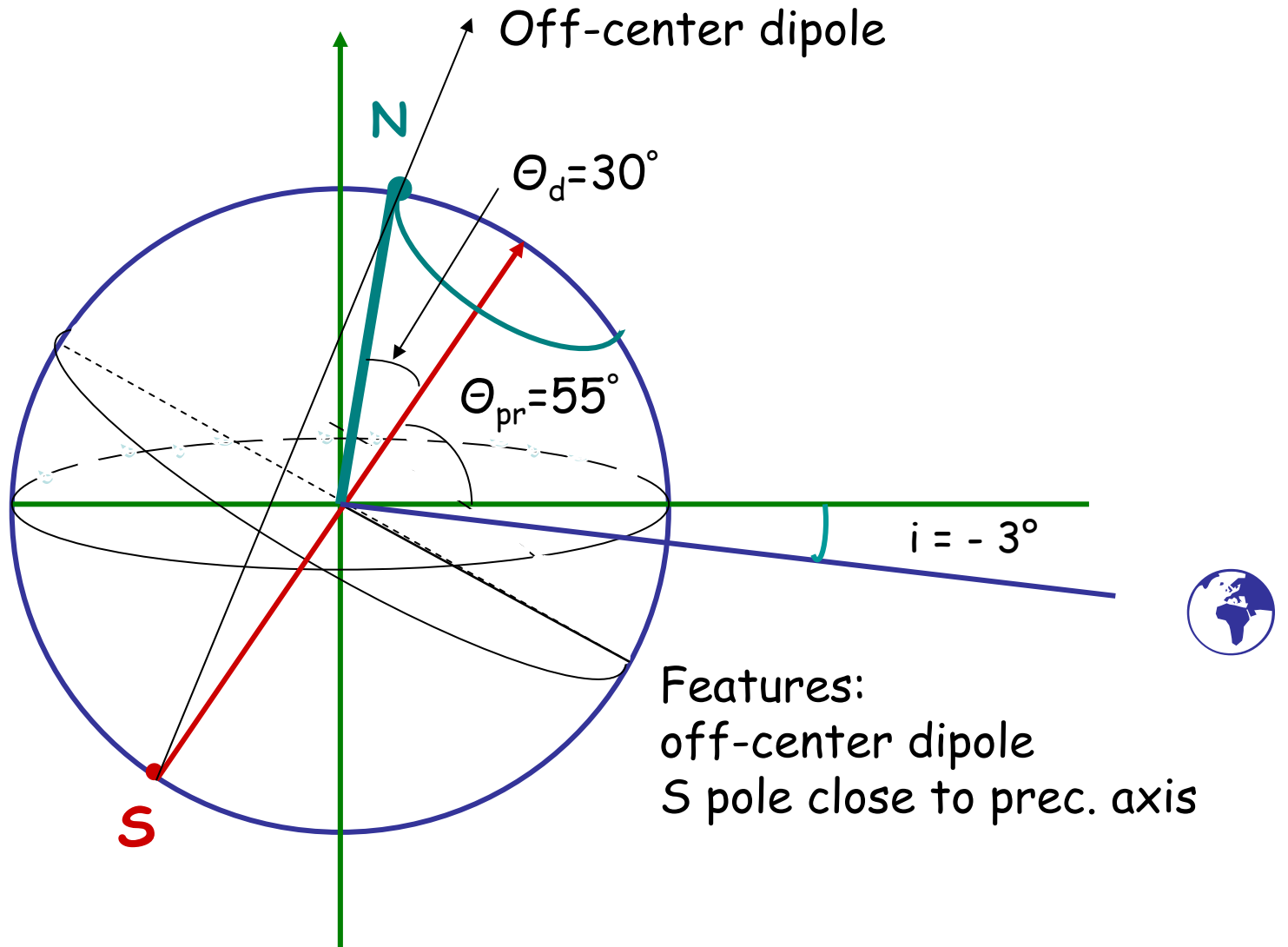
Pulse profile evolution correlates with turn-on location on the O-C diagram





If NS free precession underlies
the 35-day cycle
pulse profile shape is determined
by the NS precession phase at
the turn-on

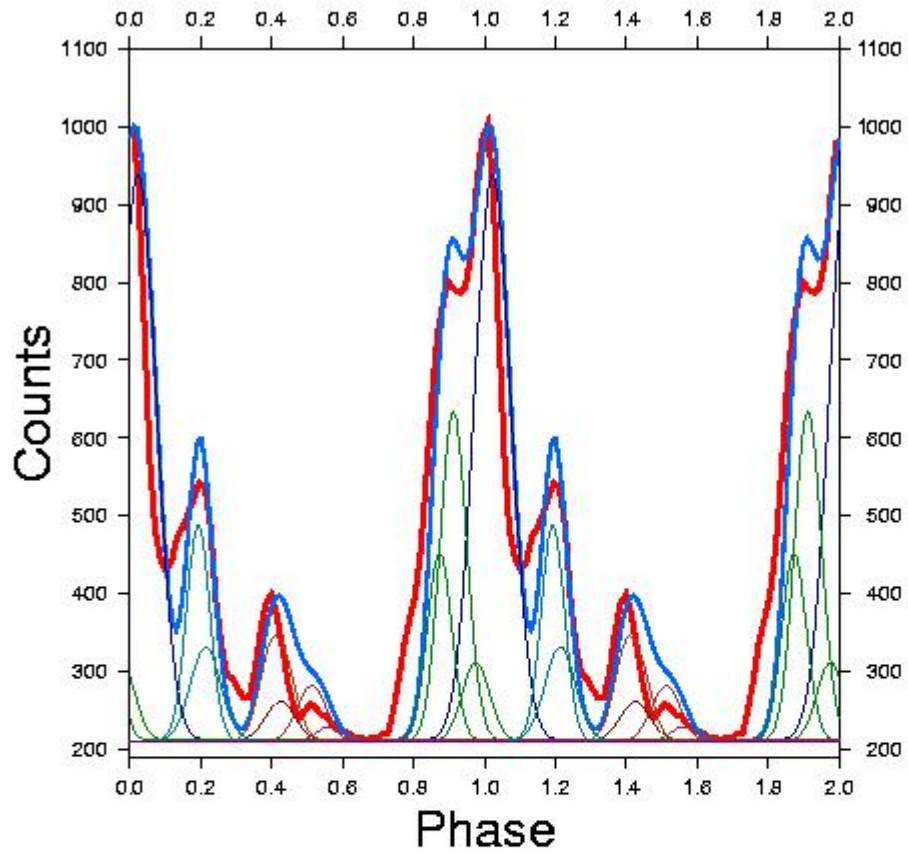
Model parameters: geometry



Model parameters: emitting regions

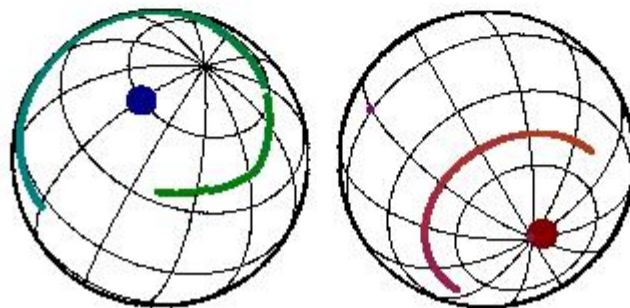
- Two magnetic poles (N and S) of an **off-center dipole** surrounded by arc-like regions
- **Narrow pencil-beam emission diagram** (half-width $\Delta\theta \sim 13\text{-}15$ deg)
- No fan-like emission, so no need for relativistic treatment of light propagation (like in Scott & Leahy model)

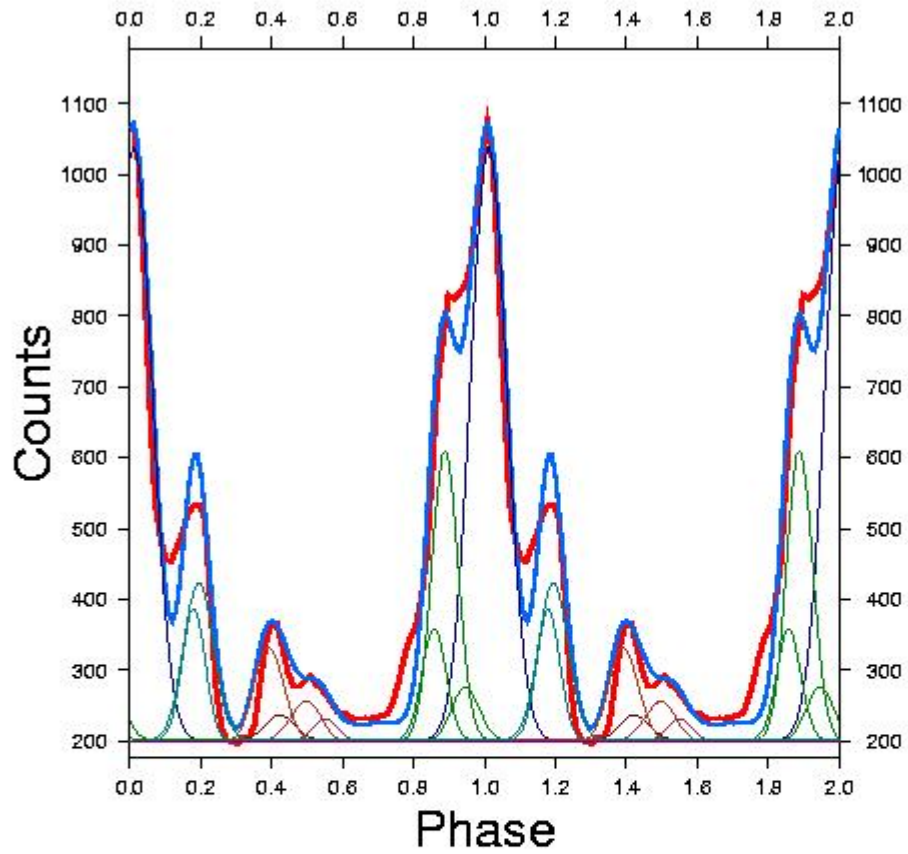
**Applying the model to GINGA (#181)
and RXTE (#269) pulse profiles:**



$$\Phi_{35} = 0.05$$

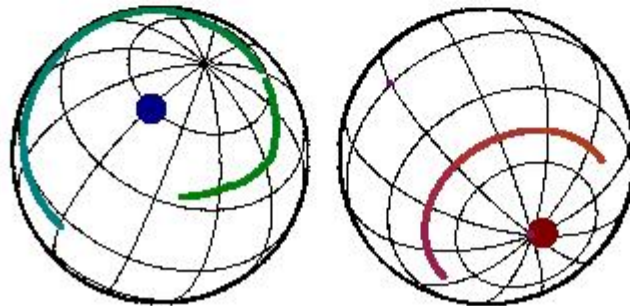
$$\psi_{NS} = -248$$

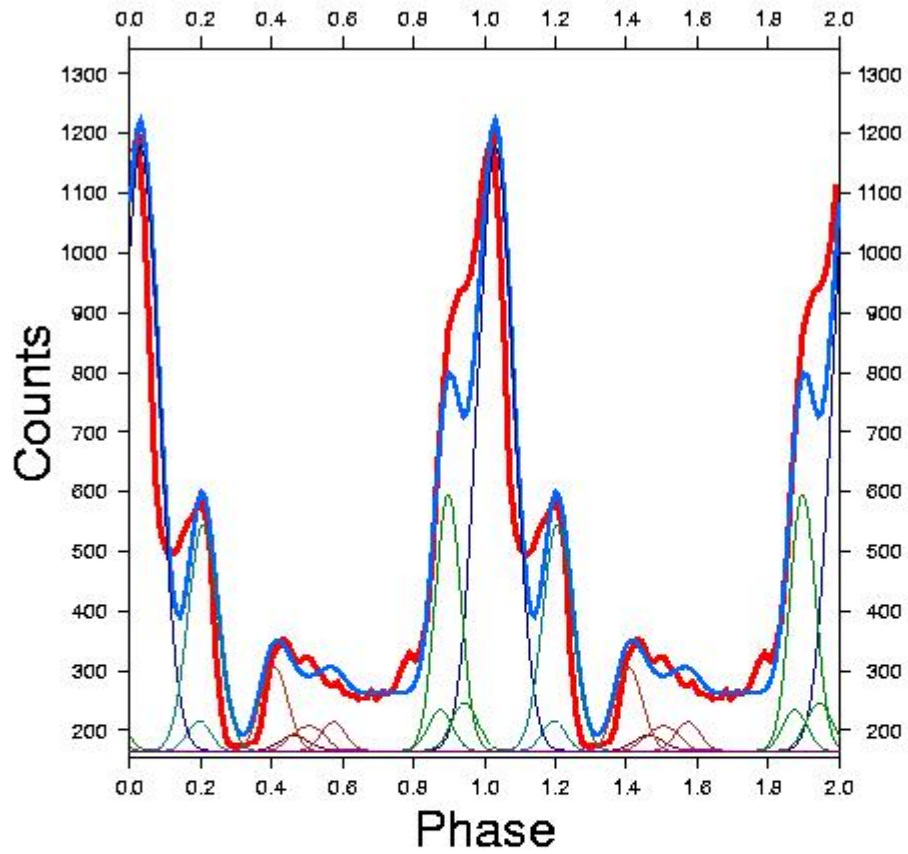




$$\Phi_{35} = 0.084$$

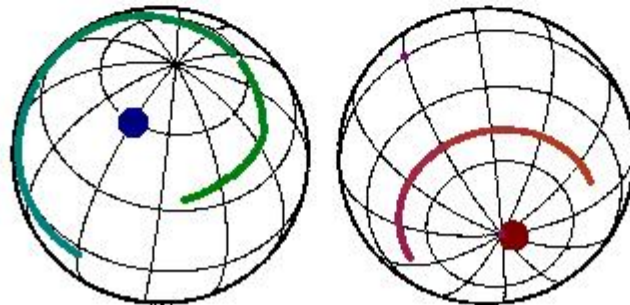
$$\psi_{NS} = -236$$

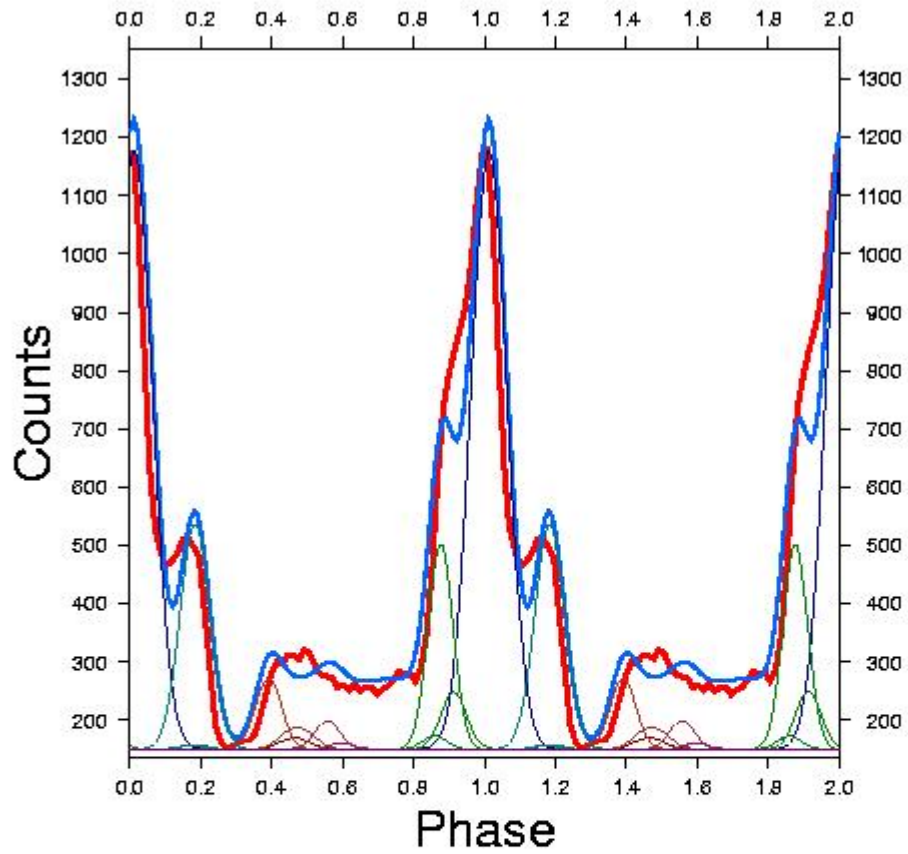




$$\Phi_{35} = 0.134$$

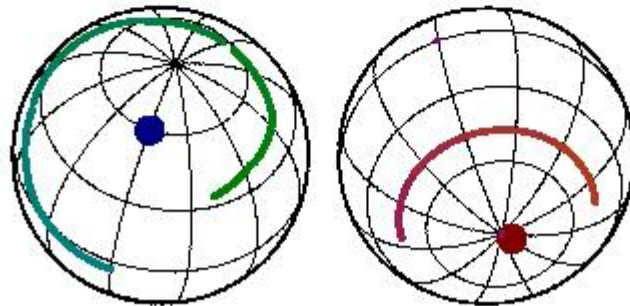
$$\psi_{NS} = -218$$

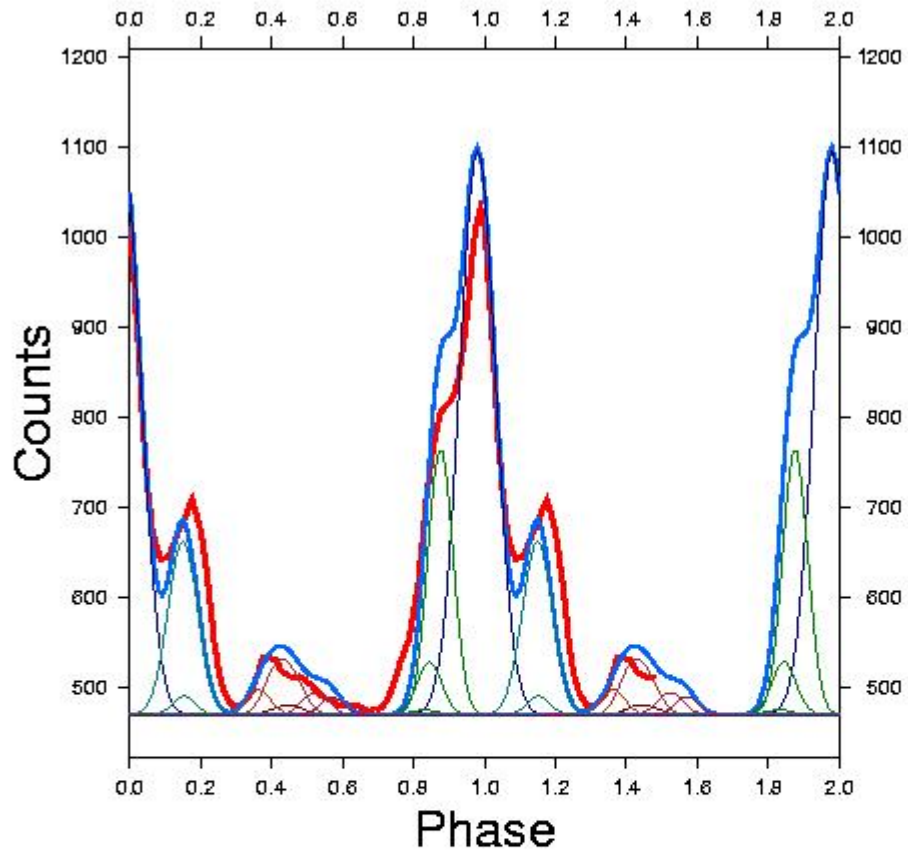




$$\Phi_{35} = 0.175$$

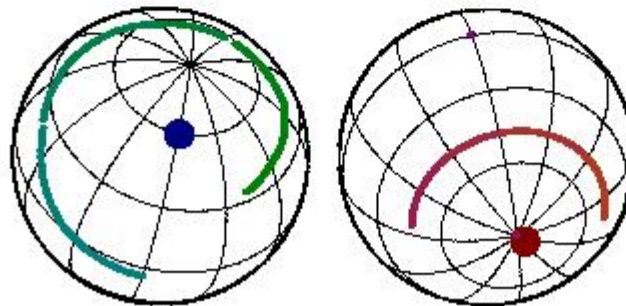
$$\psi_{NS} = -204$$

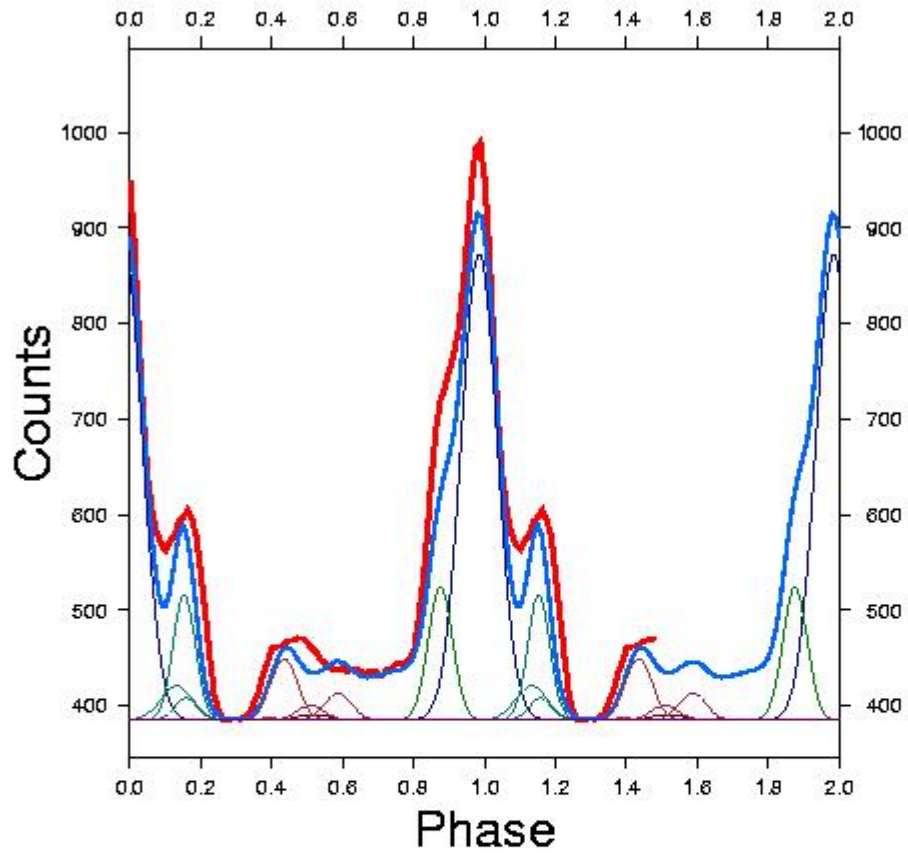




$$\Phi_{35} = 0.05(G)$$

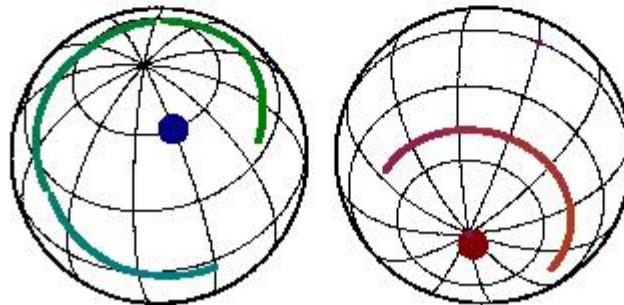
$$\psi_{NS} = -194$$

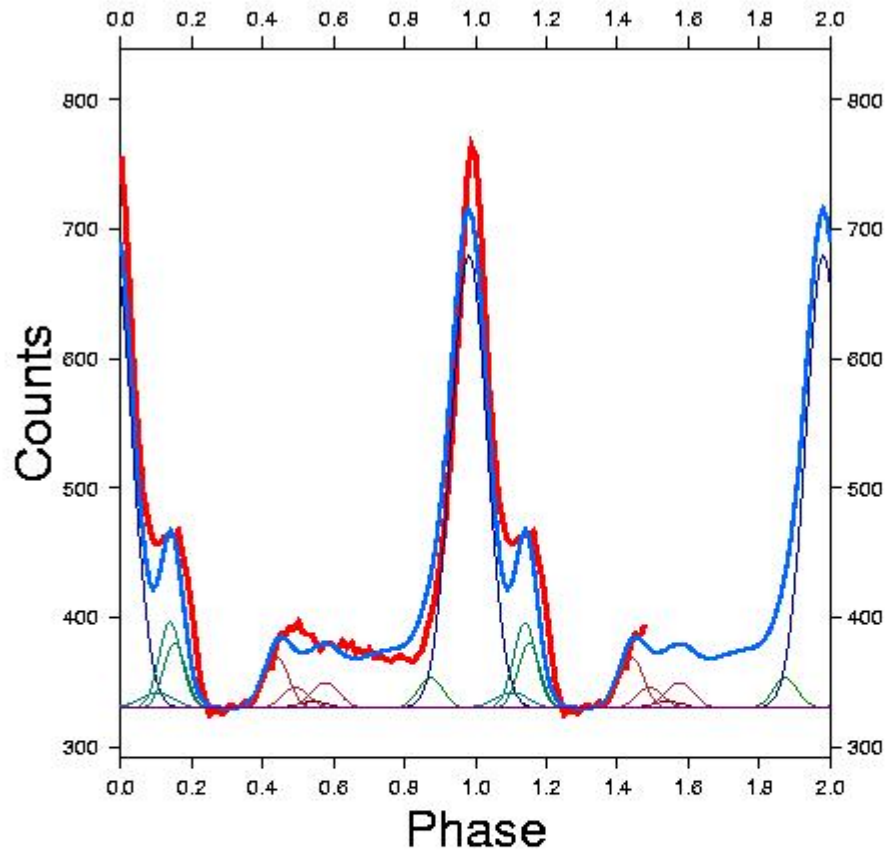




$$\Phi_{35} = 0.162(G)$$

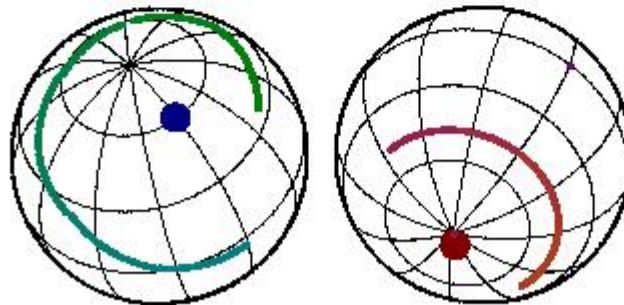
$$\varphi_{NS} = -154$$

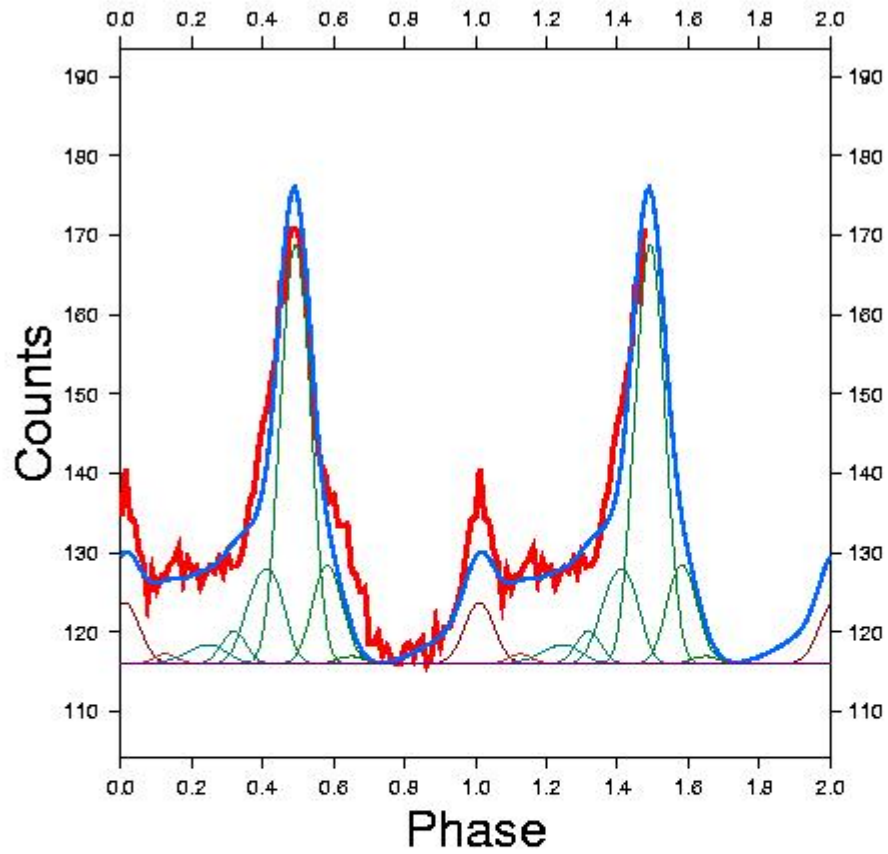




$$\Phi_{35} = 0.216(G)$$

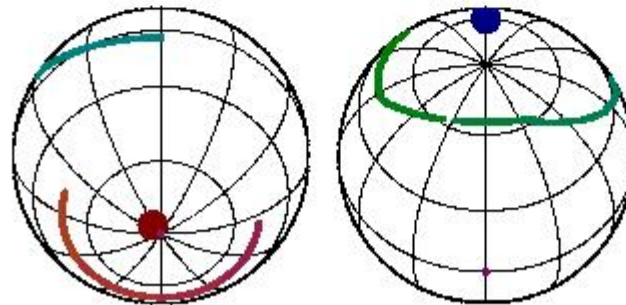
$$\varphi_{NS} = -135$$

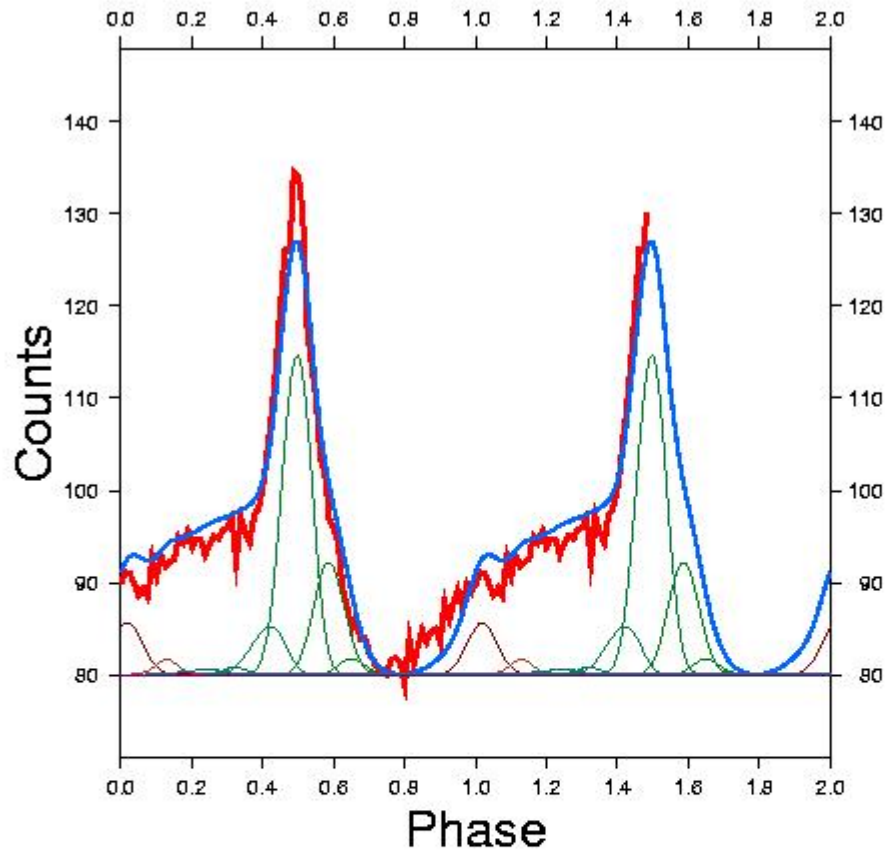




$$\Phi_{35} = 0.59(G)$$

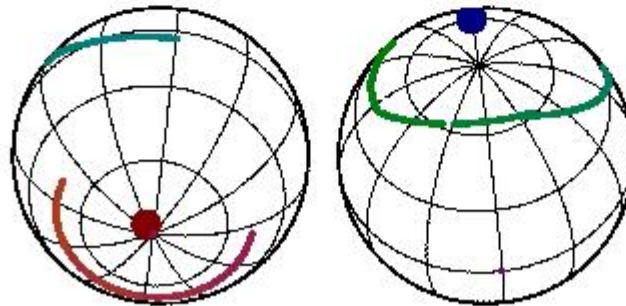
$$\psi_{NS} = 0$$

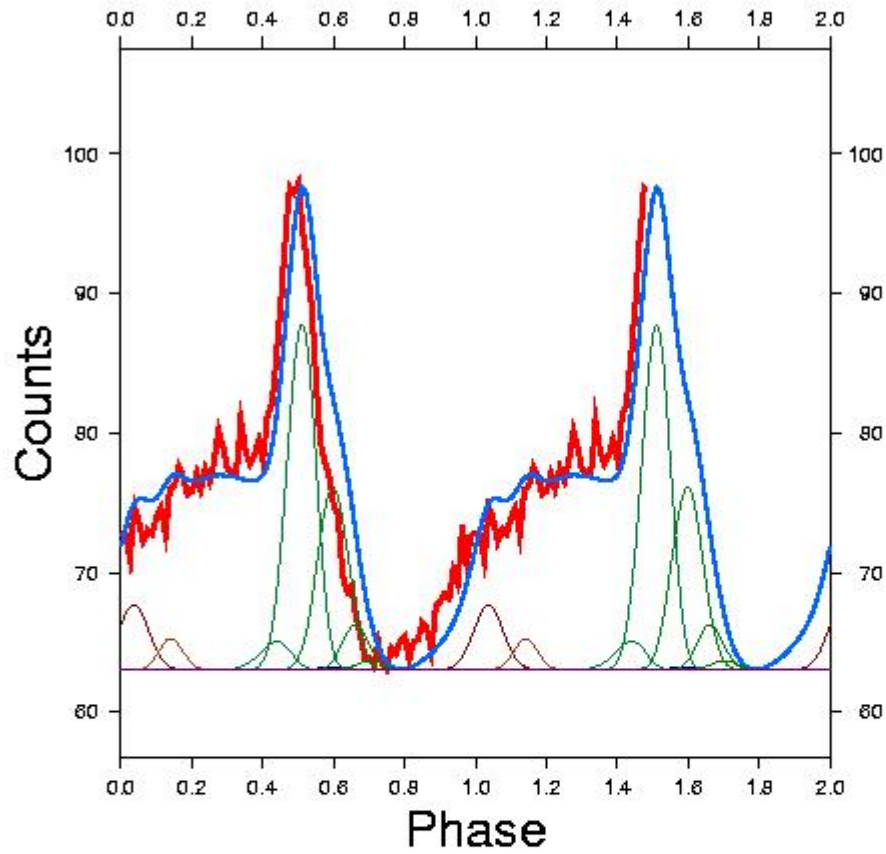




$$\Phi_{35} = 0.613(G)$$

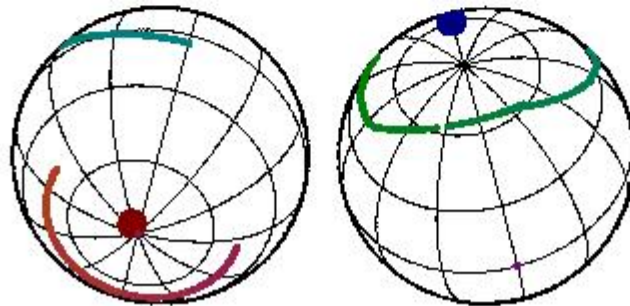
$$\psi_{NS} = 8$$



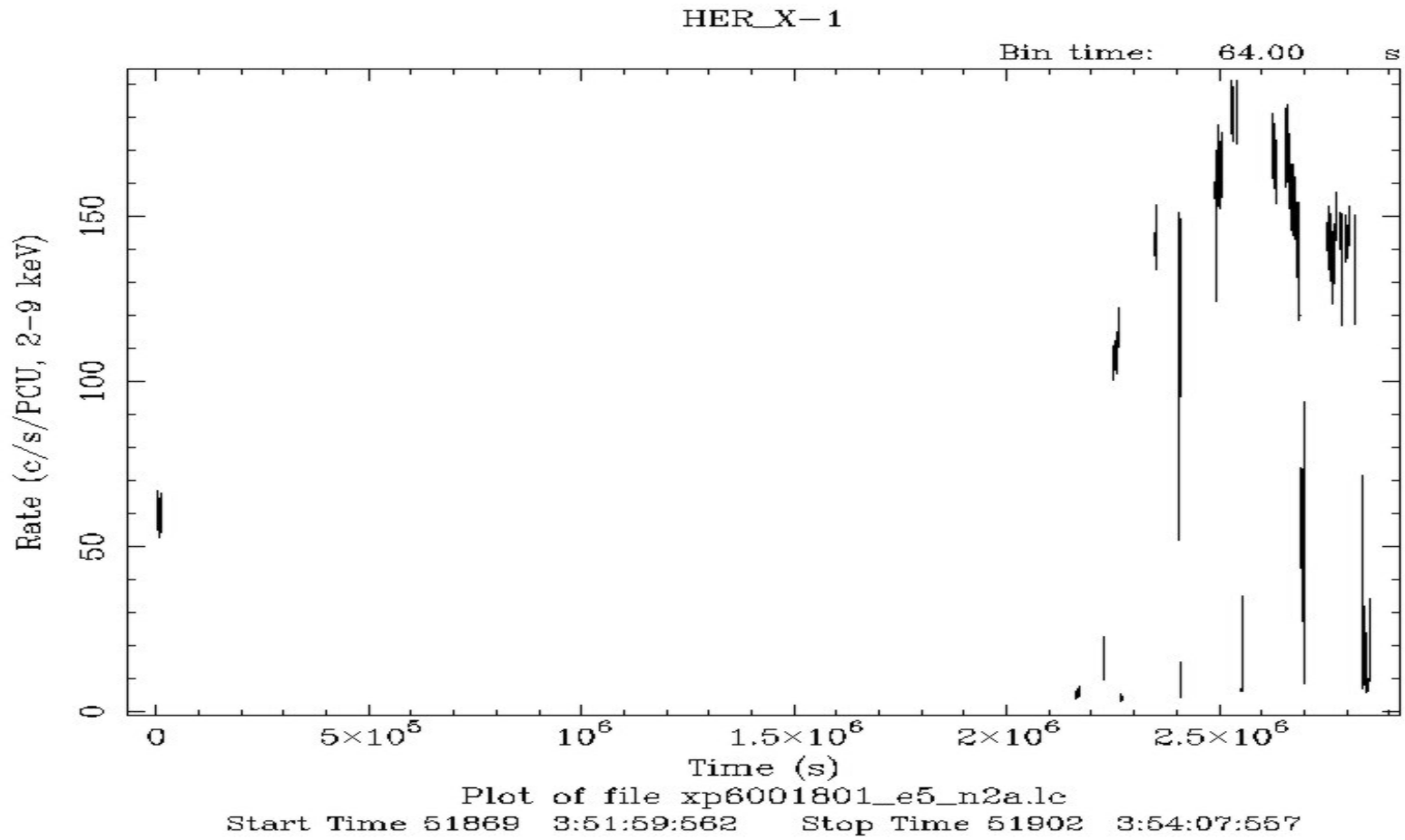


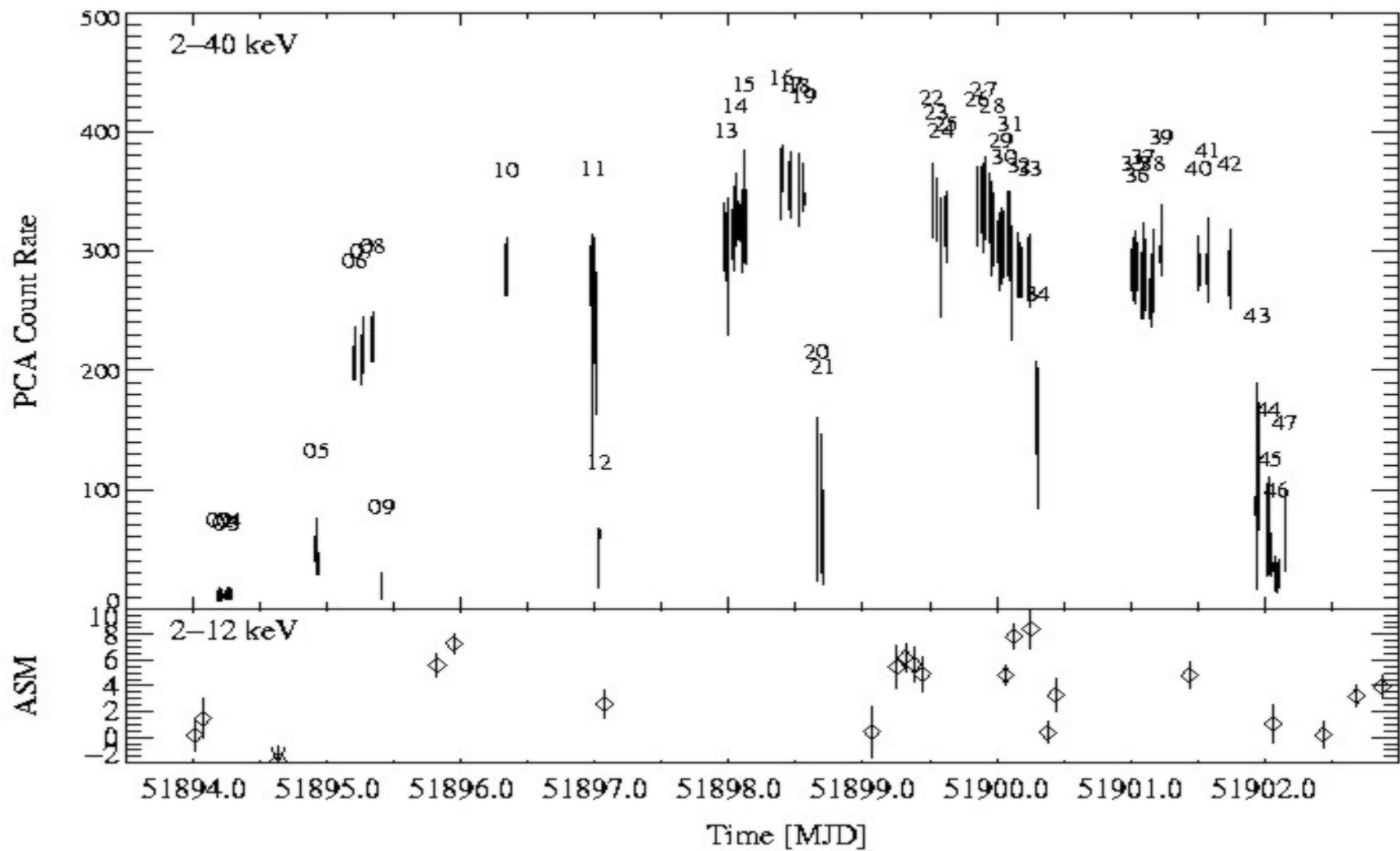
$$\Phi_{35} = 0.641(G)$$

$$\psi_{NS} = 18$$



Cycle #303 (RXTE xp60018)

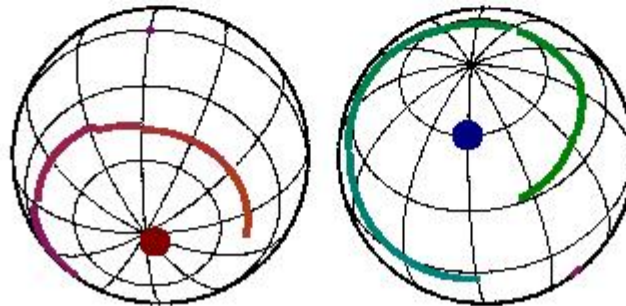
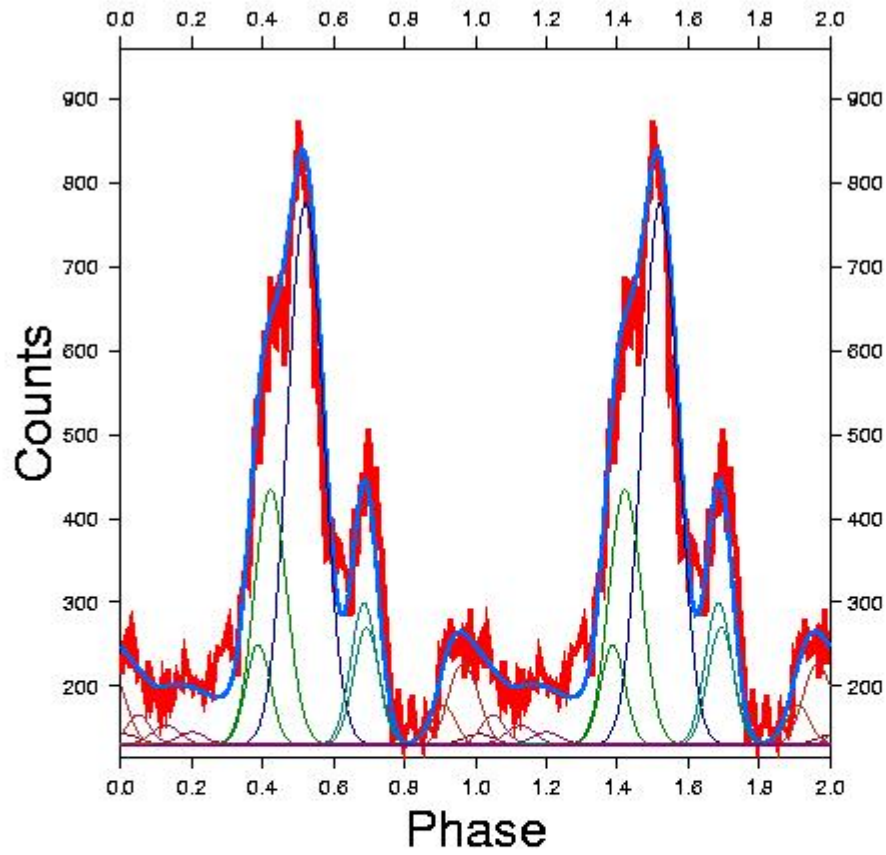




Now apply the model to RXTE #303 using the NS free precession phase (~ -180) according to turn-on #303 on O-C plot (similar to GINGA #181):

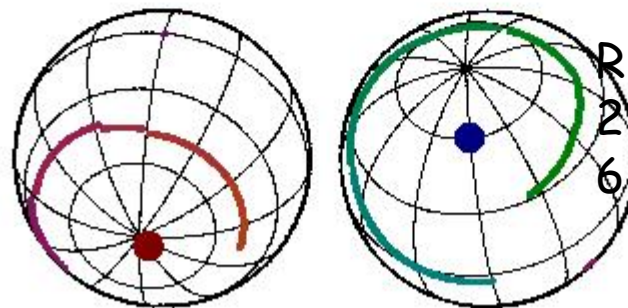
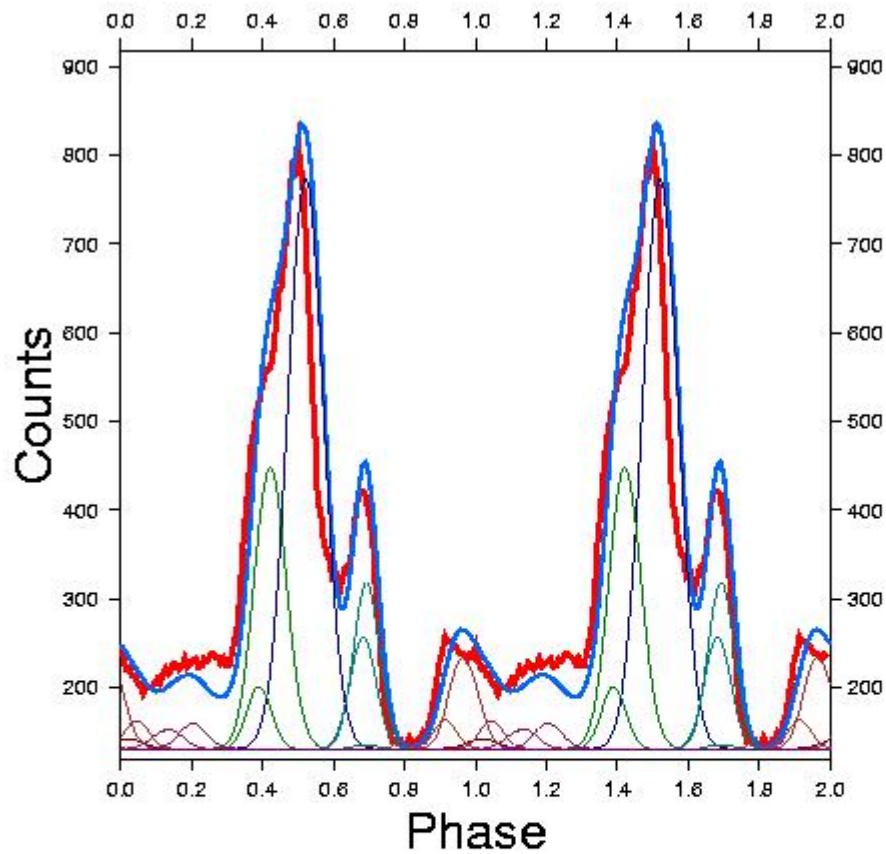
10

$$\varphi_{NS} = -181$$



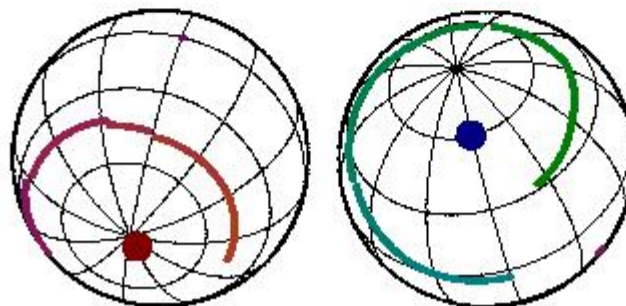
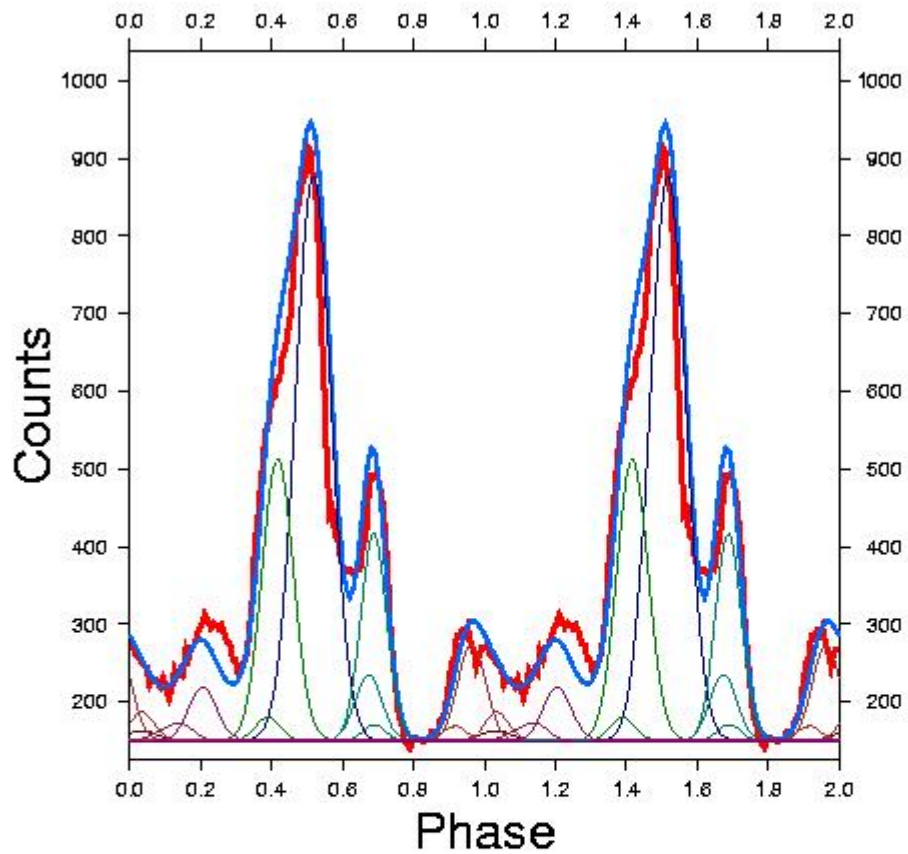
11

$$\varphi_{NS} = -174$$

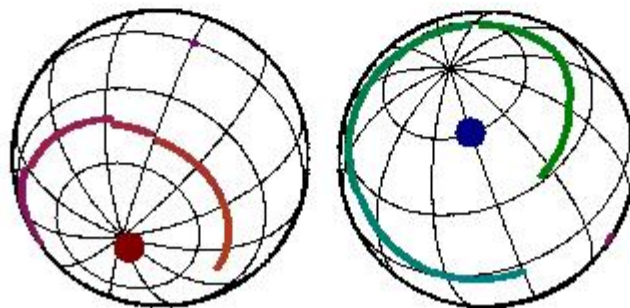
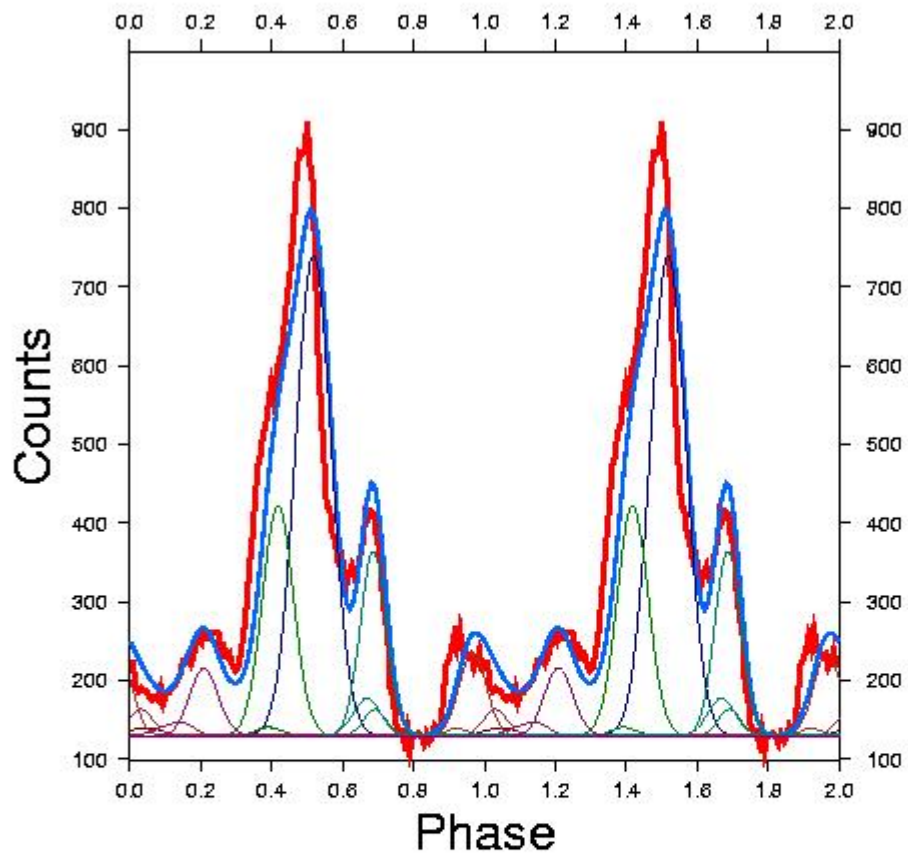


13

$\varphi_{NS} = -163$

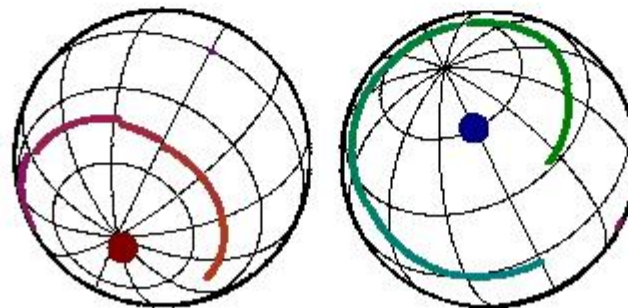
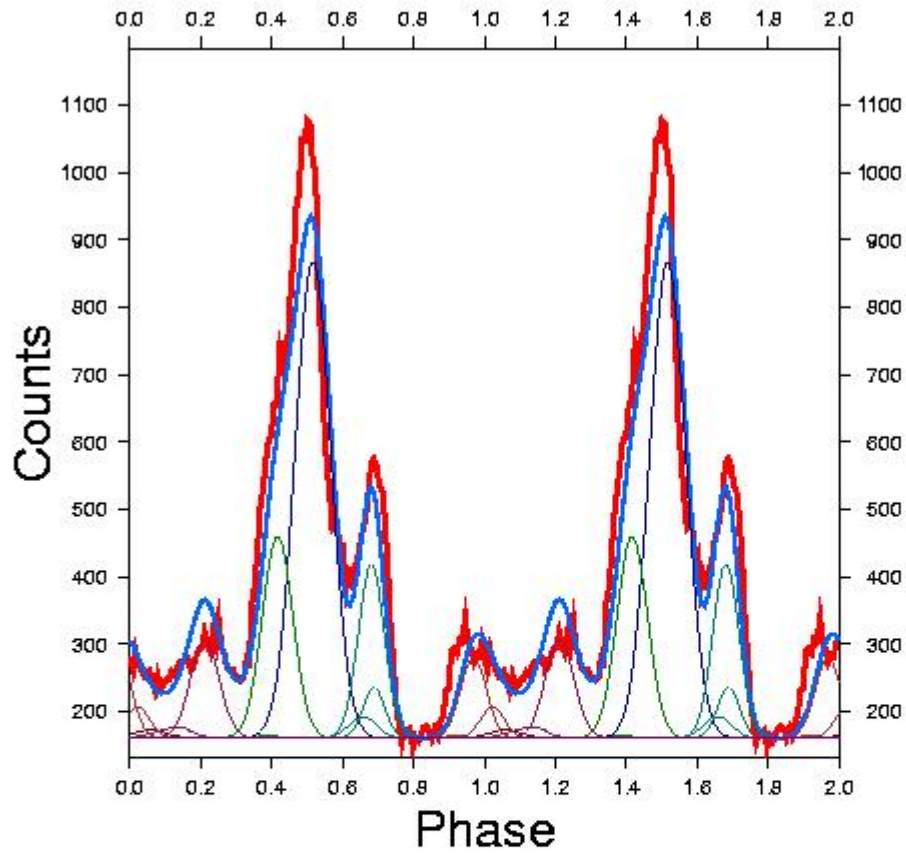


$$\varphi_{NS} = -156$$

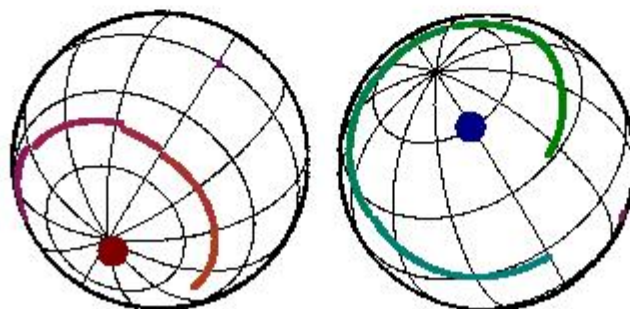
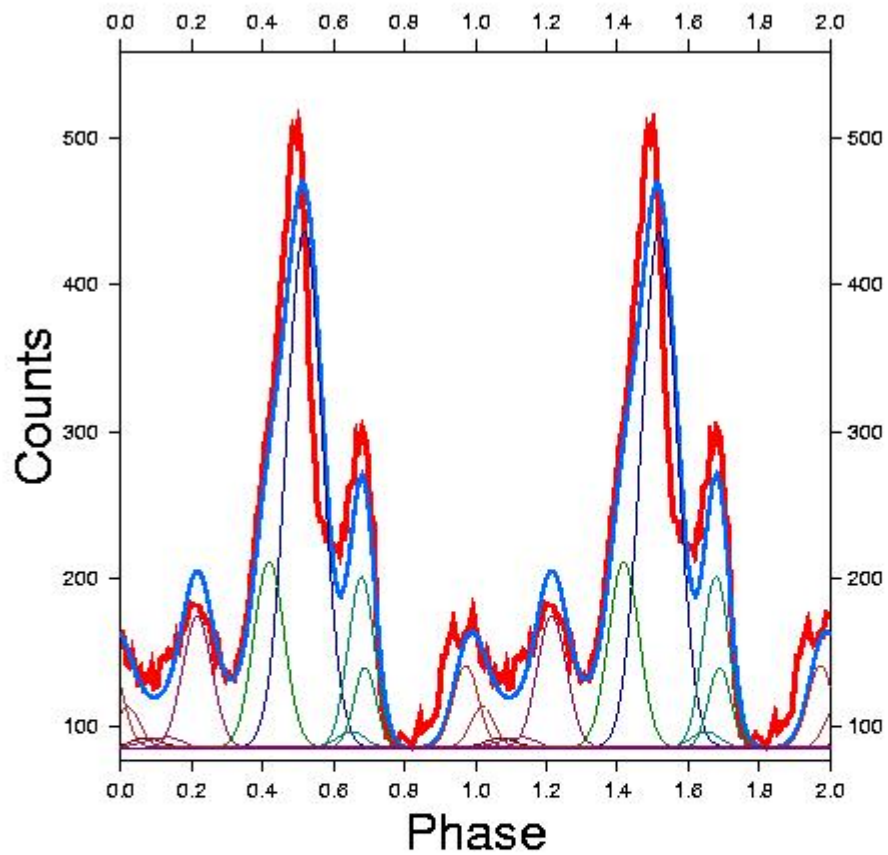


22

$$\varphi_{NS} = -147$$

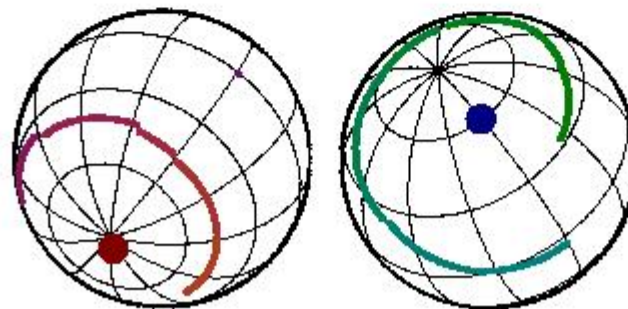
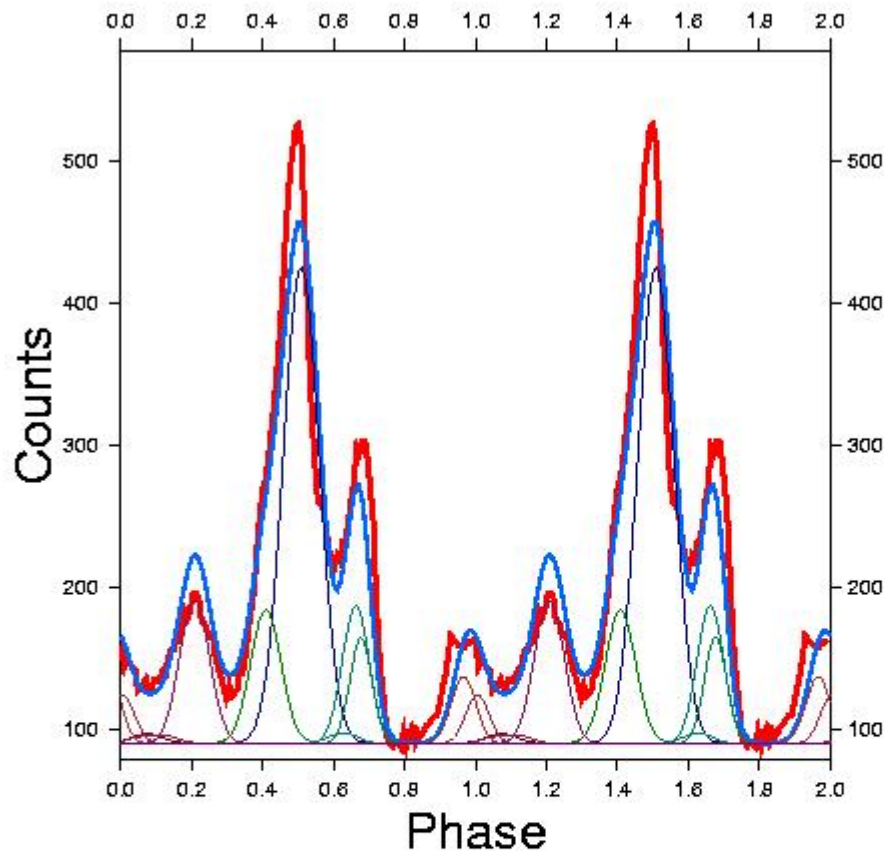


$$\varphi_{NS} = -140$$



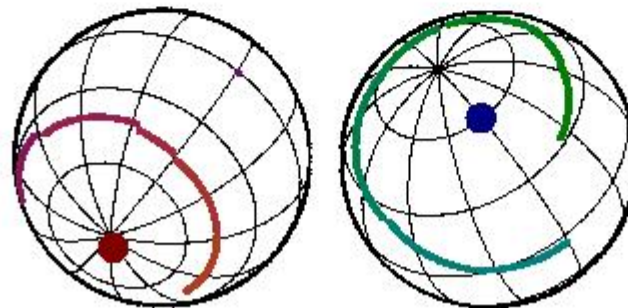
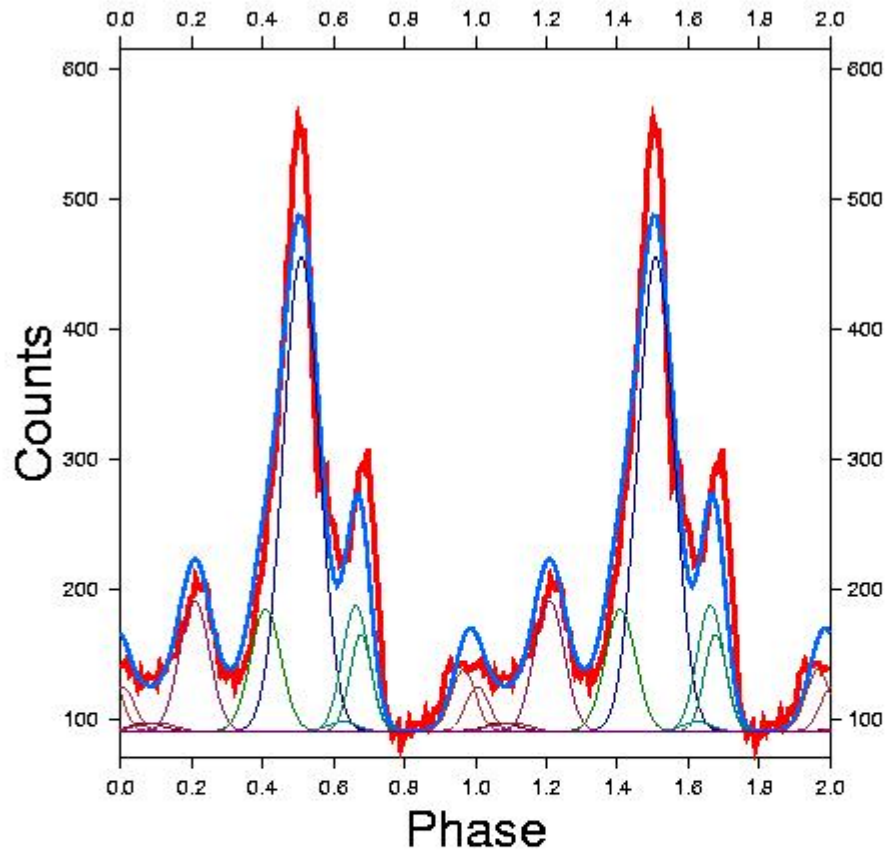
35

$\varphi_{NS} = -132$

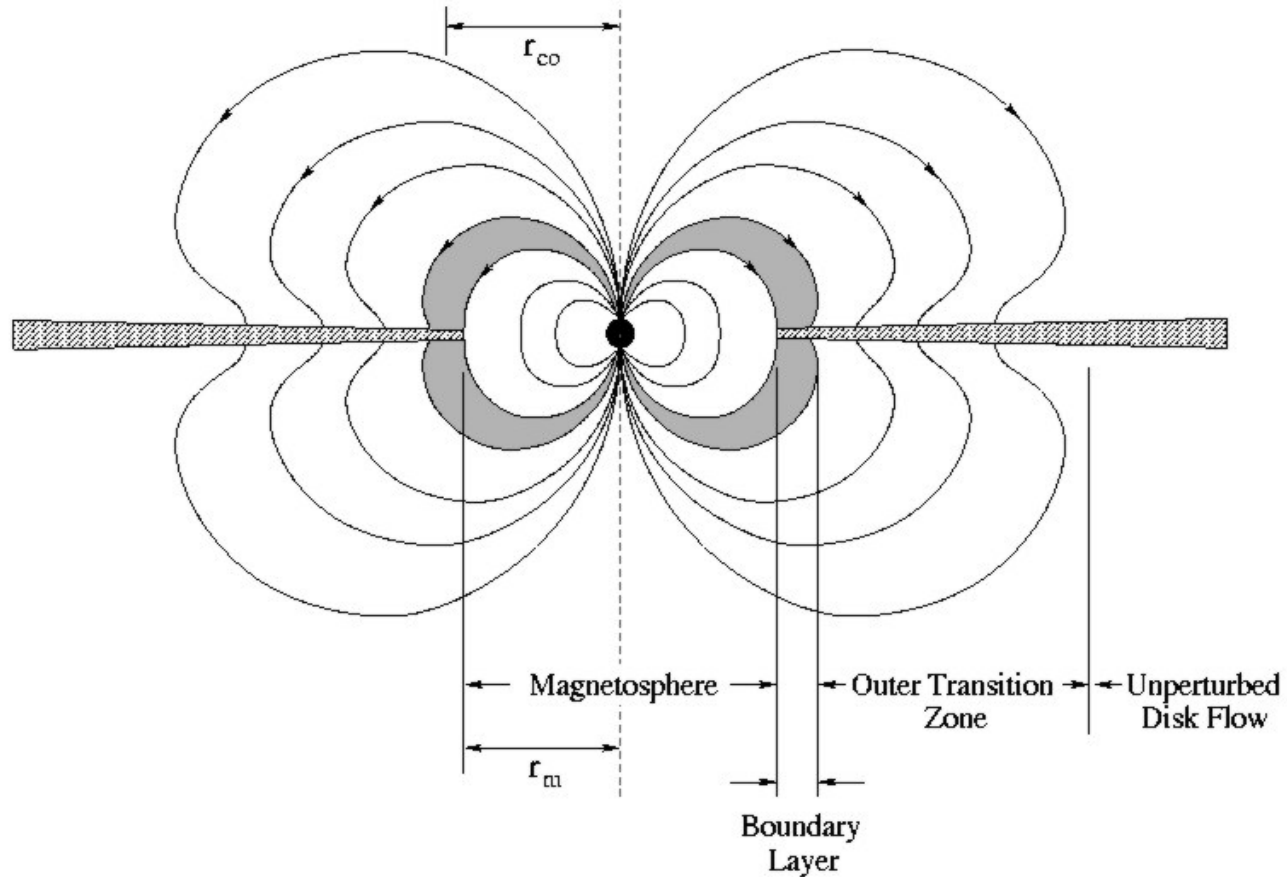


42

$\varphi_{NS} = -124$



Why such emission region geometry?



A canonical (simplest) picture (Ghosh and Lamb)

Zoom into the accreting poles: non-dipole magnetic field structure

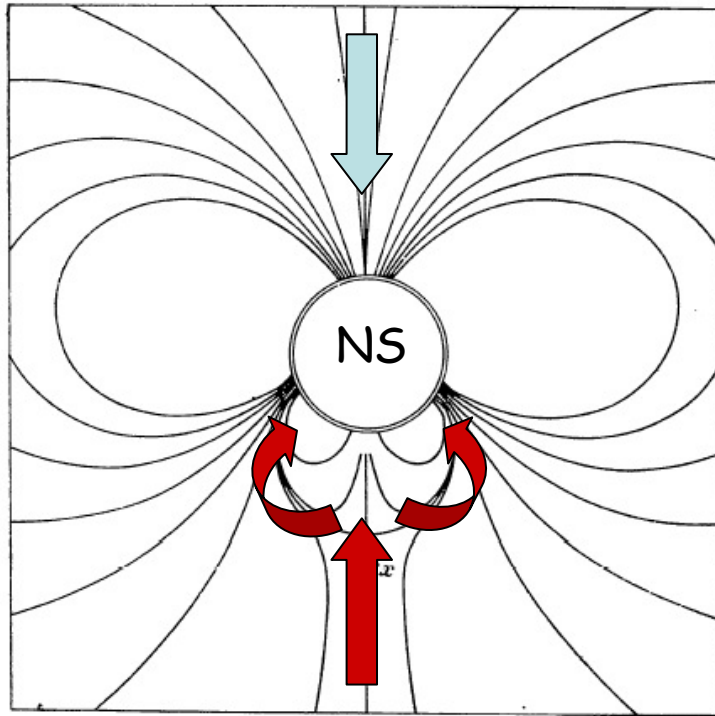


FIG. 3. Configuration of magnetic field lines near a neutron star with parameters obtained from an analysis of the x-ray pulses of Her X-1. The axes of the magnetic dipole and quadrupole are directed vertically. The surface of the neutron star is marked by the double line, and R_x is the branch point of the magnetic field lines.

Simplest case: add dipole and coaxial quadrupole (Shakura, Postnov, Prokhorov 1989)

→ Circular emitting area around magnetic pole appears

Further complication: off-center Dipole axis (Panchenko & Postnov 1993, Blum & Kraus 2000...)

→ Horse shoe-like region around magnetic pole forms

Why narrow pencil-beam diagram?

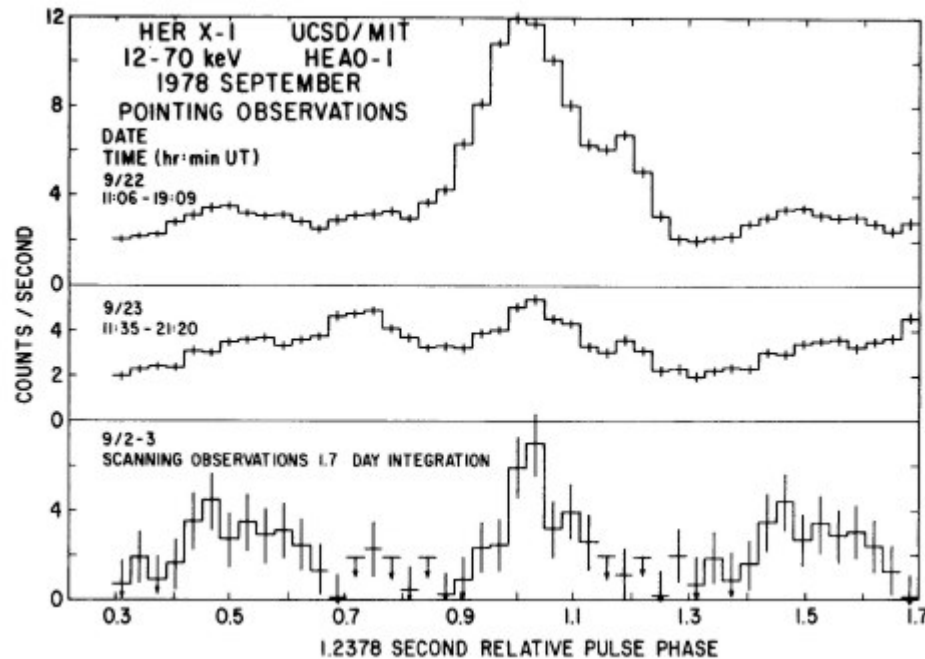
Most photons are **ordinary** and scatter in strong magnetic field almost along magnetic field lines ($\sigma \sim \sigma_T \sin^2 \beta$).

Extraordinary photons could form a fan-like emission diagram due to resonant scattering but they are less abundant.

X-ray polarisation measurement can help distinguishing o- and e-photons

Further study of photon transfer under conditions appropriate to Her X-1 is in progress (V.Zhuravlev, PhD)

Special cases: HEAO-1 Sep 78



Dramatic (over 15 hours) pulse profile change (Soong et al.)

Explanation: just introduce small triaxiality...

L38

N.I. Shakura et al.: Triaxial free precession

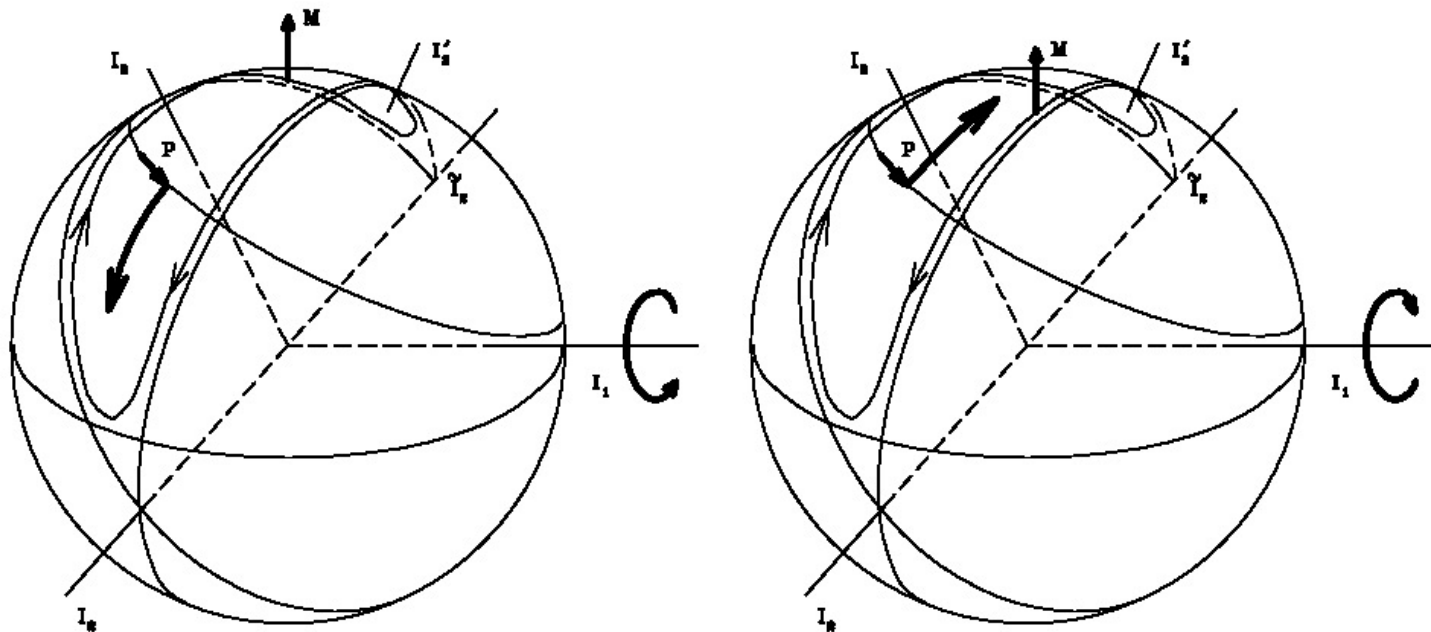


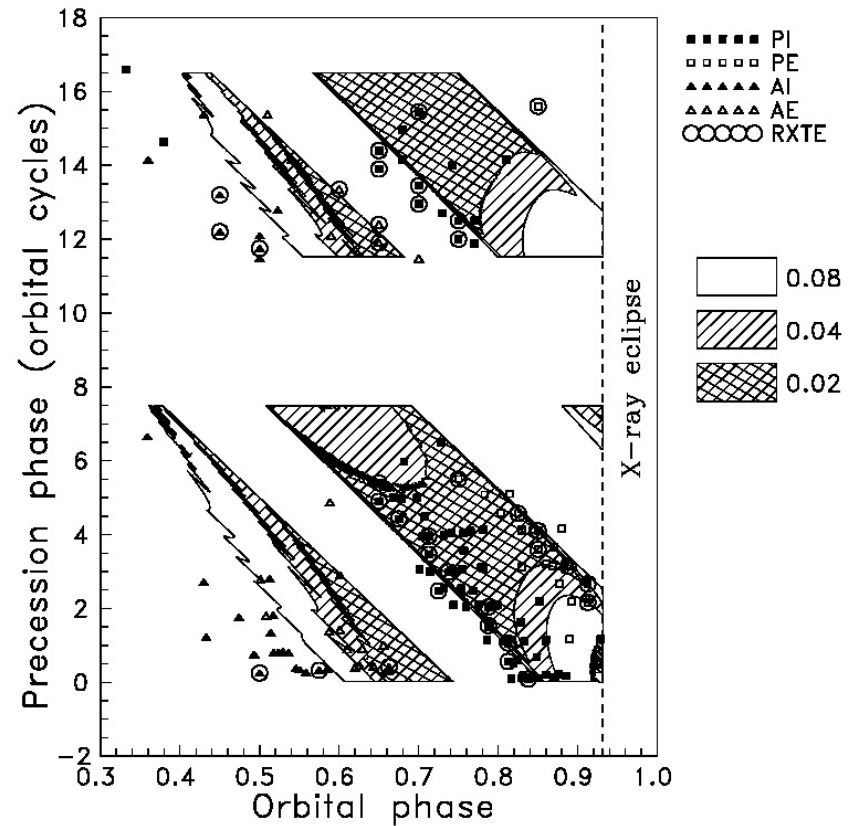
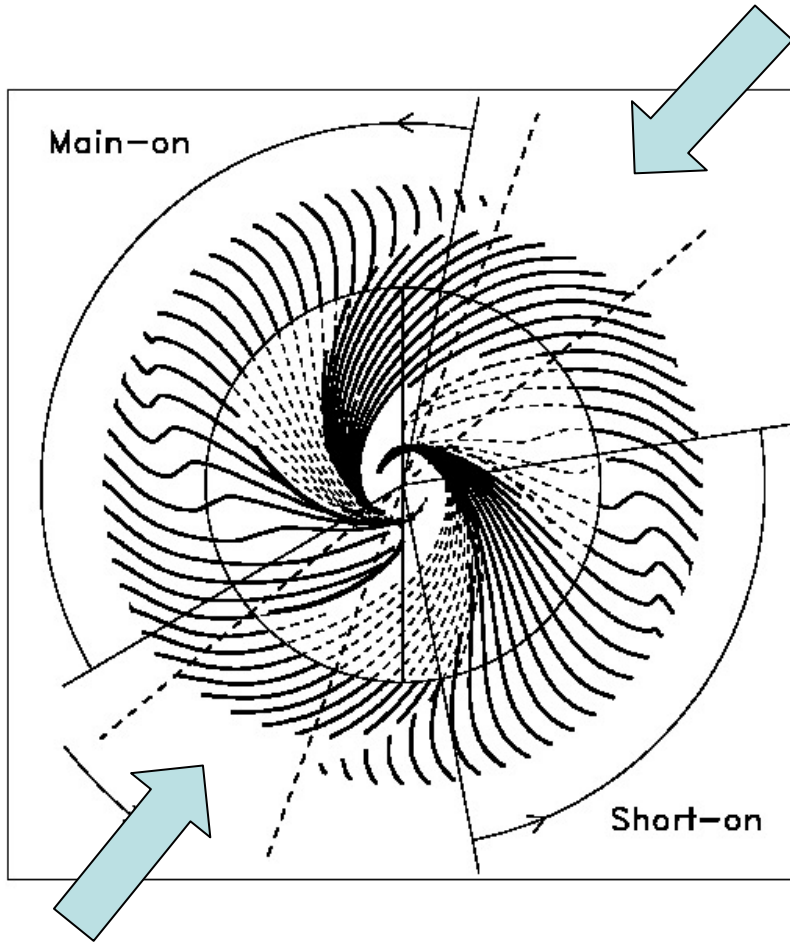
Fig. 1. A schematic view of the neutron star body. \mathbf{M} is the angular momentum vector. The case of axisymmetric free precession: $I'_3 > I'_2 = I'_1$, the magnetic pole moves along a plane trajectory; the small thick arrow shows the way the pole passes in 1-day time interval. The case of the triaxial free precession: $I_3 \gtrsim I_2 > I_1$, two separatrices appear crossing at I_2 and \tilde{I}_2 ; a non-planar trajectory of \mathbf{M} relative to the new axes of inertia is shown with the thin arrows indicating the direction of the angular momentum motion. In the left panel, the case when \mathbf{M} goes toward \tilde{I}_2 is shown, i.e. the neutron star body turns anti-clockwise around an axis close to I_1 . In the right panel, \mathbf{M} moves toward I_2 and the star turns clockwise around I_1 . The long thick arrow indicates the rapid motion of the magnetic pole P toward the rotational equator.

(from Shakura, Postnov, Prokhorov 1999)

Locking NS precession with disk precession

- Disk-magnetosphere interaction forces inner disk to keep in the NS rotational equator (Lipunov 1981, Semenov et al. 1982, Lai 1999) → **twisted disk**
- Twisted disk forms complicated shadow for X-ray emission from central source
- Optical star-donor (HZ Her) periodically enters the shadow → **gas stream direction through L1 point is modulated with NS period** (Ketsaris et al. 2001)
- Outer parts of the disk form inclined. Outer disk precession period is determined both by tidal torque and the dynamical action of the stream

Model for X-ray dips: screening by the gas streams (Ketsaris et al. 2001)



No (weak) stream when L1 point is screened

Conclusions

- Neutron star free precession as the clock mechanism for 35-day variability in Her X-1 is manifested in X-ray pulse profile evolution
- Emitting regions on the NS surface indicate complex multipole structure of the NS magnetic field
- Precessing outer regions of accretion disk are (weakly) coupled to NS free precession via gaseous stream non-coplanar to the orbital plane
- **Issues to investigate:** Why is the first turn-on after anomalous low states (outer disk in the orbital plane) always retarded in O-C? How do disk occultation effects show up in X-ray pulse profile? What physics is underlying correlations between dP/dt and O-C?etc.
- **X-ray pulse resolved spectroscopy** of the cyclotron line and **polarisation measurements** are of major importance to test the model

Thank you very much!