

# Tomasz Moschko

MSc Psychology

---

Contact Eberhard-Karls-Universität Tübingen  
Department of Psychology, School Psychology  
Schleichstraße 4  
72076 Tübingen, Germany

Phone +49 7071 29-75585

E-Mail tomasz.moschko@uni-tuebingen.de

## Research Interests

---

self-regulation, dyadic interactions, ambulatory assessment, student diversity, sexual and gender diversity in schools

## Academic Career

---

Since 08/2021: **Charité – Universitätsmedizin Berlin**  
Research associate at Gender in Medicine (GIM), Prevention Research Group (Prof. Dr. Gertraud Stadler)

Since 04/2020: **Eberhard-Karls-Universität Tübingen**  
Doctoral candidate and research associate at the Department of Psychology, School Psychology (Prof. Dr. Caterina Gawrilow)

2020 – 2021: **University of Education Karlsruhe**  
Certificate of Advanced Studies in LGBTIQ\* Consultation

2018 – 2020: **Eberhard-Karls-Universität Tübingen**  
M.Sc. Psychology

2017 – 2020: **Eberhard-Karls-Universität Tübingen**  
Teaching assistant at the Department of Psychology, Research Methods and Mathematical Psychology (Prof. Dr. Jürgen Heller)

2014 – 2018: **Eberhard-Karls-Universität Tübingen**  
B.Sc. Psychology

## Sommer Schools

---

August 2020 *Intensive Longitudinal Methods & Dyadic Data Analysis*, Charité – Universitätsmedizin Berlin, Institute Gender in Medicine (Prof. Dr. Gertraud Stadler)

## Publications

---

- Loßnitzer, C., **Moschko, T.**, Gawrilow, C., Schmid, J., & Hasselhorn, M. (2021). Forschungsgrundlagen der Schulpsychologie [Research methods in school psychology]. In K. Seifried, S. Drewes & M. Hasselhorn (Eds.), *Handbuch Schulpsychologie – Psychologie für die Schule* (pp. 31-41). Kohlhammer.
- Buhr, L., **Moschko, T.**, Eppinger Ruiz de Zarate, A., Schwarz, U., Kühnhausen, J., & Gawrilow, C. (2022). The Association of Self-Reported ADHD Symptoms and Sleep in Daily Life of a General Population Sample of School Children: An Inter- and Intraindividual Perspective. *Brain Sciences*, 12(4), 440. <https://doi.org/10.3390/brainsci12040440>
- Moschko, T.**, Stadler, G., & Gawrilow, C. (2023). Fluctuations in Children's Self-Regulation and Parent-Child Interactions in Everyday Life: An Ambulatory Assessment Study. *Journal of Social and Personal Relationships*, 40(1), 254-276. <https://doi.org/10.1177/02654075221116788>
- Stadler, G., Chesaniuk, M., Haering, S., Roseman, J., Straßburger, V. M., **Diversity Assessment Working Group** & Schraudner, M. (2023). Diversified Innovations in the Health Sciences: Proposal for a Diversity Minimal Item Set (DiMIS). *Sustainable Chemistry & Pharmacy*.
- Schmid, J.\*, **Moschko, T.\***, Riccio, M., Snyder, K.A., Gawrilow, C., & Stadler, G. (2023). *Self-Control Fluctuates from Day to Day and is Associated with Higher Life Satisfaction Within and Between Persons* [Manuscript submitted for publication].

## Conference Presentations

---

- Moschko, T.**, Stadler, G., & Gawrilow, C. (2021, August 23-27). Linking intra-individual fluctuations in children's self-regulation skills to parent-child interactions in everyday life. In G. Stadler (Chair), *Dyadic studies of health and well-being - How others lift us up and bring us down* [Symposium]. 35th Annual Conference of the European Health Psychology Society (EHPS), Online.
- Moschko, T.**, Stadler, G., & Gawrilow, C. (2022, June 14-16). Children's Self-Regulation Fluctuates from Day to Day and Covaries with Parent-Child Interaction Quality in Families' Everyday Lives. In C. Gawrilow & T. Renner (Chairs), *Ambulatory Assessment at the Intersection of (Pre-)School and Child Psychiatry: Implications for the Development of Diagnostic Tools and Therapeutic Interventions* [Symposium]. Society for Ambulatory Assessment (SAA) Conference 2022, Online.
- Moschko, T.**, & Gawrilow, C. (2022, July 7-10). *Prepared for PRIDE – Teaching teachers about their student's gender and sexual diversity* [Conference session]. 43th Annual Conference of the International School Psychology Association (ISPA), Leuven, Belgium.
- Moschko, T.**, Stadler, G., & Gawrilow, C. (2022, July 7-10). *Student Diversity in Schools: The Role of Different Diversity Domains for Social Acceptance by Peers* [Poster presentation]. 43th Annual Conference of the International School Psychology Association (ISPA), Leuven, Belgium.

**Moschko, T.,** Stadler, G., & Gawrilow, C. (2022, July 28-August 1). *An Ambulatory Assessment Study of Children's Self-Regulation and Parent-Child Interactions* [Paper presentation]. 2022 Conference of the International Association of Relationship Research (IARR), Online.

**Moschko, T.,** Stadler, G., & Gawrilow, C. (2022, July 28-August 1). Acceptance of Student Diversity Across Different Diversity Characteristics in Schools According to School Social Workers. In G. Stadler (chair), *Closing the Diversity Data Gap in Relationship Research* [Symposium]. 2022 Conference of the International Association of Relationship Research (IARR), Online.

**Moschko, T.,** Stadler, G., & Gawrilow, C. (2022, September 10-15). Student Diversity and Social Acceptance from Peers: Are Students Accepted Equally Across Different Diversity Characteristics? In G. Stadler (Chair), *Diversity Matters: The Role of Different Diversity Domains Across the Lifespan* [Symposium]. 52. Kongress der Deutschen Gesellschaft für Psychologie (DGPs), Hildesheim, Germany.

## Research Grants

---

LEAD Intramural Research Grant awarded to Buhr, L., **Moschko, T.,** Schober, P., & Gawrilow, C. (2023): "DU&ICH – Dyadische Untersuchung von Selbstregulation und sozialen Interaktionen im intensiven Längsschnitt [Dyadic investigation of self-regulation and social interactions within an intensive longitudinal design]" (9.970,00 Euro)

## Teaching

---

Summer 2020, 2021,  
and Winter 2022/23

Research Project *School psychology in practice*  
University of Tübingen, M.Sc. School psychology, 6 SWS

Winter 2020/21

Research Seminar *Applied school psychology*  
University of Tübingen, M.Sc. School psychology, 2 SWS

Summer 2022, 2023

Research seminar *Designing trainings*  
University of Tübingen, M.Sc. School psychology, 4 SWS

## Committee work

---

Since 10/2021

Member of the Committee of Study Affairs of the School Psychology Program at the University of Tübingen