



Join University Sports in the summer semester 2026!

HSP courses taught in English:

Climbing:

- Boulder Beginner International Class, Tuesday 10:00-11:30
- Climbing Beginner, Thursday 16:00-17:30

Yoga:

- Cyclic Meditation & Hatha Yoga, Wednesday 20:30-22:00
- Power Yoga, Thursday 08:00-09:30
- Yoga Flow Intermediate, Tuesday 20:30-21:30
- Vinyasa / Hatha Yoga, Thursday 20:30-22:00

Most of our courses are easy to follow even if taught mainly in German (and many of our trainers are capable to convey essential information in English as well).

If a course is taught only in German and therefore not suitable for participants who are not proficient in German, it is indicated explicitly in the course description.

Please check course descriptions for details and specific participation requirements!

Not sure which sport suits you? Take the test with our UniSport-O-Mat: <https://uni-tuebingen.unisportomat.de/>

Online registration starts on Tuesday, April 14, 2026, staggered from 17:00. Our course program starts on Monday, April 20, 2026.

Please check out the University Sports Center (HSP) website for more information on our new course program, terms of participation and how to register:

<https://uni-tuebingen.de/en/facilities/central-institutions/university-sports-center/home/>